“Big C”: What you see going on in the pictures. The indigenous tribes of Ecuador take hours and hours to make one meal, pulling apart the beans, smashing corn with a special rock to make cornmeal, and plowing their own land with a cow to harvest crops. They don’t own microwaves and other technology to help them get by or live a faster, easier life. They dress in their traditional clothing all of the time, and ride through the mountains on alpacas to gather things. They choose to live in an indigenous home that reflects their culture.

“little c”: My last picture represents the “little c” behind all of the “Big C” that you see in the other pictures. The colors on my host dad’s headband and on my bracelet reflect why they choose to live this way. We live in a world that is always changing, and if you don’t keep up with the times, then you are seen as old-fashioned and sometimes even falsely associated as not as intelligent or adaptable to the people around you. However, the indigenous tribe here chooses to live this way. They actually host people in their homes to have them cook and live the way they do for a weekend to raise awareness to their culture. The colors on his headband and on my bracelet are the colors of their certain tribe, and they hope that we would spread the word about them before their culture is lost forever.