Criteria			
Takeway #3	Provides sufficient detail and examples to support the answer to the question. Connects answer to related course content. 4 pts	Answers question but lacks detail and/or examples to support the answer to the question. Some answers do not related to the course content 2 pts	All answers are vague, lack detail and/or examples to support the answer to the question; or no answer is present. 0 pts
This Takeaway #2 and #1	Chooses recipes/provides a logical example that relates to the reflection topic. 3 pts	Answer is vague, partially relates to the reflection topic. recipes don't relate to the reflection topic 2 pts	Answer has no relationship to the reflection topic or no answer is present. 0 pts
Writing Mechanics	Comments are free of major grammatical or spelling errors. Comments are clear and concise. 3 pts	Contains spelling/grammar errors. Some statements are not relevant to the question. 2 pts	Contains multiple grammatical or spelling errors. Several statements do not relate to the question. 0 pts