

PAUL D. HEFTY

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COACHING and TEACHING EXPERIENCE:

The Pennsylvania State University, University Park, PA

Instructor, Department of Kinesiology, July 2011-present

- Principles and Ethics of Coaching Course (Senior Level-493)
- Programming for Business and Agencies Course (Senior Level Writing-492W)
- Discussion Sections for Introduction to the Social and Cultural Dynamics of Kinesiology (First Year Level-Required 141)
- Experiential Learning and Leadership Development using Activity Based Curriculum
- Hybrid Course Instruction using blended learning with on-line teaching components
- 2012-13-14-15 Teaching Excellence Award in The College of Health and Human Development

State College High School, State College, PA

Assistant Football Coach, 9th Grade, August 2011-present

- Implemented and Coordinated No Huddle Multiple Spread Offense and all practice plans
- Implemented practice teaching methodologies and Coordinated Offensive Special Teams
- Coached QB's, Running backs, Defensive backs

Coaching Consultant, State College, PA

7 Step Review and Renew Program, January 2011-present

- Design and Direct High School Football Private Staff and Player Clinics-Camps
- Program Structure-Development of Team Leadership and Successful Team Culture
- Offensive-Defensive-Special Teams Systems Development and Installation
- Teaching Methodology Instruction
- Practice and Game Day Management Structure

University of Maryland, College Park, MD

Campus Recreation Department, Coordinator for Outdoor Recreation Programs, 1/2008-6/2011

- Coordinate Outdoor Recreation rental staff and all rental desk services
- Instructor with Outdoor Recreation Adventure Leadership Classes and Trips programming
- Manage Outdoor Recreation First Year Scholar orientation programs
- Instructor for Study Abroad Program, Adventure Leadership: Norway, June 2011
- Outward Bound Leadership Model using experiential learning and leadership development

Global Football / Global Sports Group, Inc., Granbury, TX

Tour Director, Midwest All-Star Football Tour of Ireland, 1/2008-7/2008

- Develop, market, coordinate staff for All-Star Midwest team

Luther College, Decorah, IA

Head Football Coach, Offensive Coordinator, Quarterbacks, 1/2002-12/2007

- Managed complete football operations within the program at Luther College
- Three consecutive winning seasons 2003-2004-2005 (*only time in last 30 years @ Luther*)
- Coordinated Offense and instructed Quarterback position (*established new Quarterback records*)
- Established 15 new Luther College Offensive records (*team and individual*)
- Recruited and coached, only 4 time, 1st team all-conference player, Jon Stavast, Olineman (2007)
- Recruited and coached #1 NCAA D3 all-purpose offense, Tyler Sherden, Running Back (2007)
- Recruited and coached #5 NCAA D3 total offense, Zach Sweers, Quarterback (2006)
- Recruited and coached #3 NCAA D3 receptions per game, Kyle Pearson, Receiver (2006)
- 2006 NCAA Division III #5-Total Offense (445 yards per game) #1-Total plays (*84 per game*)
- Recruited and coached three Aztec Bowl participants 05-06-07, Db-Rec-Rback (*1st at Luther*)
- Increased team roster from 80 to 115 total (*110 average over last four years*)
- Overall team G.P.A. of 2.92 (4.0 scale) in fall of 2006 (*112 student-athlete's*)
- Graduated 31 seniors in spring of 2008

COACHING and TEACHING EXPERIENCE (continued):

Luther College, Decorah, IA

Tour Director, Luther College Football Tour of Europe, 6/2007

- Managed Europe Tour for 55 players / 6 coaches / 25 family members (86 total).
- Developed and coordinated Team tour practice installation
- Integrated educational components into team tour of Switzerland / Austria / Germany

Luther College, Decorah, IA

Instructor of Physical Education, coaching theory and skill classes, 8/2002-12/2007

- Taught Coaching of Football course for Coaching Certification
- Instructed numerous recreation courses, focusing on mountain biking and river kayaking

Aurora University, Aurora, IL

Assistant Football Coach, Offensive Coordinator, Quarterbacks and Receivers, 8/1997-12/2001

- Developed and coordinated No Huddle, Multiple-Pro Offense (2000 NCAA Play-off qualifier)
- '98-'99-'00-'01 Illini-Badger Football Conference Champs and '99 AFCA team ranking of #24
- 2001 Division III Offensive rankings: #17-scoring (38.7 points)
- 2001 Division III Offensive rankings: #30-rushing (216.4 yards)
- Established new Aurora University Offensive passing, receiving, rushing and scoring records
- Coordinated off-season strength-conditioning program and recruited Northern Illinois area

Aurora University, Aurora, IL

Instructor of Physical Education, coaching theory and skill classes, 8/1997-2001

- Taught Coaching Principles and First Aid course for State of Illinois Certification
- Instructed numerous skill courses, focusing on fitness and weight training

Luther College, Decorah, IA

Interim Head Football Coach, Dec, 1995-Mar, 1996

- Developed recruitment-retention structure and managed recruiting process for '97 season
- Administrated assistant coaches recruiting progress and staff development
- Supervised student-athlete out-of-season athletic and academic progress

Luther College, Decorah, IA

Assistant Football Coach, Offensive Coordinator, Quarterbacks and Running Backs, 9/1991-5/1997

- Developed and coordinated No huddle, Multiple-Slot Offense
- Managed offensive practice organization, game plan, and game day play selection
- Supervised Offensive line and Receiver positions with assistant and student coaches
- Coordinate off-season strength program structure and assisted with recruiting

Luther College, Decorah, IA

Assistant Women's and Men's Track Coach, Spring of 1/1991-5/1991

- Taught and trained sprinters and throwers (Javelin included)

Assistant football Coach, Quarterbacks and Receivers, 9/1989-12/1990

- Developed and coordinated all phases of the passing game. Managed game day play selection

Aurora University, Aurora, IL

Assistant Football Coach, Quarterbacks and Receivers, 9/1987-12/1988 and 9/1988-12/1989

- Instructed the Quarterback and Receiver positions

CAMP and CLINIC DIRECTOR EXPERIENCE:

Perry High School, Perry, IA

Camp and Clinic Director, Perry High School Football Camp (grades 7-12), 6/2011-present

- 7 step Review and Renew Consultation Program
- Private Staff Clinic and teaching program
- Develop and coordinate grades 9-12 Skills and Team Camp
- Teach fundamental skill development to coaches and players

Minooka High School, Minooka, IL

Camp and Clinic Director, Minooka Staff and Youth Football Camp (grades 5-12), 6/2013-present

- 7 step Review and Renew Consultation Program
- Private Staff Clinic and teaching program
- Develop and coordinate grades 5-8 Skills and Team Camp
- Teach fundamental skill development to coaches and players

Milledgeville High School, Milledgeville, IL

Staff Clinic (grades 9-12), 6/2013-present

- 7 step Review and Renew Consultation Program
- Private Staff Clinic and teaching program

Durant High School, Durant, IA

Camp and Clinic Director, Perry High School Football Camp (grades 9-12), 6/2011-2012

- 7 step Review and Renew Consultation Program
- Private Staff Clinic and teaching program
- Develop and coordinate grades 9-12 Skills and Team Camp
- Teach fundamental skill development to coaches and players

University of Maryland, College Park, MD

Camp Assistant Director, Terp Quest Recreation Day Camp (grades K-5), 7/2008-8/2008

- Direct all daily operational phases of recreation youth Day camp.
- Promote academic and recreational awareness through experiential learning
- Management of a five-week program with 500 participants and 15 counselors

Luther College, Decorah, IA

Camp Director, Luther College Football Program Day Camp (grades 1-3), 1/2002-12/2007

- Develop and coordinate grades 1-3 flag football Skills and Team Day camp
- Market Luther College game participation with "blue crew club"

Luther College, Decorah, IA

Camp Director, Luther College Football Program Day Camp (grades 4-6), 1/2005-12/2007

- Develop and coordinate grades 4-6 padded football Skills and Team day camp

Milledgeville High School, Milledgeville, IL

Camp Director, Hefty-Hartje Fundamental Football Camp (grades 3-12), 7/1995-7/2007

- Develop and coordinate grades 3-12 Skills and Team camp
- Teach parents cooperation and supportive program values

Northwest Illinois, Sauk Valley Region, Sterling, IL

Camp Director, HEFF'S Football Camp (3-12), 6/1998-6/2006

- Develop and coordinate grades 3-12 Life Skills camp

ADMINISTRATIVE EXPERIENCE:

University of Maryland, College Park, MD

Campus Recreation Department, Manager for Outdoor Recreation Services, 1/2008-6/2011

- Managed Outdoor Recreation rental staff and all rental desk services
- Instructed with Outdoor Recreation Adventure Leadership Classes and Trips programming
- Managed Outdoor Recreation first year scholars orientation T.E.N.T.S. program

Aurora University, Aurora, IL

Recreation and Intramural Program Coordinator, 8/1997-2001

- Directed Recreation facility student work staff and budget
- Developed, coordinated, budgeted Intramural program
- Administrated student staff training, officiating, CPR certification, student manager development
- Developed Recreation and Intramural needs assessment, research and activity evaluation
- Developed individualized staff and activity model using an experience based training technique
- Developed new student management model (NIRSA member)

Luther College, Decorah, IA

Area Coordinator - Residence Life, 8/1992-5/1997

- Managed, budgeted and supervised 3 coed residence halls, 3 Hall Managers, 18 Res-assistants
- Administered educational and social programs for all Residence Life staff
- Presented and taught student organization workshops and staff development programs
- Assisted with selection and training of hall staff
- Administered and counseled student discipline of 3 coed residence halls (810 residents)

Hall Director - Residence Life, 8/1991-6/1992

- Directed and budgeted a 720 bed coed hall and 16 Resident Assistants
- Administered educational and social programs and advised hall government
- Assisted with selection / training of hall staff and counseled and disciplined hall residents

Athletic Recruiting Assistant, 3/1991-6/1991

- Contacted, Hosted and assisted in coordination of student-athlete campus visits for recruits

EDUCATION:

University of Wisconsin-LaCrosse, LaCrosse, WI

M.S. Recreation Administration, December 1990

Northern Illinois University, DeKalb, IL

Graduate Studies, 10/87-12/88

Luther College, Decorah, IA

B.A. Physical Education, May 1986

Iowa Teaching and Coaching Certification K-12, December 1986

REFERENCES:

| | | | |
|-------------------|--------------------------|------------------------|----------------|
| Nancy Williams | Kinesiology Dept. Head | Penn State University | (814) 863-1163 |
| Peg Pennepacker | Athletic Director | State College High | (814) 231-1143 |
| James Scott | Former Head Football | Aurora University | (630) 844-4942 |
| Richard Torgerson | Former College President | Luther College | (563) 387-1001 |
| Joe Thompson | Athletic Director | Luther College | (563) 387-1575 |
| Jay Gilchrist | Recreation Director | University of Maryland | (301) 226-4415 |