

## Melanie D. Hetzel-Riggin, Ph.D.

Penn State Erie, The Behrend College  
Psychology, School of Humanities and Social Sciences  
108 Turnbull, 4951 College Drive, Erie, PA 16563  
(814) 898-6949; Email: mdh33@psu.edu

### Education

Ph D, Northern Illinois University, DeKalb, IL, 2005.

Major: Clinical Psychology

Dissertation Title: The Relationship Between Peritraumatic Dissociation, the Pattern of PTSD Symptom Development, and Physiological Reactivity in Women Sexually Assaulted as Adults

MA, Northern Illinois University, DeKalb, IL, 2002.

Major: Clinical Psychology

Dissertation Title: Peritraumatic Dissociation and Posttraumatic Stress Disorder in Victims of Child Physical Abuse and Child Sexual Abuse

BA, Quincy University, Quincy, IL, 1999.

Major: Psychology

Supporting Areas of Emphasis: Chemistry

### Professional Positions

#### Academic

- *Associate Professor of Psychology*, Penn State Erie, The Behrend College. (August, 2013 - Present).
  - Teach undergraduate classes in psychology, research, service, Director of Clinical Training and development of a Master's degree in Clinical Psychology
  - *Research Coordinator*. Susan Hirt Hagert CORE. Penn State Erie, The Behrend College (July, 2014 – Present).
- *Associate Professor, Psychology Department*, Western Illinois University. (June, 2009 - August, 2013).
  - Taught undergraduate and graduate psychology classes, conducted research, university and community service, clinical services and supervised students in the Clinical/Community Mental Health (C/CMH) psychology graduate program
  - *Research Administrator, Department of Psychology*, Western Illinois University, Macomb, IL. (August 2007 - August 2013).
    - Managed department's online human subject's pool (1200 students/semester). Uploaded class rosters, monitored access, credit completion, trained and supervised graduate student, & administrator maintenance.
  - *Faculty Research Associate*, Center for Innovation in Teaching and Research, Western Illinois University, Macomb, IL. (July 1, 2012 - June 30, 2013).
    - Taught faculty professional development seminars and provided consultation for best practices in research, academic writing, and grant writing.
- *Adjunct Online Professor*, Psychology Department, University of the Cumberland. (December 2012 - March 2013).
  - Taught a graduate course in career counseling.
- *Assistant Professor*, Psychology Department, Western Illinois University. (August 2005 - June 2009).
  - Taught undergraduate and graduate classes in psychology, academic research, university and community service, clinical services and clinical supervision of graduate students in C/CMH. Completed post-doctoral hour requirements and assisted in MPAC accreditation

- *Research Assistant*, Healthy Families of Illinois (HFI) Evaluation Project, Center for the Study of Family Violence and Sexual Assault, Northern Illinois University, DeKalb, IL. (January 2000 - August 2004).
  - Conducted in-home assessments of interactions between new mothers and their babies (birth - 3 years); certified in the HOME, NCAST, and CAPS.
- *Instructor/Teaching Assistant*, Department of Psychology, Northern Illinois University. (August 2002 - August 2003).
  - Taught undergraduate abnormal psychology classes
- *Research Assistant to Thomas R. McCanne, Ph.D.*, Northern Illinois University, DeKalb, IL. (August 1999 - August 2003).
  - Assisted in conducting research on child abuse, sexual assault, domestic violence, and PTSD. Supervised undergraduate research assistants, entered data, conducted analyses

#### Graduate Courses Taught:

Clinical Classification and Decision Processes (Diagnosis and Psychopathology)  
 Crisis Intervention and Community Mental Health  
 Professional Issues in Clinical/Community Mental Health  
 Career Counseling and Assessment  
 Practicum: Cognitive Behavioral Processes in Therapy

#### Undergraduate Classes Taught:

Introduction to Psychology  
 Abnormal Psychology  
 Introduction to Psychopathology  
 Behavior Modification  
 Advanced Research Methods  
 Personality and Adjustment  
 Introduction to Clinical Psychology  
 Clinical and Legal Aspects of Sexual Assault

#### **Professional**

- *Clinical Psychology Intern*, Counseling and Student Development Center, Northern Illinois University, DeKalb, IL. (August 2004 - August 2005).
  - APA accredited internship in fulfillment of doctoral degree in Clinical Psychology. Provided individual and group therapy, assessment services (diagnostic, eating disorder, personality, substance abuse), prevention and outreach services, crisis intervention, case management, and supervised clinical graduate students
- *Clinical Psychology Extern*, Ben Gordon Community Mental Health Center, DeKalb, IL. (August 2003 - August 2004).
  - Provided individual, couples, family, and group therapy; diagnostic, personality, and ADHD testing, case management and medication monitoring
- *Clinical Psychology Therapist Trainee*, Psychological Services Center, Northern Illinois University, DeKalb, IL. (August 1999 - August 2002).
  - Conducted intake assessments, individual and couples therapy, intellectual, achievement, behavioral, and personality testing. Supervised less experienced students in intake assessments.

#### **Licensures and Certifications**

- *Certificate of Professional Qualification in Psychology*, Association of State and Provincial Psychology Boards, International. (July 2013)
- *Advance Training in Traumatic Stress Certificate*, International Society for Traumatic Stress Studies, International. (June 2013)
- *Licensed Clinical Psychologist*, Illinois (November 2007); Pennsylvania (November 2014)

## Professional Memberships

- American Psychological Association.
  - APA Division 2, Society for the Teaching of Psychology
  - APA Division 12, Society for Clinical Psychology
  - APA Division 29, Psychotherapy
  - APA Division 35, Society for Psychology of Women
  - APA Division 51, Society for the Psychological Study for Men and Masculinity
  - APA Division 56, Trauma Psychology
- Association for Behavior and Cognitive Therapies (ABCT)
  - Trauma Special Interest Group (SIG)
  - Child Maltreatment and Interpersonal Violence Special Interest Group (CMIV SIG)
- Association for Psychological Science (APS)
- International Society for the Prevention of Child Abuse and Neglect (ISPCAN)
- International Society for the Study of Trauma and Dissociation (ISSTD)
- Midwestern Psychological Association (MPA)
- The International Society for Traumatic Stress Studies (ISSTS)
- North American Association of Masters in Psychology (NAMP)
- Pennsylvania Psychological Association

## Directed Student Learning (alphabetical)

### Graduate

- Katina Allen, Western Illinois University, "Ecological Model of Interpersonal Violence." Graduate Student Independent Study Supervisor (January 2013 - May 2013).
- Rachel Babor, Western Illinois University, "Interceptive exposure and eating disorders." Master's Thesis Committee Chair (2006 - 2007).
- Jennifer Ford, Western Illinois University, "Racecar drivers and stress." Master's Thesis Committee Member (2010 - 2012).
- Erin Hillard, Western Illinois University, "Using proximal males as a reference group in an injunctive norm intervention." Master's Thesis Committee Member (2011 - 2013).
- Ching-I Lin, Western Illinois University, "The effects of self-appraisal and trauma type on social support seeking." Master's Thesis Committee Chair (2010 - 2012).
- Kristen Schramer, Western Illinois University, "Turner Syndrome and the need to belong: Physical characteristics and social interaction Turner Syndrome women." Master's Thesis Committee Member (2010 - 2012).
- Jacob Stolmeier, Western Illinois University, "Roots of sexual perception with alcohol: Physiological versus dispositional inferences." Master's Thesis Committee Member (2012 - 2013).

### Undergraduate

#### *Honors Thesis Supervision*

- Kearston Barwegen, Western Illinois University, "A comparison of ERPs between gender and trauma type." Honor Thesis Supervisor (2012 - 2013).

- Kate Grahl, "Health care utilization in veterans of the Iraq and Afghanistan wars: The roles of social support, symptom severity, and access to treatment." Honor Thesis Supervisor (2008 - 2010).
- Brandon Kutmas, Western Illinois University, "Personality, coping, and the Irrelevant Speech Effect." Honor Thesis Supervisor (2010 - 2011).
- Melissa Mazias, Western Illinois University, "Self-conversion phenomenon as a treatment for behavior change." Honor Thesis Supervisor (2006 - 2007).
- Christina Meads, Western Illinois University, "The effect of family on current behavior." Undergraduate Thesis Advising (2008 - 2010).
- Amanda Zulas, Western Illinois University, "A physiological and personality assessment of online gaming addiction." Honor Thesis Supervisor (2006 - 2007).

### ***Undergraduate Research Presentation Supervision***

- Morris, T., Carioto, D., Jerioski, K., & Dinsmore, R. (2015, May; Faculty Sponsor: Melanie Hetzel-Riggin). *An experimental method of assessing bystander intervention and risk recognition in sexual assault situations*. Poster to be presented at the eighty-seventh meeting of the Midwestern Psychological Association, Chicago, IL.
- Craig, A., Bramblett, C., and the Coping, Stress and Trauma Lab. (2015, May; Faculty Sponsor: Melanie Hetzel-Riggin). *Resiliency to interpersonal violence*. Poster to be presented at the eighty-seventh meeting of the Midwestern Psychological Association, Chicago, IL.
- Moore, J.A., Marsh, K., & the Coping, Stress, and Trauma Lab. (2015, May; Faculty Sponsor: Melanie Hetzel-Riggin). *Betrayal trauma: How survivors interpret conflict with authority figures*. Poster to be presented at the eighty-seventh meeting of the Midwestern Psychological Association, Chicago, IL.
- Stoker, J.N., & Greatbatch, R. (2015, May; Faculty Sponsor: Melanie Hetzel-Riggin). *Meta-analysis of sexual assault prevention programs*. Poster to be presented at the eighty-seventh meeting of the Midwestern Psychological Association, Chicago, IL.
- Moore, J., & Marsh, K. (2014, May; Faculty Sponsor: Melanie Hetzel-Riggin). *Betrayal Trauma: Effects on Conflict Management Style with Authority Figures*. Poster presented at the eighty-sixth meeting of the Midwestern Psychological Association, Chicago, IL.
- Robertson, J., Zonna, D., & Kedzior, K. (2014, May; Faculty Sponsors: Charisse Nixon and Melanie Hetzel-Riggin). *Factors impacting peer and romantic relationship quality*. Poster presented at the eighty-sixth meeting of the Midwestern Psychological Association, Chicago, IL.
- Beck, M. (2014, April; Faculty Sponsor: Melanie Hetzel-Riggin). *Occupational therapists' treatments for PTSD symptoms*. Paper to be presented at Penn State Erie, The Behrend College Sigma Xi Undergraduate Research Conference, Erie, PA.
- Bogart, S., & Corso, N. (2014, April; Faculty Sponsors: Meg Burke & Melanie Hetzel-Riggin). *STEM: Are STEM majors at greater risk for stimulant abuse?* Poster to be presented at Penn State Erie, The Behrend College Sigma Xi Undergraduate Research Conference, Erie, PA.
- Marsh, K., Carioto, D., Greatbatch, R., Jerioski, K., Moore, J., Morris, T., & Stoker, T. (2014, April; Faculty Sponsor: Melanie Hetzel-Riggin). *Rape myth acceptance, gender, and perception of blame*. Poster to be presented at Penn State Erie, The Behrend College Sigma Xi Undergraduate Research Conference, Erie, PA.

- Hickman, O., & Goldman, M. (2013, May; Faculty Sponsor: Melanie Hetzel-Riggin). *Self-Blame: Does It Affect Depression in Childhood Physical Abuse Survivors?* Poster presented at the eighty-fifth meeting of the Midwestern Psychological Association, Chicago, IL.
- Feeley, A., & Workheiser, T. (2013, May; Faculty Sponsor: Melanie Hetzel-Riggin). *Sexual Practices: Do Contraceptives Lead to Sexual Promiscuity?* Poster presented at the eighty-fifth meeting of the Midwestern Psychological Association, Chicago, IL.
- Hummel, L., Mendoza, B., Page, C., & Pham, K. (2012, May; Faculty Sponsor: Melanie Hetzel-Riggin). *The impact of childhood sexual abuse and posttraumatic stress disorder on relationship length.* Poster presented at the eighty-fourth meeting of the Midwestern Psychological Association, Chicago, IL.
- Morrison, M., Hickman, O., & Whitecotton, C. (2012, May; Faculty Sponsor: Melanie Hetzel-Riggin). *Does death lead to a better view of the future?* Poster presented at the eighty-fourth meeting of the Midwestern Psychological Association, Chicago, IL.
- Workheiser, T., Kutmas, B.A., & Feeley, A. (2012, May; Faculty Sponsor: Melanie Hetzel-Riggin). *Effects of PTSD and peritraumatic dissociation on coping style.* Poster presented at the eighty-fourth meeting of the Midwestern Psychological Association, Chicago, IL.
- Kutmas, B. (2011, May; Faculty Sponsor: Melanie Hetzel-Riggin). *The Big 5, Locus of Control, and Coping with the Irrelevant Speech Effect.* Poster presented at the eighty-third meeting of the Midwestern Psychological Association, Chicago, IL.
- Meads, A., Whitecotton, C., Breitbach, N., Gallaher, A., Gammel, K., Henry, C., Klomes, C., Kutmas, B., Lin, C., Meads, C., & Roby, R. (2011, May; Faculty Sponsor: Melanie Hetzel-Riggin). *Childhood abuse linked to partner maltreatment through PTSD and dissociation.* Poster presented at the eighty-third meeting of the Midwestern Psychological Association, Chicago, IL.
- Roby, R. (2011, May; Faculty Sponsor: Melanie Hetzel-Riggin). *Correlates of risk perception in sexual victimization.* Poster presented at the eighty-third meeting of the Midwestern Psychological Association, Chicago, IL.
- Gallaher, A., & Klomes, C. (2011, April; Faculty Sponsor: Melanie Hetzel-Riggin). *Student reactions to bomb threats differ based on previous trauma history.* Presentation at the WIU Undergraduate Research Day, Macomb, IL.
- MacIntosh, D., & Whitecotton, C. (2011, April; Faculty Sponsor: Melanie Hetzel-Riggin). *Themes of students responses to WIU bomb threats.* Presentation at the WIU Undergraduate Research Day, Macomb, IL.
- Grahl, K. (2010, April; Faculty Sponsor: Melanie Hetzel-Riggin). *Health care utilization in veterans of the Iraq and Afghanistan wars.* Poster presented at the eighty-second meeting of the Midwestern Psychological Association, Chicago, IL. Also presented at the 37<sup>th</sup> annual ILLOWA undergraduate research conference, April, 2010; Macomb, IL.
- Meads, C. L. (2010, April; Faculty Sponsor: Melanie Hetzel-Riggin). *The perceived effectiveness of coping in trauma victims.* Poster presented at the eighty-second meeting of the Midwestern Psychological Association, Chicago, IL.
- Wolfensohn, J. (2010, April; Faculty Sponsor: Melanie Hetzel-Riggin). *Chronic stress and trauma effects on binge drinking behavior.* Poster presented at the eighty-second meeting of the Midwestern Psychological Association, Chicago, IL. Also presented at the 37<sup>th</sup> annual ILLOWA undergraduate research conference, April, 2010; Macomb, IL.

- Colón, B., Kutmas, B.A., Augustine, S.A., Grahl, K.L., Meads, C.L., Roby, R.P., & Wolfensohn, J.A. (2010, May; Faculty Sponsor: Melanie Hetzel-Riggin). *The effects of obsessive-compulsive symptoms on partner maltreatment*. Poster presented at the eighty-second meeting of the Midwestern Psychological Association, Chicago, IL. Also presented at the 37<sup>th</sup> annual ILLOWA undergraduate research conference, April, 2010; Macomb, IL.
- Roby, R.P. (2010, May; Faculty Sponsor: Melanie Hetzel-Riggin). *PTSD: A reevaluation of the symptom dynamic across trauma type*. Poster presented at the eighty-second meeting of the Midwestern Psychological Association, Chicago, IL. Also presented at the 37<sup>th</sup> annual ILLOWA undergraduate research conference, April, 2010; Macomb, IL.
- Kutmas, B.A. (2010, April). *The Big 5 and coping with the irrelevant speech effect*. Poster presented at Western Illinois University's Undergraduate Research Day, Macomb, IL.
- Augustine, S.A. (2009, April). *Unhealthy intimate relationship scale among college students*. Poster presented at Western Illinois University's Undergraduate Research Day, Macomb, IL.
- Grahl, K. (2009, April). *Health care utilization in veterans of the Iraq and Afghanistan wars*. Poster presented at Western Illinois University's Undergraduate Research Day, Macomb, IL.
- Korinek, D. (2009, April). *Video games: examining the cathartic, distracting, and enhancing effects on aggression in college students*. Poster presented at Western Illinois University's Undergraduate Research Day, Macomb, IL.
- Peterson, J. (2008, May). *The effects of childhood sexual abuse on mental health, substance abuse, and interpersonal functioning*. Poster presented at the student section of the eightieth meeting of the Midwestern Psychological Association, Chicago, IL.
- Riso, C. (2008, May). *Changing college students' beliefs about alcohol abuse: Assessing prevention effects*. Poster presented at the student section of the eightieth meeting of the Midwestern Psychological Association, Chicago, IL.
- Peterson, J. (2008, April). *The effects of childhood experiences on current mental health status, substance use, and interpersonal relationships*. Paper presented at the 35<sup>th</sup> annual ILLOWA undergraduate research conference, Davenport, IA.
- Suttles, K., Braden, R., Szechowycz, A., Bulthuis, W., Salmon, S., & Gradowski, J. (2007, November). *Are trauma narratives evidence of coping style?* Poster presented at the 17<sup>th</sup> annual Undergraduate Psi-Chi Tri-State Psychology Conference, Rockford, IL.
- Bulthuis, W., Torkelson, H., Szechowycz, A., Braden, R., Suttles, K., Salmon, S., & Gradowski, J. (2007, November). *The effects of power on rape myth acceptance*. Poster presented at the 17<sup>th</sup> annual Undergraduate Psi-Chi Tri-State Psychology Conference, Rockford, IL.
- Pritchard, J. R. (2007, May). *Significant relationship conflict variables in male victimization*. Poster presented at the student section of the seventy-ninth meeting of the Midwestern Psychological Association, Chicago, IL.
- Zulas, A. L. (2007, May). *A physiological and personality assessment of online gaming addiction*. Poster presented at the student section of the seventy-ninth meeting of the Midwestern Psychological Association, Chicago, IL.
- Mazias, M. (2007, April). *Self-conversion phenomenon as a treatment for behavior change*. Paper presented at the 34<sup>th</sup> annual ILLOWA undergraduate research conference, Canton, MO.

Riso, C. (2007, April). *Ways of coping: Does trauma type affect coping style?* Paper presented at the 34<sup>th</sup> annual ILLOWA undergraduate research conference, Canton, MO.

## RESEARCH

### Intellectual Contributions

#### Articles Published in Refereed Journals

Hawkins, A.O., Rabenhorst, M., & Hetzel-Riggin, M.D. (in press). Exploring racially diverse college students' perspective on child discipline: A qualitative study. *Journal of Child and Adolescent Trauma*.

Hetzel-Riggin, M.D. (in press). Book review: Trauma Counseling: Theories and Intervention. *Journal of Trauma and Dissociation*.

Hetzel-Riggin, M.D., & Harbke, C.R. (2014). Hierarchical convergence of PTSD symptom clusters: A comparison of the Numbing, Dysphoria, and Dysphoric Arousal models of PTSD. *Traumatology, 20*(4), 302-312.

Bonnan-White, J., & Hetzel-Riggin, M.D. (2014). Vicarious traumatization in EM personnel: Definition, risk factors, assessment, and prevention. *IAEM Bulletin, 31*(9), 15-16.

Hetzel-Riggin, M. D. (2014). A Feminist, ecological, safety-centered approach to teaching about gendered violence. *Psychology of Women Quarterly, 38*, 425-429.

Hetzel-Riggin, M. D., & Roby, R. (2013). Trauma type and gender effects on PTSD, general distress, and peritraumatic dissociation. *Journal of Loss and Trauma: International Perspectives on Stress & Coping, 18*(1), 41-53.

Hetzel-Riggin, M. D. (2012). Emerging directions in traumatic stress disorders and treatment. *Journal of Traumatic Stress Disorders and Treatment, 1*(1), 1-2.

Hetzel-Riggin, M. D., & Meads, C. (2011). Childhood violence and adult partner maltreatment: The roles of coping styles and psychological distress. *Journal of Family Violence, 26*, 585-593.

Hetzel-Riggin, M. D., & Pritchard, J. (2011). Predicting problematic internet use in men and women: The contributions of psychological distress, coping style, and body esteem. *Cyberpsychology, Behavior, and Social Networking, 14*, 519-525.

Hetzel-Riggin, M. D. (2010). Peritraumatic dissociation and PTSD effects on physiological response patterns in sexual assault victims. *Psychological Trauma: Theory, Research, Practice, and Policy, 2*, 192-200.

Hetzel-Riggin, M. D., & Wilber, E. (2010). To dissociate or suppress? Predicting automatic vs. conscious cognitive avoidance. *Journal of Trauma and Dissociation, 11*, 444-457.

Hetzel-Riggin, M. D. (2009). A test of structural invariance of posttraumatic stress symptoms in female survivors of sexual and/or physical abuse or assault. *Traumatology, 15*, 46-59.

Hetzel-Riggin, M. D., Brausch, A. M., & Montgomery, B. S. (2007). A meta-analytic investigation of therapy modality outcomes for sexually abused children and adolescents: An exploratory study. *Child Abuse & Neglect, 31*, 125-141.

Risser, H. J., Hetzel-Riggin, M. D., Thomsen, C. J., & McCanne, T. R. (2006). PTSD as a mediator of sexual revictimization effects: The role of re-experiencing, avoidance, and arousal. *Journal of Traumatic Stress, 19*, 687-698.

Hetzel-Riggin, M. D., & McCanne, T. R. (2005). The roles of peritraumatic dissociation, child physical abuse, and child sexual abuse in the development of posttraumatic stress disorder and adult victimization. *Child Abuse & Neglect, 29*, 915-930.

### **Parts of Books**

Hetzel-Riggin, M. D., & Meads, C. L. (2013). The impact of peritraumatic dissociation on mental health outcomes of women with childhood and adult physical abuse histories. In S. Kimura & A. Miyazaki (Eds.), (pp. 87-121). New York: Nova Science Publishers, Inc.

Meads, C. L., & Hetzel-Riggin, M. D. (2012). Factors that influence coping self-efficacy after trauma. In B. Molinelli & V. Grimaldo (Eds.), (pp. 207-224). New York: Nova Science Publishers, Inc. Peer-reviewed/refereed.

### **Manuscripts Submitted for Publication**

*Journal Article, Academic Journal*

Bonnan-White, J., Yep, J., & Hetzel-Riggin, M.D. (under review). Voices from the past: Mental and physical outcomes described by American Civil War amputees. *Journal of Trauma and Dissociation*.

Hetzel-Riggin, M.D., & Meads, C.L. (under review). Interrelationships among three avoidant coping styles and their relationship to trauma, peritraumatic distress, and PTSD. *Journal of Psychopathology and Behavioral Assessment*.

Barlow, M.R., & Hetzel-Riggin, M.D. (under review). Predicting posttraumatic growth in survivors of interpersonal trauma: Gender role adherence is more important than gender. *Sex Roles*.

Hetzel-Riggin, M.D., Bonnan-White, J., Welch, B.K., & Tollini, C. (under review). "You Blame Me, Therefore I Blame Me:" The importance of first disclosure responses on mental health outcomes after trauma. *Journal of Interpersonal Violence*.

### **Other Works**

*Dissertation, Refereed*

Hetzel-Riggin, M. D. (2006). "The relationship between peritraumatic dissociation, the pattern of PTSD symptom development, and physiological reactivity in women sexually assaulted as adults." *Dissertation Abstracts International, 8B 66*, (pp. 1-228). Northern Illinois University.

*Master's Thesis, Refereed*

Hetzel-Riggin, M. D. (2002). Peritraumatic dissociation and posttraumatic stress disorder in victims of child physical abuse and child sexual abuse. Dekalb, IL: Northern Illinois University.

### **Presentations**

#### **Peer Reviewed Conference Presentations**



- Hetzel-Riggin, M.D., Hemingway, J., Welch, B.K., & Mueller, J. (2014, November). *Improving male bystander behavior: Focus on self-efficacy*. Poster presented at the annual meeting of the Association for Behavior and Cognitive Therapies, Philadelphia, PA.
- Barlow, M.R., & Hetzel-Riggin, M.D. (2014, November). *Gender roles and perspective-taking affect post-traumatic growth*. Poster presented at the 30th annual meeting of the International Society for Traumatic Stress Studies, Miami, FL.
- Hetzel-Riggin, M.D., & Welch, B.K. (2014, November). *Challenges and benefits of serving rural communities: Feedback from domestic violence advocates*. Poster presented at the 30th annual meeting of the International Society for Traumatic Stress Studies, Miami, FL.
- Jairim, D., & Hetzel-Riggin, M.D. (2014, November). *Cyberbullying on campus: Prevalence and impact on mental health in college students*. Poster presented at the 30th annual meeting of the International Society for Traumatic Stress Studies, Miami, FL.
- Nixon, C., Shoenberger, N., Hetzel-Riggin, M.D., & Rosen, N. (2014, November). *Identifying resiliency factors that protect against peer mistreatment: Preliminary findings*. Poster presented at the 30th annual meeting of the International Society for Traumatic Stress Studies, Miami, FL.
- Welch, B., Hetzel-Riggin, M.D., & Hemingway, J.A.. (2014, August). *Believing in the importance of bystander intervention: Attitude differences between students from rural and urban backgrounds*. Paper presented at the sixty-fourth meeting of the Society for the Study of Social Problems, San Francisco, CA.
- Welch, B., Hetzel-Riggin, M.D., Tollini, C., & Bonnan-White, J. (2014, August). *Utilizing social network analysis to understand sexual assault survivor outcomes: The promises and pitfalls*. Paper to be presented at the sixty-fourth meeting of the Society for the Study of Social Problems, San Francisco, CA.
- Hetzel-Riggin, MD., & Meads, CL. (2014, May). *The relationship among avoidant coping after trauma*. Paper to be presented at the eighty-sixth meeting of the Midwestern Psychology Association, Chicago, IL.
- Anderson, R., Keenan, N., Rabenhorst, M., Risser, H., Hetzel-Riggin, M.D., Hawkins, A. (2013, November). *Sharing multidisciplinary success stories: creating a coordinated community response to interpersonal violence*. Panel discussion presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Hetzel-Riggin, M.D., Bonnan-White, J., Welch, B., & Tollini, C. (2013, November). *The development of social networks after trauma disclosure*. Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, Philadelphia, PA.
- Hetzel-Riggin, M.D. (2013, November). *Do informed consent procedures change participant responses in trauma studies?* Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, Philadelphia, PA.
- Hetzel-Riggin, M.D. (2013, May). *Predicting interpersonal violence bystander behavior in men and women*. Paper presented at the eighty-fifth meeting of the Midwestern Psychological Association, Chicago, IL.
- Gordon, K., & Hetzel-Riggin, M.D. (2013, May). *Alcohol use and expectancies on college student functioning after trauma*. Paper presented at the eighty-fifth meeting of the Midwestern Psychological Association, Chicago, IL.

- Kutmas, B.A., & Hetzel-Riggin, M.D. (2013, May). *Gender differences in the relationship among personality and coping*. Paper presented at the eighty-fifth meeting of the Midwestern Psychological Association, Chicago, IL.
- Gorsuch-Bainter, T., & Hetzel-Riggin, M.D. (2013, May). *Effects of expressive writing on daily hassles and mood*. Paper presented at the eighty-fifth meeting of the Midwestern Psychological Association, Chicago, IL.
- Campbell, D.J., & Hetzel-Riggin, M.D. (2013, May). *Effects of age of abuse on coping style*. Paper presented at the eighty-fifth meeting of the Midwestern Psychological Association, Chicago, IL.
- Ahlenmeyer, J.S., Manning, J.L., & Hetzel-Riggin, M.D. (2013, May). *The role of obsessive-compulsive symptoms and anxiety on PTSD pathology*. Paper presented at the eighty-fifth meeting of the Midwestern Psychological Association, Chicago, IL.
- Welch, B.K., Hetzel-Riggin, M.D., Tollini, C.D., & White, J. (2013, March). *Using social network analysis to study rape disclosure networks*. Paper presented at annual meeting of the Midwest Sociological Society, Chicago, IL.
- Hetzel-Riggin, M.D., & Roby, R. (2012, November). *Predictors of risk perception in a sexual assault scenario for men and women*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Baltimore, MD.
- Hetzel-Riggin, M.D., & Lindemann, D.F. (2012, November). *Preliminary evidence for emotion regulation training for incoming freshman college students*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Baltimore, MD.
- Hetzel-Riggin, M.D., & Mueller, J. (2012, October). *Knowledge, attitudes, and prevalence of interpersonal violence in men*. Paper presented at NASPA IV-East and West MMKC Drive In: (MAN)ifesting Change, Taking Root, Macomb, IL
- Hetzel-Riggin, M.D. (2012, May). *Does coping style mediate the effects of trauma type on PTSD?* Poster presented at the eighty-fourth meeting of the Midwestern Psychological Association, Chicago, IL.
- Meads, C.R., & Hetzel-Riggin, M.D. (2012, May). *Factors that influence coping self-efficacy*. Poster presented at the eighty-fourth meeting of the Midwestern Psychological Association, Chicago, IL.
- Harbke, C., & Hetzel-Riggin, M.D. (2012, April). *Symptom severity and PTSD symptom cluster convergence: Importance of clinical samples*. Poster presented at the annual meeting of the Southwestern Psychological Association, Oklahoma, OK.
- Hetzel-Riggin, M.D. (2012, April). *Influences on Trauma Research Participation Reactions*. Paper presented at the annual meeting of the Southwestern Psychological Association, Oklahoma, OK.
- Meads, C., & Hetzel-Riggin, M.D. (2011, May). *Childhood violence as a predictor of adult partner maltreatment*. Paper presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL, USA.
- Lin, Ching-I, & Hetzel-Riggin, M.D. (2011, May). *Stressful events, social support, and coping strategies*. Paper presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL, USA.
- Hawkins, A.O., Rabenhorst, M.M., & Hetzel-Riggin, M.D. (2010, November). *Child discipline defined: Does ethnicity matter?* Paper presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, San Francisco, CA, USA.

- Hetzel-Riggin, M.D. (2010, November). *Interaction between trauma type and peritraumatic dissociation on PTSD, general distress, and eating disorder symptoms*. Paper presented at the annual meeting of the International Society for Traumatic Stress Studies, Montreal, Quebec, Canada.
- Hetzel-Riggin, M.D., & Harbke, C. R. (2010, November). *Comparing hierarchical structures and invariance of numbing and dysphoria models of PTSD*. Paper presented at the eighty-second meeting of the Midwestern Psychological Association, Chicago, IL.
- Hetzel-Riggin, M.D. (2010, April). *Gender and ethnicity differences in PTSD and coping after trauma*. Paper presented at the eighty-second meeting of the Midwestern Psychological Association, Chicago, IL.
- Hetzel-Riggin, M.D. (2010, April). *Peritraumatic predictors of PTSD and depression in sexual assault survivors*. Paper presented at the eighty-second meeting of the Midwestern Psychological Association, Chicago, IL.
- Korinek, D., & Hetzel-Riggin, M.D. (2010, April). *Examining the effects of video games on aggression in college students*. Paper presented at the eighty-second meeting of the Midwestern Psychological Association, Chicago, IL.
- Augustine, S.A., & Hetzel-Riggin, M.D. (2010, April). *Why do psychologically healthy college students stay in unhealthy relationships?* Paper presented at the eighty-second meeting of the Midwestern Psychological Association, Chicago, IL.
- Augustine, S.A., & Hetzel-Riggin, M.D. (2010, April). *Development of the Relationship Health Scale*. Paper presented at the eighty-second meeting of the Midwestern Psychological Association, Chicago, IL.
- Hetzel-Riggin, M.D. (2009, November). *The relationship among avoidant coping styles when predicting PTSD symptoms*. Poster presented at the forty-third convention of the Association for Behavior and Cognitive Therapy (ABCT), New York, NY.
- Hetzel-Riggin, M. D., & Suttles, K. (2009, May). *Illicit, Prescription, and OTC Substance Use in Undergraduates*. Paper presented at the eighty-first meeting of the Midwestern Psychological Association, Chicago, IL.
- Suttles, K., & Hetzel-Riggin, M. D. (2009, May). *Psychological maltreatment predictors in students with family violence histories*. Paper presented at the eighty-first meeting of the Midwestern Psychological Association, Chicago, IL.
- Hetzel-Riggin, M. D. (2008, November). *Confirmatory factor analysis of posttraumatic stress symptoms in female survivors of sexual and/or physical abuse or assault*. Paper presented at the 24th Annual Meeting of the International Society for Traumatic Stress Studies (ISTSS), Chicago, IL.
- Babor, R. L., & Hetzel-Riggin, M. D. (2007, November). *Eating disorders and interoceptive awareness*. Poster presented at the forty-first convention of the Association for Behavior and Cognitive Therapy (ABCT), Philadelphia, PA.
- Hetzel-Riggin, M. D. (2007, November). *Style of coping as a risk or protective factor for PTSD development*. Poster presented at the forty-first convention of the Association for Behavior and Cognitive Therapy (ABCT), Philadelphia, PA.
- Hetzel-Riggin, M. D., & Bequette, A. D. (2007, November). *What factors predict the quality of rape narratives?* Poster presented at the forty-first convention of the Association for Behavior and Cognitive Therapy (ABCT), Philadelphia, PA.

- Hetzel-Riggin, M. D., & Bequette, A. D. (2007, May). *Predicting physiological responses to trauma cues: The role of cognitive reactions*. Paper presented at the seventy-ninth meeting of the Midwestern Psychological Association, Chicago, IL.
- Hetzel-Riggin, M. D. (2007, May) *Body dissatisfaction and social support seeking: Predicting Internet addiction*. Poster presented at the seventy-ninth meeting of the Midwestern Psychological Association, Chicago, IL.
- Hetzel-Riggin, M. D. (2006, November). *Peritraumatic dissociation and the quality and structure of rape narratives*. Poster session presented at the fortieth annual convention of the Association for Behavior and Cognitive Therapy (ABCT), Chicago, IL.
- Hetzel-Riggin, M. D. (2006, November). *Peritraumatic dissociation and physiological reactivity in female sexual assault victims*. Symposia presented at the 22nd Annual Meeting of the International Society for Traumatic Stress Studies (ISTSS), Hollywood, CA.
- Hetzel-Riggin, M. D. (2006, May). *Peritraumatic dissociation and physiological reactivity in female rape victims*. Paper presented at the seventy-eighth meeting of the Midwestern Psychological Association, Chicago, IL
- Mella, N. L., Neese, A. L., Hetzel, M. D., & McCanne, T. R. (2005, May). *Depression, dissociation, and internalized aggression as contributors to self-injurious behavior in female victims of adult sexual assault*. Paper presented at the seventy-seventh meeting of the Midwestern Psychological Association, Chicago, IL.
- Hetzel, M. D., Risser, H. J., Hawkins, A. O., Thomsen, C. J., & McCanne, T. R. (2004, November). *Does multiple victimization increase the risk for PTSD?* Poster session presented at the thirty-eighth annual convention of the Association for Advancement of Behavior Therapy, New Orleans, LA.
- Hetzel, M. D., Rabenhorst, M. M., & McCanne, T. R. (2004, November). *Use of health promotion behaviors and comorbid PTSD and depression*. Poster session presented at the thirty-eighth annual convention of the Association for Advancement of Behavior Therapy, New Orleans, LA.
- Neese, A. L., Hetzel, M. D., & McCanne, T. R. (2004, November). *Self-injurious behavior and trait dissociation: Controlling for depression and PTSD*. Poster session presented at the thirty-eighth annual convention of the Association for Advancement of Behavior Therapy, New Orleans, LA.
- Rabenhorst, M. M., Hetzel, M. D., & McCanne, T. R. (2004, November). *Avoidant coping among individuals with comorbid PTSD and depression*. Poster session presented at the thirty-eighth annual convention of the Association for Advancement of Behavior Therapy, New Orleans, LA.
- Risser, H. J., Hetzel, M. D., Thomsen, C. J., & McCanne, T. R. (2004, August). *The mediation of sexual revictimization through PTSD arousal*. Poster session presented at the American Psychological Association (APA) annual convention, Waikiki, HI.
- Hetzel, M. D., Rabenhorst, M. M., Neese, A., & McCanne, T. R. (2003, November). *Factor analysis of peritraumatic dissociation and PTSD avoidance in a sample of college females*. Paper presented at the International Society for the Study of Dissociation (ISSD) annual conference, Chicago, IL.
- Rabenhorst, M. M., Hetzel, M. D., & McCanne, T. R. (2003, November). *Avoidant coping styles partially mediate the relationship between abuse history and symptoms of PTSD*. Poster session presented at the thirty-seventh annual convention of the Association for Advancement of Behavior Therapy, Boston, MA.

Hetzel, M. D., Brausch, A. M., & Montgomery, B. S. (2003, May). *A meta-analytic investigation of therapy modality outcomes for sexually abused children*. Paper presented at the seventy-fifth meeting of the Midwestern Psychological Association, Chicago, IL.

Hetzel, M. D., & McCanne, T. R. (2002, May). *Peritraumatic dissociation and posttraumatic stress disorder in child abuse victims*. Poster session presented at the seventy-fourth meeting of the Midwestern Psychological Association, Chicago, IL.

Hetzel, M. D., & McCanne, T. R. (2002, January). *Peritraumatic dissociation and revictimization in child abuse victims*. Paper presented at the San Diego Conference on Child & Family Maltreatment, San Diego, CA.

Barbo, E. J., Wezner, K. C., Hetzel, M. D., & McCanne, T. R. (2001, May). *Childhood history of abuse predicts adult victimization*. Poster session presented at the seventy-third meeting of the Midwestern Psychological Association, Chicago, IL.

### **Invited Workshops**

Hetzel-Riggin, M.D. Penn State Erie, The Behrend College, Staff Development, Erie, PA. "How to be a better bystander." Workshops. Invited. (November 24, 2014). Local.

Hetzel-Riggin, M.D., Penn State Erie, The Behrend College. New Faculty Orientation. Erie, PA. "Teaching Roundtable." Panel discussion. Invited. (August, 2014). Local.

Hetzel-Riggin, M.D. Penn State Erie, The Behrend College. Teaching Idea Exchange, Erie, PA. "Using Psychology to Motivate Students." Workshop. Invited. (2014, May). Local.

Hetzel-Riggin, M.D. Penn State Erie, The Behrend College, Psychology Program Colloquium series, Erie, PA. "I can make a difference!:" Bystander intervention for interpersonal violence." Colloquium, Invited. (2014, April). Local.

Hetzel-Riggin, M.D. Penn State Erie, The Behrend College, LGBT Research Forum, Erie, PA. "Unique challenges for LGBT-identified individuals in domestically violent relationships." Panel presentation, Reviewed. (2014, April). Local.

Hetzel-Riggin, M. D., Macomb Centennial Morning Rotary Club, Macomb, IL, "Interpersonal violence prevention programming on campus," Workshops, Invited. (March 14, 2013). Local.

Hetzel-Riggin, M. D., Dixon, S. (Western Illinois University), Stockberger, C., La Prad, J., Welch, B. K., Rice, K. J., Myers, J. J., Interpersonal Violence Prevention Initiative, Western Illinois University, Macomb, IL, "Panel on Legitimate Rape," Panels, Invited. (October 16, 2012). Local.

Hetzel-Riggin, M. D., Illinois Prosecutor-Based Victim Assistants' Association Quarterly Meeting, Macomb, IL, "Sexual Assault: Effects on Victims' Behavior, Thoughts, and Mental Health," Workshops, 20 in attendance, Invited. (June 8, 2012). Local.

Hetzel-Riggin, M. D., Intern Return Day, Western Illinois University, Western Illinois University, "Working with Veterans and Their Families: A Crash Course," Workshops, 45 in attendance, Invited. (April 20, 2012). Local.

Johnson, J., Hetzel-Riggin, M. D., Sacchetti, G., Interpersonal Violence Prevention Initiative, Western Illinois University, Macomb, IL, "Getting Involved with Interpersonal Violence Prevention," Panels, Invited. (April 9, 2012). Local.

Hetzel-Riggin, M. D., West Central Illinois Professional Counselor's Association, North Central Behavioral Health System, Macomb, IL, "Treating Sexual Assault Victims," Workshops, Invited. (April 4, 2012). Local.

Hetzel-Riggin, M. D., Delta Zeta Sorority, Macomb, IL, "Keeping Yourself and Your Sisters Safe," Workshops, Invited. (October 2011). Local.

Hetzel-Riggin, M. D., Cavicchia, J., Interpersonal Violence Prevention Initiative, Western Illinois University, Macomb, IL, "Be a Voice For Change," Workshops, Invited. (February 2011). Local.

Hetzel-Riggin, M. D., Psychology Department Colloquium Series, Western Illinois University, Macomb, IL, "Research Participation Reactions: What Influences Student Perceptions of Trauma Survey Research?," Colloquium, Invited. (September 2010).

Hetzel-Riggin, M. D., Center on Family Violence and Sexual Assault, Northern Illinois University, DeKalb, IL, "Beneficial or Retraumatizing? Influences on Trauma Research Participation Reactions," Colloquium, Invited. (April 2010).

Hetzel-Riggin, M. D., West Central Illinois Professional Counselor's Association, North Central Behavioral Health System, "PTSD Treatment: What Works for Whom," Workshops, 25 in attendance, Invited. (December 2009). Local.

Hetzel-Riggin, M. D., Psychology Department Colloquium Series, Western Illinois University, Macomb, IL, "The relationship between peritraumatic dissociation, PTSD symptom development, and physiological reactivity in women sexually assaulted as adults," Colloquium, Invited. (March 2006).

Hetzel-Riggin, M. D., Northern Illinois University Counseling Center, DeKalb, IL, "A Multicultural Perspective on the Barriers to Disclosure and Treatment of Domestic Violence," Colloquium, 15 in attendance, Invited. (January 2005). Local.

Hetzel-Riggin, M. D., Center for Family Violence and Sexual Assault, Northern Illinois University, DeKalb, IL, "Peritraumatic reactions and their role in the development and maintenance of PTSD in female sexual assault victims," Colloquium, Invited. (February 2003). Local.

Hetzel-Riggin, M. D., Center for Family Violence and Sexual Assault, Northern Illinois University, DeKalb, IL, "Peritraumatic dissociation and PTSD in victims of childhood physical and sexual abuse," Colloquium, Invited. (October 2001). Local.

Hetzel-Riggin, M. D., Center for Family Violence and Sexual Assault, Northern Illinois University, DeKalb, IL, "Peritraumatic dissociation and posttraumatic stress disorder in victims of child physical abuse and child sexual abuse," Colloquium. (November 2000).

## **Editorial and Advisory Boards**

- *Child Abuse Review*, Editorial Board.
- *Journal of Trauma & Dissociation*, Editorial Board.

## **Peer Reviewer of Grant Proposals, Manuscripts, Etc.**

- *Assessment*, Ad-hoc Reviewer
- *Child Abuse & Neglect*, Ad-hoc Reviewer.
- *Clinical Psychology Review*, Ad-hoc Reviewer.
- *Cyberpsychology, Behavior, and Social Networking*, Ad-hoc Reviewer.
- *Gender Issues*, Ad-hoc Reviewer
- *International Journal of Psychology*, Ad-hoc Reviewer.

- *Journal of Clinical Psychology*, Ad-hoc Reviewer.
- *Journal of Contemporary Psychotherapy*, Ad-hoc Reviewer.
- *Journal of Family Violence*, Ad-hoc Reviewer.
- *Journal of Interpersonal Violence*, Ad-hoc Reviewer.
- *Journal of Multidisciplinary Healthcare*, Ad-hoc Reviewer.
- *Journal of Trauma and Dissociation*, Ad-hoc Reviewer.
- *Journal of Trauma and Loss*, Ad-hoc Reviewer.
- *Journal of Traumatic Stress*, Ad-hoc Reviewer.
- *Psychology of Violence*, Ad-hoc Reviewer.
- *National Multicultural Conference and Summit*, Ad-hoc Reviewer
- *Association for Women in Psychology Annual Conference*, Ad-hoc Reviewer
- *International Society for Traumatic Stress Studies Annual Convention*, Ad-hoc Reviewer
- *Association for Behavioral and Cognitive Therapies*, Ad-hoc Reviewer
- *American Psychological Association Annual Convention*, Ad-hoc Reviewer.
  - Divisions 35 and 44

## **Contracts, Grants and Sponsored Research**

Shoenberger, N. (Principal Investigator), & Hetzel-Riggin, M.D. (Co-Principal Investigator). Grant. Identification, Assessment, and Diagnosis of Disproportionate Minority Contact in Juvenile Justice in Erie County." Application for Title II Formula Grant Funds: 2015 Disproportionate Minority Contact (DMC) Initiatives. Pennsylvania Commission on Crime and Delinquency. State. Total requested: \$49,897.00. (submitted September, 2014).

Nixon, C., (Principal Investigator), Hetzel-Riggin, M.D. (Co-investigator), Shoenberger, N. (Co-Investigator), & Rosen, N. (Co-Investigator). Grant #11609978. "Evaluation of the Relationships are Pathways to Success and Meaningful Mentoring Matters! Mentoring curricula." Centers for Disease Control. Federal. Total requested: \$997,220.00. (under revision, December, 2014).

Nixon, C., (Principal Investigator), Hetzel-Riggin, M.D. (Co-investigator), Shoenberger, N. (Co-Investigator), Jairam, D. (Co-Investigator), & Rosen, N. (Co-Investigator). Contract. "Formative Program Evaluation, Captain McFinn." Cafaro Group. Private. Total awarded: \$25,000. (funded: May 1, 2014 – September 30, 2014).

Hetzel-Riggin, M. D. (Principal Investigator), Nixon, C. (Co-Principal Investigator), Shoenberger, N. (Co-Investigator), Jairam, D. (Co-Investigator), Grant #1 R13 HD081882-01, "Creating a Community Response to Cyberbullying," National Institutes of Health, Federal. Total awarded: \$6,000.00. (submitted: December 11, 2013, funded August 1, 2014 – January 31, 2015).

Shoenberger, N. (Principal Investigator), Hetzel-Riggin, M.D. (Co-Investigator), & Nixon, C. (Co-Investigator). Grant #09-074-79BD. "Community Response to Cyberbullying." Humanities and Social Science Endowment, Penn State Erie. Total awarded: \$5,000.00. (funded May 2014 – May 2015).

Hetzel-Riggin, M. D. (Co-Principal Investigator), Grant #2010-WA-AX-0004, "Grants to Reduce Domestic Violence, Dating Violence, Sexual Assault and Stalking on Campus, Western Illinois University Relationship Violence Awareness and Prevention Initiative," Office of Violence Against Women (OVW) Grant, Federal. Total awarded: \$300,000.00. (submitted: February 2010, funded: October 2010 - September 2013).

Hetzel-Riggin, M. D. (Principal Investigator), Grant, "Understanding parent knowledge, beliefs, and concerns about dating violence prevention," Western Illinois University, Universities and Colleges. Total awarded: \$4,731.00. (submitted: 2011, funded: November 2011 - November 2012).

Hetzel-Riggin, M. D. (Principal Investigator), Grant, "The longitudinal course of physiological reactivity to trauma cues in sexually assaulted women: The role of peritraumatic reactions," Western Illinois University, Universities and Colleges. Total awarded: \$7,643.50. (date funding awarded: 2006, funded: April 2006 - April 2007).

## **Related Development Activities Attended**

"Cognitive Behavioral Therapy Supervision: Evidence Informed Practices and Ethical Considerations," Donna Sudak, M.D., The Philadelphia Behavior Therapy Association & Drexel University Department of Psychology, 6 credit hours. Philadelphia, PA, USA. (February 15, 2014).

"Best Practices in Teaching Online," Sara Settles, Center for Innovation in Teaching and Research, 24 credit hours. Macomb, IL, USA. (August 2009 - October 2009).

"International Conference on Clinical Supervision," University of Buffalo: The State University of New York, NIDA; NIH, Haworth Press, University of Buffalo, 12 credit hours. Buffalo, NY, USA. (June 1, 2006 - June 3, 2006).

"Safe Zone Training: Creating Safe Spaces for LGBT Students," LGBT Resource Center, Northern Illinois University. DeKalb, IL. (October 2001).

## **SERVICE**

### **Department Service**

- Chair, Psychology Program, School of Humanities and Social Sciences (2014 – Present)
- Master's Degree in Clinical/Counseling Applications Development Committee, Member. (2013 - Present)
  - The Master's Degree development committee has been developing a proposal for a Master's degree in Clinical/Counseling Psychology to be housed at Penn State Behrend.
- Faculty Search Committee Member, Human Factors/Experimental Psychology Search Committee. (2014 – 2015).
- Academic Policies and Procedures Committee, School of Humanities and Social Sciences, Member (2014 – Present).
- E-Learning Standards Subcommittee, Academic Policies and Procedures Committee, School of Humanities and Social Sciences, Chair (2014)
- Western Illinois University Psychology Curriculum Committee, Member, Elected. (2012 - 2013)
- Western Illinois University Psychology Colloquium Committee, Member, Elected. (2011 – 2013; 2005-2007). Chair: 2007; Secretary: 2006-2007.
- Western Illinois University Psychology Department Research Committee, Member, Elected. (2005 - 2013); Chair: 2007-2013
- Faculty Search Committee Member, Western Illinois University Psychology Department Search Committee, Member. (2011 - 2012)
- Western Illinois University Psychology Chair's Advisory Council, Member, Elected. (2010 - 2011)
- Faculty Search Committee Member, Western Illinois University Psychology Department Search Committee, Substance Abuse Psychologist, Member. (2008 - 2010)
- Western Illinois University Psychology Department Undergraduate Research Requirement, Member. (2008)
- Faculty Search Committee Member, Western Illinois University Psychology Department Search Committee, Clinical Psychologist, Chairperson, Elected. (2006 - 2008)
- Western Illinois University Psychology Department Master Planning Committee, Member, Elected. (2006 - 2008)
- Western Illinois University Psychology Chair Evaluation Committee, Member. (2007)
- Western Illinois University Psychology Department Student Research Labs, Member. (2007)



- Faculty Search Committee Member, Western Illinois University Psychology Department Search Committee, Personality Psychologist, Member. (2005 - 2006)

## **University Service**

- Sigma Xi Undergraduate Research Conference, Penn State Erie, The Behrend College, Judge. (April, 2014).
- Advisory Board, Center for Teaching Initiatives, Penn State Erie, The Behrend College (January 2013-present)
- Psychology Workshop, Go College, Presenter, Humanities and Social Sciences – Behrend. (July 17, 2014).
- Psychology Workshop, Penn State Educational Partnership Program, Presenter, Humanities and Social Sciences - Behrend. (November 18, 2013 - November 19, 2013).
- Western Illinois University Outstanding Academic Advisor Award Committee, Member, Western Illinois University. (September 2010 - May 2013).
- Western Illinois University Committee on Sexual Orientation, Member. (2006 - May 2013). Co-Chair (2008-2010)
- Western Illinois University Interpersonal Violence Prevention Committee, Member. (2006 - May 2013).
- Western Illinois University Summer Stipend Decision Committee, Member. (September 2012 - December 2012).
- Faculty Advisor, Western Illinois University Society for Creative Anachronism Student Group, Faculty Advisor. (2008 - 2012).
- Western Illinois University Interpersonal Violence Prevention Coordinator Search Committee, Member, Western Illinois University. (2011).
- Western Illinois University Provost's Awards of Excellence Committee, Member. (2011).
- Health Education Specialist, Western Illinois University Alcohol and Drug Resource Center Counselor Search Committee, Member. (2008).
- Western Illinois University Aggression Reduction Task Force, Member. (2007 - 2008).
- Staff Counselor, Western Illinois University Counseling Center Search Committee, Member. (2006).

## **Professional Service**

- Erie County Policy and Planning Council – Family Focused Team (Erie, PA)
  - Board Member. (2014 – Present)
- Association for Behavioral and Cognitive Therapies, CMIV SIG
  - SIG Leader (2014-2016)
- Center for the Study of Masculinities and Men's Development (Macomb, IL)
  - Board Member. (2011 - Present).
- Leila Grace Foundation (Chicago, IL)
  - Board Member. (2010 - 2014)
- Prevention and Aggression Reduction Center
  - Peer Mentoring for children, Advisor.
- Western Illinois University Counseling Center
  - Eating Wellness Screening Day, Evaluator. (2008 - 2013).
  - National Depression Screening Day, Evaluator. (2006 - 2012).

## **Awards and Honors**

- Honoring Our Professors for Excellence (HOPE) Award, Western Illinois University. (March 2012).
- Outstanding Undergraduate Research Supervisor – Recent, College of Arts and Sciences, Western Illinois University. (May 2009).
- Honoring Our Professors for Excellence (HOPE) Award, Western Illinois University. (February 2008).

- Student Services Act of Kindness Award, Western Illinois University. (October 2006).
- Center for Access-Ability Resources, University Friend, Northern Illinois University. (April 2003).
- University Fellowship for Outstanding Master's Degree Student, Northern Illinois University. (August 2000 - August 2001).
- Presidential Scholarship, Quincy University. (August 1995 - May 1999).