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Dr. Alison Layton is a Consultant Dermatologist at Harrogate and District NHS Foundation Trust in 1994 and Honorary Clinical Senior Lecturer at Hull York Medical School.

She has a particular interest in androgen mediated disorders including acne and polycystic ovary syndrome (PCOS). She sits on the Executive Council of PCOS UK.

She has acted as Chief Investigator and Principal investigator for many clinical trials embracing acne, rosacea and other common inflammatory dermatoses.

Dr Layton is involved in basic science research examining the immunology and microbiological aspects of acne and associated scarring.

She is one of the reviewers for National guidelines for rosacea and acne as well as for a number of NICE guidelines relating to dermatological conditions. She was involved in the development of the S3 European Dermatology Forum Evidence based acne guidelines.

She has been invited to lecture and chair sessions at many international symposiums on subjects related to acne and rosacea and has written many chapters and review articles specifically relating to these conditions. Including the definitive Acne and Sebaceous Gland chapter for the eighth edition of Rook's Textbook of Dermatology and a recent chapter on Sebaceous Gland disorders for the Oxford Textbook of Medicine. Dr Layton has reviewed and developed Cochrane reviews on lasers and light therapies for acne and oral contraceptives for acne. She is regularly invited to peer review original research papers for journals.

Dr. Layton was appointed to the position of Clinical Director for the North East Yorkshire Comprehensive Research Network in 2010 which has recently transitioned into the Yorkshire and Humber Clinical Research Network. She is currently joint Clinical Director for the Yorkshire Humber Clinical Research Network. She is Associate Medical Director for research for her Trust and is an Honorary Research Associate in the Faculty of Health and Social Care, University of Hull.