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Dear Alumni and Friends,

A new era has begun! Dean **Laurie Badzek** has assumed leadership of the College of Nursing! I invite you to read the story on page 6 to get to know Dean Badzek. Our College of Nursing family looks forward to continued excellence and innovation that will build the college's proud history.

Dean Badzek's arrival signals the end of my service as interim dean. It has been an honor and privilege to lead such distinguished faculty, exceptional students, and accomplished staff members. Working with the college's alumni and friends was especially rewarding. The Penn State College of Nursing is a vibrant and productive community. It's been a great year!

In this issue, we highlight some of the resources that distinguish our college. Our clinical agency partners (page 8) are essential to our education and research missions. Study abroad opportunities (page 12) offer students a global perspective on health care that will transform their careers. The story on men in nursing (page 14) reveals a subtle but profound transition as more men choose nursing as their career. The many achievements of the faculty are listed (page 23), but I call your attention to the four new tenure-line faculty members who were recruited this year: Drs. **Adebayo, Mogle, Wardecker, and Anderson** (page 16) each bring unique talents and research interests that will augment our research portfolio.

One of the most exciting events over the past year was the Vallance Lecture presentation (page 11). We took a different approach this year. Rather than the more typical research presentation, we chose to engage **William Doan**, professor of theatre and women's studies, to perform his one-man show, *Drifting*. This performance was profoundly moving, creating meaning from personal experiences surrounding traumatic injury and loss. Through an artistic collage of video, spoken word, and drawings, the audience was carried into his lived experience and emerged with new understanding. We laughed, cried, felt the weight of caregiving, the pain of loss, and the soothing comfort of loving memories together. The power of merging art and science in education, practice, and research was revealed. Dr. Doan will join the College of Nursing as our first Artist-in-Residence this year. I know Bill's interactions with our accomplished researchers and educators will launch projects that will highlight the innovation and excellence for which our college is recognized.



I hope you enjoy this edition of *Penn State Nursing*. This is my farewell message—as interim dean and as a faculty member. By the time you read this, I will be enjoying the early days of retirement. It is very rewarding to say that I am leaving on a high note. Over the past 20+ years, I have witnessed the Nursing program grow and mature into an outstanding college. Our prelicensure programs are educating those smart and compassionate nurses we all wish to see at our bedsides. Our graduate programs are grooming advanced providers, leaders, and scholars who are well prepared to advance nursing practice and science. Our alumni base is strong and our spirits are high. The college is in good hands and exciting new opportunities lie ahead. I finally get the true impact of saying, “We are!”

Janice Penrod, PhD, RN, FGSA, FAAN
Interim Dean and Professor
Penn State College of Nursing

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6 Laurie Badzek Named New Dean

Laurie Badzek, professor of nursing and director of the School of Nursing at the University of North Carolina Wilmington, became the new dean of Penn State's College of Nursing on July 1.

8 Clinical Agency Partners

Our partners in clinical education are vital to our mission of education and research. Learn more about some of the organizations that help us provide diverse and educationally rewarding clinical experiences to our students.

12 International Study in Cuba

For the past two years, students have traveled to Havana, Cuba, through an embedded program to earn international study credit and clinical time.

14 Men in Nursing

A January *New York Times* article explained why nursing is a great career choice for men. Penn State Nursing faculty and students agree.

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On The Cover



New dean Laurie Badzek (second row, fourth from left) is flanked by undergraduate and graduate students in front of the new entrance to the Nursing Sciences Building.

Photo credit: Steve Tressler

Laurie Badzek Named College of Nursing Dean



Badzek with a scholarship recipient and donor at May 2018 graduation ceremonies for UNCW.

“With her extensive expertise in health care, law, and higher education, Laurie Badzek is an outstanding choice to be the next dean of Penn State’s College of Nursing.”

On July 1, **Laurie A. Badzek** begins her new role as dean of Penn State’s College of Nursing, succeeding Paula Milone-Nuzzo (who left in August 2017 to become president of MGH Institute of Health Professions in Boston) and Janice Penrod, who has served as interim dean since Milone-Nuzzo’s departure.

“I am honored to serve as the next dean of the College of Nursing, which has a strong history of excellence in both undergraduate and graduate nursing education programs,” Badzek said. “The college is positioned to impact the development of the next generation of nursing leaders who will improve the health of our nation.

I am excited to work with my new colleagues to reach new heights in nursing education, practice, service, scholarship, and research.”

As dean, Badzek will oversee educational programs serving undergraduate and graduate students at 12 campuses and online. She also will lead the college’s research enterprise, spanning areas from end-of-life care to child and adolescent health.

As a nurse, attorney, and educator, Badzek specializes in genomics, health care ethics and law, nursing practice, and end-of-life care and decision making.

Since 2015, she served as professor of nursing and director of the School of Nursing in the College of Health and Human Services at the University of North Carolina Wilmington (UNCW). In addition, Badzek has served for nearly 20 years as director of the American Nurses Association (ANA) Center for Ethics and Human Rights, an organization that addresses complex ethical and human rights issues confronting nurses. A champion for improving patient care through nursing policy, practice, and education, in 2001 and 2015 Badzek shepherded the revision of the ANA Code of Ethics for Nurses, which is written and used by nurses to guide their professional decisions and conduct.

In 2017, she collaborated with colleagues to develop an online educational toolkit from the National Human Genome Research Institute. She is currently helping to establish the Global Genomics Nursing Alliance (G2NA). Both initiatives are intended to educate nursing health care professionals on how to integrate genomic information into their daily practice.

"With her extensive expertise in health care, law, and higher education, Laurie Badzek is an outstanding choice to be the next dean of Penn State's College of Nursing," said Nicholas Jones, executive vice president and provost of the University. "Her leadership on ethical and human rights issues and staunch advocacy regarding nursing education, policy, and practice will enable the college and its faculty and students to achieve new levels of academic and research excellence."

As director for UNCW's School of Nursing, Badzek oversaw strategic planning, program expansion, faculty governance, compliance, endowments, and budgets. She collaborated with colleagues to increase enrollment and faculty and student diversity, and to launch a revitalized nurse educator program for graduate students and a new clinical research certificate program.

Before joining the UNCW faculty, Badzek taught nursing, ethics, law, and health policy at West Virginia University, where she also served as director of the Appalachian

Quality of Life Institute and assistant director of the Center for Health Ethics and Law. Combining her health care and legal expertise, Badzek had a role in drafting state legislation, including West Virginia's Health Care Decisions Act, Guardianship and Conservatorship Act, Natural Death Act, and Medical Power of Attorney Act, which was recognized as model legislation by the American Association of Retired Persons.

Badzek has taught a variety of undergraduate and graduate nursing courses focused on ethics, leadership, and health policy. Her research with the National

Institutes of Health, National Human Genome Research Institute, National Cancer Institute, and other organizations has been published in the *Journal of Nursing Scholarship*, *Journal of Nursing Law*, *American Nurse Today*, and other publications.

Badzek received the International Society of Nurses in Genetics International Genomics Nursing Research Award in 2016, the American Association of Nurse Attorneys Outstanding Education Section Member Award in

2005, and the American Nephrology Nurses Association Research Award for work related to end-of-life decisions and dialysis patients in 1998. She is a member of the American Association of Nurse Attorneys, ANA, American Colleges of Nursing Deans, and the National Steering Committee on Genomic Core Competency; and a Fellow with the National Academies of Practice, American Association of Colleges of Nursing Wharton Leadership Program, and American Academy of Nursing.

A nurse in West Virginia for more than 30 years, Badzek is currently registered in North Carolina and Florida. She is a member of the West Virginia Bar Association.

Badzek received a bachelor's degree in nursing from West Virginia University and a master's degree in nursing from DePaul University. She also earned a juris doctor from West Virginia University and a postgraduate law degree with a focus on health law, policy, and ethics from DePaul University.



Badzek introduces a young alumna to a graduate faculty member at the annual alumni breakfast for the UNCW School of Nursing.

CLINICAL AGENCY PARTNERS

Vital to Our Mission of Education and Research

The clinical experience is perhaps the singular defining component of a student nurse's academic career. Penn State Nursing students participate in approximately 900 hours of diverse and educationally rewarding clinical experiences in order to gain professional competencies and meet graduation requirements.

Students enrolled in the B.S.N. program complete their clinical rotations at facilities within a 50-mile radius of the campus at which they are enrolled. Currently the B.S.N. program is offered at University Park, Altoona, Behrend, Fayette, Mont Alto, and Scranton campuses.

"Each clinical facility is a valued educational partner that provides a teaching and learning environment with a rich clinical experience," said **Rae Brown**, associate dean for undergraduate education. "Each one allows the student to see firsthand that high-quality health care is patient centered, collaborative, and interprofessional."

Read on to learn more about some of the clinical agencies that partner with the College of Nursing to help bring a well-rounded educational experience to our students.



Penn State Health Milton S. Hershey Medical Center

UNDERGRADUATE EXPERIENCES

Penn State Health Milton S. Hershey Medical Center

Most B.S.N. students at University Park spend either the junior or senior year at this teaching hospital and trauma center, which is part of the Penn State Health system. On-campus housing is provided for these students.

Opportunities for specialized experiences are provided in medical/surgical, geriatric, pediatric, obstetric/maternal, community, and mental health nursing. Students also participate in outpatient rotations at subspecialty clinics and community health experiences such as flu shot clinics, health fairs, and home health services.



Mount Nittany Medical Center

Mount Nittany Medical Center

This 260-bed acute care facility is the primary clinical site for B.S.N. students at University Park. Rotating among medical/surgical, oncology, telemetry, and other units, students care for patients with a variety of medical conditions. They assist with newborn and postpartum assessments in Labor and Delivery, and work with new parents on breastfeeding and newborn care. In the ICU and emergency department, students work closely with an RN preceptor to observe the care of critically ill and emergency patients.



UPMC Altoona

UPMC Altoona

UPMC Altoona is a tertiary hospital, offering an array of specialized programs and services. The majority of students at Penn State Altoona complete their clinical rotations here. In addition, some seniors at University Park complete their capstone experiences there with a one-on-one preceptor—some of whom are Penn State Nursing alumni. “UPMC is a regional trauma center, so students are able to fully participate in a variety of highly specialized nursing experiences that require clinical expertise,” said faculty member **Darlene Clark**, who coordinates the senior capstone experience. “Some have even gone along on STAT MedEvac flights.”

Moses Taylor Hospital

Students at Penn State Scranton complete clinical requirements for NURS 405B (Nursing Care of the Adult Client with Complex Health Problems) in the critical care unit at this 214-bed acute care hospital. A longtime supporter of the Nursing program, the hospital has donated 16 hospital beds in the past two years for use in the campus simulation lab. “Moses Taylor always praises our students and hires as many graduates as they are able,” said **Milton Evans**, coordinator of the Nursing program at Scranton. “Support of our campus program strengthens the whole Penn State Nursing program.”

Monongahela Valley Hospital

This 200-bed, full-service health care facility is one of five clinical sites for B.S.N. students at Penn State Fayette. “We try to place students where their interests are, then recruit them to work here when they graduate,” said Lisa Atkinson, nurse educator at MVH. The hospital also encourages students to attend their educational programs, such as skills fairs and simulation activities. “We do everything we can to support their growth, and we enjoy watching them grow and learn,” Atkinson said.



Uniontown Hospital

Uniontown Hospital

Another of Penn State Fayette’s five clinical sites, Uniontown Hospital is an acute and specialty-care community hospital serving Fayette County and the surrounding areas. A state-of-the-art Education Center was unveiled in July 2017, creating enhanced opportunities for growth of employees and students alike. “Our organization embraces the value of education and the resulting outcomes,” said Tammy Henderson, education director. “We want students to not only learn here, but also stay as part of our family.”

GRADUATE/RESEARCH CLINICAL EXPERIENCES

Clinical partners play a significant role in the research conducted by College of Nursing faculty. "Our clinical partners are vital to both our educational and research mission," said **Judy Hupcey**, associate dean for graduate education and research. "They are essential collaborators in our research as we develop nursing science and translate knowledge to improve health care delivery and outcomes."

"Our shared goals are to accelerate discoveries that will lead to better health, educate the next generation of nurse scientists, and foster multidimensional collaborations to improve human health and reduce disparities," added assistant research professor **Shaweta Gupta**, who divides her time between the College of Nursing and the Penn State Clinical and Translational Science Institute (CTSI). "Our clinical partners play a key role in helping us attain these goals."

Program for Enhancing Excellence in Care (PEEC)

In collaboration with Grane Healthcare, our Center of Geriatric Nursing Excellence (CGNE) is conducting a pilot project to translate best practice approaches to care settings for older adults. The comprehensive project includes five components: community education, leadership development, caregiver skills enhancement, gerontological nursing certification, and coaching for quality improvement. PEEC is being implemented at the Cambria Care Center skilled nursing facility in Ebensburg, Pa., and four PACE/Senior LIFE day and home care centers, in an effort to promote person-centered care, improve health outcomes, and reduce staff turnover. After the pilot, the CGNE plans to disseminate the key concepts and competencies on a wider basis.

Implementation of EIT-4-BPSD in Nursing Homes

This NIH-funded study demonstrates a nursing home care model that enables staff at long-term care facilities to reduce behavioral and psychological symptoms of dementia (BPSD) using person-centered approaches that optimize function, prevent adverse effects, and improve quality of life. The study utilizes a Nursing Home Toolkit previously developed for the Centers for Medicare and Medicaid Services. So far, 15 skilled nursing homes in eastern Pennsylvania are participating in the cluster randomized trial. Each nursing home selects a staff member to serve as a "change champion," working with a Penn State facilitator to help staff deliver person-centered care. "This study will add critical knowledge about implementing effective interventions in nursing homes and serve as a model with potential for wide dissemination," said **Kimberly Van Haitsma**, one of three multiple principal investigators (MPIs) on the project.



Photo credit: Ron Levine

Enhancing Care of the Aged and Dying in Prisons (ECAD-P)

Funded through a Small Business Technology Transfer (STTR) grant from the NIH/National Institute on Aging, this project aims to develop a computer-based training program for those providing care to the aged and dying population in America's prisons and jails. "Our team, including our small business partners at Klein Buendel, Inc., have engaged early and often with our community partners," said **Susan J. Loeb**, one of two MPIs. For more than a decade, Loeb's partnership with the Pennsylvania Department of Corrections has enabled her to engage and train Ph.D. and nurse practitioner students to serve as research assistants. "Our partners have been instrumental in informing our research, which is aimed at enhancing supportive care for inmates as they age, experience advanced chronic illness, and approach the end of life within correctional settings," Loeb added.

Drifting: A Solo Performance Journey into Brain Injury, Loss, and Art



"You may think you are looking at loss, or trauma. Keep looking. We get pulled through life by drifting. Sounds, smells, images ... memories. What's underneath pulls us along. We try to stay on some track or another, but ..."

This year's Vallance Lecture featured a solo performance by William Doan, professor of theatre and women's studies and director of the School of Theatre at Penn State. *Drifting* is Doan's one-man play based on his experience coming to terms, in art and life, with his sister's traumatic brain injury and death. Debuted in September 2015 and reworked in 2017, the play has served as a springboard for discussions about the ethics surrounding end-of-life decisions.

A journey into traumatic brain injury, sibling loss, and the need to make art, *Drifting* blends live performance with drawing and film sequences, taking the audience inside the intimate experience of an artist's effort to make meaning out of trauma. The solo performance—incorporating his work investigating brain injury, consciousness, identity, and anxiety—was presented last year at the Royal Family Performing Arts Space in New York.

"As nurses, we are focused on human responses to health and illness," said assistant professor **Nikki Hill**, who facilitated the post-show talkback. "As Bill's work clearly shows, art can be a powerful way to express human responses as well as facilitate healing."

Building upon Doan's creation of performance art exploring palliative care, the College of Nursing will enter into a unique collaboration with Penn State's College of Arts and Architecture by welcoming Doan as artist-in-residence for the 2018–19 academic year. The collaboration aims to infuse artistic representation into the science of nursing and create new ways to understand the earliest symptoms of cognitive decline through storytelling, according to Hill.

"The best nursing care requires not only evidence-based practice, but also empathy and compassion," she said. "Bill's appointment in the College of Nursing will allow us to delve more deeply into the patient experience and consider how artistic practice may help nurses cope with challenges such as caregiver strain and burden."

Doan shares the hope that the venture will help to inform the research, teaching, and outreach missions for both colleges.

"The opportunity to collaborate with nursing researchers is a profound moment for me," Doan said. "I know it will be a catalyst for new and productive dialogues between art and science."

International Study in Cuba Produces Life-changing Experiences

Study abroad can be an enriching and enlightening part of any educational experience. Nursing students, in particular, can gain valuable insight into another country's health care system, along with the opportunity to compare and contrast it with their own.

"International experiences help students see that there are issues with health care on a global level," said **Rae Brown**, associate dean for undergraduate education. "It gives them a broader perspective."

In March, Brown accompanied 13 B.S.N. students at Behrend and University Park campuses on a spring break trip to Havana, Cuba. It was the second year for the embedded program organized through the Council on International Educational Exchange (CIEE) and led by Penn State Nursing faculty.

"An embedded program is a course taken at a Penn State campus that includes an international, credit-bearing travel component," Brown said. "Each student received 1 credit for international study as well as clinical time for courses they were registered for."

The eight-day experience explores community and family health nursing in Cuba through observational clinical experiences, cultural activities, and classes. Students are immersed in Cuban culture and the health care system by visiting health care facilities and attending lectures on topics such as health promotion and challenges in local health care delivery.

Carolynn Masters, an associate teaching professor at Behrend, joined Brown in accompanying the students on this year's trip. In addition to receiving credit for a

special-topics international study course, Masters said, students gained an eye-opening perspective on another country's health care system.

"Cuba is recognized by the World Health Organization as one of the top countries in preventative health, thanks largely to their commitment to health care access for all," Masters said. "In Cuba, health care is free and the emphasis is on health promotion and disease prevention."

The Cuban government operates a national health system, assuming fiscal and administrative responsibility for the health care of its citizens. No private hospitals or clinics exist, as all health services are run by the government.

"All health care is provided at no cost, but there's not much choice," said Brown. She explained that the system is composed of multiple tiers, which determine not only the level of care a patient receives but also where he or she may be treated. "It is

very different from the United States, where we relish our choices."

In October, eight Penn State Altoona students traveled to Cuba for a similar experience coordinated through CIEE by faculty member **Delores McCreary**. **Nichole Miller**, a 2018 graduate who took the trip as a senior, described the group's visit to a neighborhood clinic.

"We came bearing personal hygiene and first aid supplies that we donated to the clinic," Miller said. "We met a local doctor who demonstrated moxibustion (a form of heat therapy in which dried plant materials are burned on or near the skin surface to stimulate circulation) and allowed us to practice it. We also attended a lecture on naturally found plants and herbs and their medical uses."



Altoona student Shannon Zimmerman visits with children at a local community dance center.

The Altoona students learned about Cuban mental health care by visiting La Castellana, a mental health center. They also spent time at a hospital, maternal health center, and home for the elderly.

Both the Altoona and University Park groups visited the Escuela Latinoamericana de Medicina (ELAM), a state-of-the-art international medical school with students from more than 110 countries. Tuition is free, with the condition that graduates commit to practicing in underserved areas. "Their philosophy is based on improving health care throughout the world," Brown said.

Although most of the 10,000+ students come from Latin America and the Caribbean, ELAM also accepts U.S. students. The Altoona group met a student from Texas, said Miller, who gave them a campus tour and shared his experiences of living and studying medicine in Cuba.

In addition to health care facilities, students visited art galleries, museums, schools, and other cultural and historic institutions to get a taste of Cuban culture.

"In Cuba, the arts—especially music and dance—play a big part in cultural expression," Brown said.

Food and nutrition also figure prominently in Cuban life. A highlight of the trip was a cooking lesson at a local restaurant, where the group made mojitos and a traditional chicken and seafood dish. "The best part was getting to eat what we learned to cook!" said Brown.



Physical therapy facilities at a local nursing home.

Although the tightly regimented itinerary allowed for little down time, the Altoona group got to enjoy an afternoon at the beach on their last day. Miller is grateful to the trip's organizers and the faculty members who accompanied the students, **Marcia Satryan** and **Cindy Bowman**.

"I will never forget the experiences and the wonderful people I met," said Miller.

Masters agreed that the trip was life changing for students and faculty alike.

"As nurses, we tend to focus on the clinical and technological aspects of our jobs," she said. "It's important to understand the human element as well. Engaging with the Cuban people and their lives gave students a glimpse of what they will encounter as practicing nurses."



Behrend and University Park students Xavier Garcia, Willow Byhan, Lauren Myers, and Blaire Thomas participate in dancing and music with the residents of a long-term care facility.

"Engaging with the Cuban people and their lives gave students a glimpse of what they will encounter as practicing nurses."

Students and Faculty Agree:

Nursing
is a Great
Career
Choice for
Men

“Nurses sacrifice to help people in need, and that’s a very honorable thing to do.” — Caleb Lehman

As a young man, **Lex Harvey** wanted to be a nurse. “But I couldn’t figure out how to pay for school and manage the day-to-day costs of living,” he said. “I just got too busy earning a living to get an education.” After a stint in the U.S. Army and a string of mostly blue-collar jobs—including construction, real estate, and working in a lumber mill—Harvey found himself jobless in 2013.

“At that point, I felt like the universe was sending me a message,” he said. “It was finally time for me to become a nurse. I cashed in my 401K and started as an aide.” Now a licensed practical nurse, Harvey works part-time in a nursing home while completing his bachelor’s degree in nursing (B.S.N.) at Penn State Scranton. He graduated in May 2018 at age 51.

Harvey’s story isn’t unusual. It’s remarkably similar to those of a dozen men interviewed for a recent *New York Times* article* about men entering the nursing profession—many after working for years in a different career.

“The experiences of male nurses offer lessons that could help address a problem of our time: how to prepare workers for the fastest-growing jobs, at a time when more than a quarter of adult men are not in the labor force,” the article stated. Authors Claire Cain Miller and Ruth Fremson referenced a working paper published by the Washington Center for Equitable Growth, which documents the steady increase over four decades in the number of men entering the U.S. nursing workforce, citing the changing economy as a major factor.

“Women have been entering male-dominated fields for decades, but it’s less common for a predominantly female occupation to have a substantial increase in its share of men,” Miller and Fremson wrote. “Yet the jobs that are shrinking tend to be male ones, and those that are growing are mostly female.”

Christopher Garrison, an assistant teaching professor in the Penn State College of Nursing and director of the college’s nursing simulation laboratory at University Park, agrees that the profession offers many opportunities for men looking for a career change.

“There is a wide variety of career options and areas of specialty. Nursing also offers the opportunity for advancement by pursuing a graduate degree,” said Garrison, who also entered nursing as a second career (he received his first degree in individual and family studies from Penn State in 1987).

“Nursing offers good pay, flexibility, and job security,” Garrison added. “These things are often lacking in traditionally male-dominated careers, as the *New York Times* article points out.”

Some men, such as **Eli Norris**, find nursing to be a natural transition from military service. “As a medic in the U.S. Navy, I saw and treated many remarkable patients and

worked alongside some of the best doctors and nurses the Navy had,” said Norris, a student in the Nursing program at Penn State Erie, The Behrend College. “I realized that practicing medicine in any aspect is the most rewarding thing I could do.”

As the *Times* article mentions, men who decide to pursue medical careers usually become doctors rather than nurses. This may be due to a misperception of the role of nurses in patient care, said **Tyler Petti**, who graduated in May from University Park.

“From a young age, I liked trying to make a difference in the lives of others by making them feel physically, mentally, emotionally, and spiritually healthier, which is exactly what nurses do,” Petti said. “When I researched medical careers in high school, I concluded that nurses are the ones who promote positive holistic lifestyle changes the most. That solidified my choice.

“Men in nursing are often classified as ‘caring too much,’ or as feminine,” he continued. “But I don’t view making a positive difference in every patient’s life as feminine at all.”

In fact, nursing provides an element of urgency and intensity that many men find appealing. **Caleb Lehman**, a rising junior at University Park, worked as a certified emergency medical technician in high school. Through that experience, he developed a strong interest in critical care that he plans to parlay into a career as a flight nurse.

“Nurses sacrifice to help people in need, and that’s a very honorable thing to do,” he said.

Dan Eaton, an instructor in nursing at Penn State Behrend, also worked as an EMT and volunteer firefighter as a high school student. Nursing offers the same fast-paced experience that he loved as a first responder, he said.

“Every day is different and you always have to be on your toes because you never know what will happen next,” he said. “You have to keep up with changes in practice and policy and the latest technology. There is a highly technical side to nursing that I think is attractive to many men. At the same time, many men value careers where relationships and caring are important. Nursing is a job where you can and do make an impact every day.

“There is such a need for highly trained, skillful, and compassionate nurses, and breaking down gender barriers will help us meet these needs,” Eaton concluded. “We need nurses who not only are intelligent but also have the people skills needed to connect with patients.”

Garrison concurred, saying that the increase in the number of men in nursing shows that the usual gender stereotypes no longer apply.

“We need to recruit the best and brightest into the profession regardless of ethnicity or gender,” he said.

* Claire Cain Miller and Ruth Fremson, “‘Forget About the Stigma’: Male Nurses Explain Why Nursing Is a Job of the Future for Men,” *New York Times*, January 4, 2018.

NEW FACULTY

The College of Nursing is pleased to introduce the newest additions to our tenure-line research faculty.



Oluwamuyiwa Winifred (Winnie) Adebayo, PhD, BSN, RN, began her appointment as an assistant professor of nursing in February. She has a Ph.D. in nursing from the University of Miami and a B.S.N. from South Carolina State University. Inspired by her passion for the health of college students to pursue research on sexually transmitted infections (STIs), she plans to work with this population to increase rates of proactive STI testing and reduce transmission. Adebayo's training included skills in health disparity research, particularly among marginalized populations. Her clinical experience includes emergency room and pediatric HIV nursing, with a focus on the care of vulnerable populations. Together, her diverse clinical and research experiences have provided a strong foundation for community-engaged research to improve sexual health outcomes for college students.



Jocelyn Christine Anderson, PhD, RN, FNE-A, SANE-A, CNRN, will begin her appointment as an assistant professor of nursing in August. She has a Ph.D. in nursing and an M.S.N. from Johns Hopkins University, and a B.S.N. from St. Cloud State University. An expert in forensic examination, Anderson is finishing a postdoctoral fellowship at the University of Pittsburgh School of Medicine under a cluster randomized trial of an alcohol and sexual violence intervention at a college health center. At Johns Hopkins, she collaborated on research projects addressing sexual assault and intimate partner violence. Before accepting her position at Penn State, she worked as a sexual assault nurse examiner at UPMC Mercy Hospital in Pittsburgh, and as a nurse at Children's Hospital of Pittsburgh of UPMC.



Jacqueline Mogle, PhD, joined the College of Nursing faculty in 2014 as an assistant professor on the clinical track, and transitioned to her current position as an assistant research professor in 2017. Mogle received her Ph.D. in experimental psychology from Syracuse University, where she trained in research methodology and cognitive aging. Her background includes affiliations with Penn State's Center for Healthy Aging and Population Research Institute as well as her current affiliation with the Center of Geriatric Nursing Excellence. Mogle has two primary areas of research: (1) methodological, with a focus on measurement and the statistical analysis of complex data sets; and (2) subjective memory in older adults, including daily memory lapses, assessment models, impact of memory perceptions on daily activities and functioning, and statistical analysis for longitudinal and intensive research designs.

P R O M O T I O N



Britney Wardecker, PhD, began her appointment as an assistant professor of nursing on July 1. Previously, she was a postdoctoral Fellow with the Center for Healthy Aging in Penn State's College of Health and Human Development, where her research program focused on aging, health disparities, and well-being among sexual minority individuals. After receiving a B.S. in psychology with a biology minor from Penn State in 2009, Wardecker went on to earn both an M.S. and a Ph.D. in psychology from the University of Michigan. Her research interests are promoting health equity for lesbian, gay, bisexual, and transgender (LGBT) older adults; examining health disparities and individual differences in health (such as age, gender, and sexual orientation); and biomarker measurement.

Marie Boltz, PhD, RN, GNP-BC, FGSA, FAAN, was promoted to professor and appointed the Elouise R. and Robert Eberly Endowed Chair, effective July 1. Boltz joined the Penn State faculty in 2016 as an associate professor of nursing and senior faculty associate with the Center of Geriatric Nursing Excellence. Before coming to Penn State, she was on the faculty at New York University and Boston College. Her areas of research, funded by NIH (National Institute on Aging and National



Institute of Nursing Research), the Alzheimer's Association, and multiple foundations, include dementia-capable and family-centered interventions to promote physical and cognitive function, geriatric implementation science, and the geriatric care environment, including measures of quality.

Boltz completed a bachelor's degree in nursing at LaSalle University, a master's degree in gerontological nursing at the University of Pennsylvania, a Ph.D. in research and theory development at New York University, and a postdoctoral fellowship at the University of Maryland. She is a board-certified gerontologic nurse practitioner and a Fellow in the American Academy of Nursing and the Gerontological Society of America.



The Pennsylvania State Nurses Association (PSNA) has approved the college's application for renewal as an approved provider of continuing nursing education through August 1, 2021. As an approved provider, we are able to offer events for which nurses can earn continuing nursing education (CNE) credits in order to maintain an active RN license. Each event we offer is designed to meet standards set by the PSNA. For more information, call the College of Nursing Outreach office at 814-863-2239 or nursece@psu.edu.

2017-18 IN REVIEW

JULY



• Harrisburg clinical faculty member **Whitney Nevins** worked with the Bright Horizons child learning center on campus to conduct two-day clinical rotations for NURS 306, Nursing Care of Children and Adolescents. Students focused on developmental assessment, health promotion, and communication. "Today's nursing student is less likely to have experience babysitting or caring for younger siblings," Nevins said. "For many students, this was their first time engaging with young children."



• Visitors experimented with virtual reality and got a glimpse into the work of forensic nurses during the opening of the forensic simulation lab for the Pennsylvania Sexual Assault Forensic Examination and Telehealth (SAFE-T) Center July 25. The event featured technology-rich interactive displays that showcased the center's innovative approaches to telehealth technology.

AUGUST

• As part of the college's Collaborative Seminar Series, Cindy Jones of the Menzies Health Institute Queensland in Australia spoke on engagement of and sexual expression in persons with dementia to faculty and students in the College of Nursing and researchers at the Madlyn and Leonard Abramson Center for Jewish Life in Horsham, Pa.



• On August 31, Penn State Mont Alto dedicated the Summit Health Nursing Lab and celebrated the arrival of Lucina, a wireless maternal simulator that allows Nursing students to practice a wide range of birthing scenarios. A gift of \$125,000 from Summit Health helped with the purchase of Lucina as well as training, incidentals, and extended warranty options. "Penn State is advancing the Nursing program to educate and prepare students for rare, high-risk emergencies," said **Carranda Barkdoll**, coordinator of the Mont Alto Nursing program.

SEPTEMBER

• The college announced that Penn State Shenango would begin offering two Nurse Practitioner options of the M.S.N. degree program in fall 2018. Shenango became one of five campuses to offer the Family Nurse

Practitioner and Adult Gerontology Primary Care Nurse Practitioner options. "We are delighted to expand our Nursing degree offerings at Shenango, which allow nurses in our community the opportunity to earn their graduate program degree," said **Jo Anne Carrick**, Shenango campus director and chief academic officer. Courses will be delivered via videoconferencing technology and online, with clinical practices held locally in partnership with Primary Health Network.

OCTOBER



• Muma Downs, professor of dementia studies at the University of Bradford, United Kingdom, joined faculty member **Marie Boltz** for an interdisciplinary conference, "Improving Care Transitions for Persons with Dementia," on October 12. Downs and Boltz presented national and international perspectives, followed by a panel discussion with researchers, care providers, and advocacy group representatives. The conference was co-sponsored by Juniper Village Senior Living at Brookline in State College, Pa.



- The college welcomed nearly 150 parents and family members at Penn State's annual Parents and Families Weekend October 13–15. Our "Carnival of Health" featured carnival-themed games to demonstrate how we educate nurses and promote health. Students provided simulation lab tours and offered health screenings, while faculty and staff shared information on our research, educational technology, and the Center of Geriatric Nursing Excellence.

NOVEMBER



- Students from NURS 415 (Community and Family Health Nursing) teamed with the Penn State College of Information Sciences and Technology (IST) for a third-place finish in the final round of the fourth annual mHealth Challenge on November 14. The team developed a prototype for an app they named "Vax Trax," which they designed to help parents keep track of their children's immunizations. Team members were **Katie Mueller** and **Alayna Hettinger** from Nursing, along with Chris Carradorini and Matthios Dejene from IST.

DECEMBER

- The College of Nursing was one of 31 schools of nursing selected to receive a grant from the Robert Wood Johnson Foundation's final funding cohort of the Future of Nursing Scholars program. The program provides financial support, mentoring, and leadership development to selected scholars who commit to completing their Ph.D. studies in an expedited three-year time frame. Doctoral students **Rachel Arendacs** and **Emily Whitaker** were selected to receive the scholarship.

MARCH

- Students in the RN to B.S.N. program at Penn State Abington completed their capstone projects by displaying informational exhibits at the campus' annual Spring Health Fair, held March 1 this year. The students met some of the requirements for their capstone course, Integrated Concepts in Nursing Practice, while providing health care information relevant to the campus population. Topics included skin cancer, depression and anxiety, emergency preparedness, allergies and asthma, concussions, and epilepsy. "The students were so appreciative, and I believe I actually made a difference," said one student who provided information on holistic stress management.

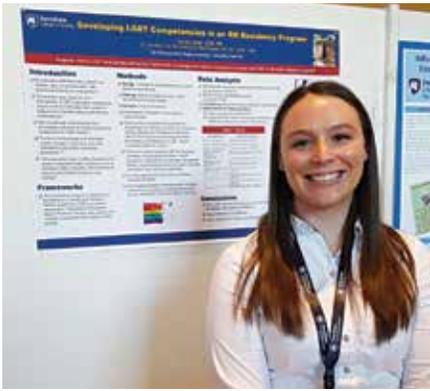


- Students from University Park and Harrisburg traveled to Honduras during spring break for an embedded international travel component

for NURS 499 (Foreign Study). The service learning trip was coordinated through Healthy Niños Honduras, a Pennsylvania-based organization that focuses on helping children with malnutrition. The group participated in health and construction brigades in rural villages. The students impacted the lives of almost 700 people through activities such as distributing medications and vitamins and pouring concrete floors in homes to decrease the risk of intestinal parasites and respiratory conditions. "Immersion in a multicultural experience expands horizons, informs practice, and enhances understanding of our role in global citizenship," said **Marianne Adam**, RN to B.S.N. program coordinator at Penn State Schuylkill, who accompanied the students. "These trips can be résumé builders, but they also give students a greater understanding of what happens outside the United States."



- Ruth McDermott-Levy, associate professor and director of the Center for Global and Public Health at Villanova University, presented a lecture on "Planetary Health: An Upstream Approach to Addressing the Needs of Patients and Communities" on March 21. McDermott-Levy addressed planetary health as it relates to the health of patients and communities, the relationship between planetary health and environmental impacts, and ways to improve health from an ecological perspective. Co-sponsors for the event were Penn State's Sustainability Institute, Rock Ethics Institute, University Libraries, and Center for Spiritual and Ethical Development.



• Seven doctoral students presented posters at Penn State's 33rd Annual Graduate Exhibition March 23 and 25. **Ashley Miller**, a student in the doctor of nursing practice (D.N.P.) degree program, won first place in the Health and Life Sciences category for "Developing LGBT Competencies in an RN Residency Program." D.N.P. student **Allyson Favuzza** placed third in the same category for "Increasing Human Papillomavirus Vaccination Rates Through a Multimedia Intervention."



• **Samantha Donnelly**, a student in the B.S.N. program at University Park, won second place in the Smeal College of Business' START (Striving Toward Awareness and Respect for Tomorrow) Diversity Essay Contest for her essay, "The Flaming Hot Cheeto of Diversity." Donnelly received a scholarship award at the 2018 START Conference on March 29. The annual conference focuses on business initiatives in diversity.

APRIL

• The college hosted a panel discussion April 6 to provide education on the opioid epidemic and its state-wide impact. "The Opioid Epidemic: Impacts on Nursing, the Community, and Family" included information and testimonials from a panel of health care and law enforcement experts to help increase awareness and identify solutions.



• On April 6, Penn State's SNAP Chapter presented their first-ever resolution at the National Student Nurses' Association (NSNA) annual convention in Nashville. The resolution, "In Support of Increasing Education and Political Awareness in Nursing Students about Physician-Assisted Dying," was passed and voted to become official policy for the NSNA. Penn State SNAP members **Hunter Murdoch, Fatima Carranza, Mackenzie Bergstrom, Anna Tercek, Jessica Hernandez, Jillian Salwach, and Daniel Little** authored the resolution. "We are learning so much as we shape ourselves into the best nurses and people we can possibly be," said **Maria San Román**, chapter president.

• Four outstanding student award winners were recognized at the fourth annual Scholarship and Awards Celebration on April 7.



Lauren Huber received the Alumni Society Undergraduate Student Service Award. Huber traveled to Panama with Penn State's Global Medical Brigades chapter, helped students master difficult concepts as a teaching assistant, and participated in THON through SNAP. She took part in the Women's Leadership Initiative in 2016 and was selected for membership in Sigma Theta Tau International. Throughout her college experience, Huber worked three different jobs while maintaining an above-average academic standing.



Emily Whitaker received the Alumni Society Graduate Student Service Award. Whitaker represents the Center of Geriatric Nursing Excellence (CGNE) as a student affiliate and serves as the student representative on the College of Health and Human Development's Nursing Graduate Council. She participates in the Eastern Nursing Research Society (ENRS) Aging Research Interest Group and speaks with undergraduate students about her interest in a research-focused career. Whitaker volunteers with the United Way, Meals on Wheels, and her local church. She also offers guidance and support with mental health issues and assists students with housing and food service needs.



Madeline Verbeke received the Beta Sigma Student Achievement Award. A Schreyer Honors Scholar, Verbeke completed an undergraduate thesis titled "The Development of Atherosclerosis in Marathon Runners." She was a member of the Navigators inter-denominational faith group, and served as vice president and THON chair and dancer for the Penn State

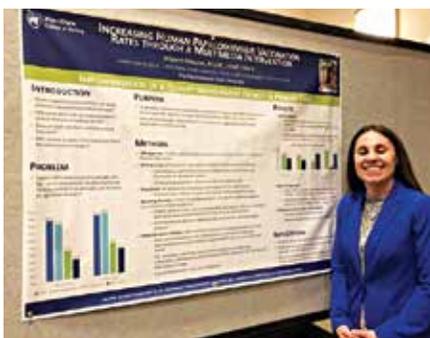
Club Cross-Country Team. Upon graduation in May, Verbeke accepted a position in the cardiac step-down unit at MedStar Washington Hospital Center in Washington, D.C.



Tess Feury received the Kim Gedney-Guzik Award. Feury demonstrated teamwork and sportsmanship as a member of the USA Rugby D1 Collegiate

National Championship team. An actively engaged student, she was captain of the Penn State women's rugby team, chair of the college's THON medication administration committee, and a member of SNAP. Her plans include working in an oncology setting while pursuing her advanced practice degree and continuing to play rugby as often as she can fit it into her hectic schedule.

- Andrew Belser, 2017–18 Penn State Laureate and a faculty member in Penn State's School of Theatre, was the keynote presenter at the sixth annual CGNE Alumni and Friends Brunch April 8. Belser's talk, "FaceAge: Empathy Rising Across Generations," was based on his award-winning multimedia installation and documentary film exploring issues of identity, gender, sexuality, and ethnicity through the lens of aging. The College of Nursing served as the lead research partner for the FaceAge project.



- At the ENRS Scientific Sessions April 11–13, six students placed for poster presentations.

- D.N.P. Student Peer-Reviewed Posters: **Allyson Favuzza** (first place), **Jill Kargo** (second place), **Ashley Miller** (third place)
- School-Sponsored Posters: **Katlyn Reynolds** (first place, B.S.N.), **Emily Whitaker** (first place, master's degree), **Abigail McGinnis** (first place, early Ph.D.)

- In a unique intercollege collaboration, the SAFE-T Center served as a capstone project for the Sapphire Leadership Academic

Program in Penn State's Smeal College of Business. A team of four Smeal students and a senior Nursing student, **Liz Ruta**, developed a 20-page business plan, featuring a thorough cost analysis and detailed proposal for funding and partnerships, which they presented to the center's statewide advisory board during its biannual meeting April 17. **Sheridan Miyamoto**, assistant professor of nursing and principal investigator with the SAFE-T Center, called their effort "exceedingly professional," noting that it answered some of the board members' questions and addressed the next steps for the center.



- For the first time, Nursing students participated in the annual Undergraduate Research and Creative Activities Fair at Penn State Altoona. **Stephanie Knaub** won first place for her poster and presentation titled "Cardiovascular Health Disparities Among Women." **Abby Stedding** won second place with "Breastfeeding or Bottle-Feeding in Regard to Immunity Development." Third place went to "Antidepressant Use in the Elderly," a group poster/presentation by **Knaub, Maddie Duty, Rachael Kuntz, and Alyson Eck.**

MAY

- **Taylor Renee Dietrich** had the honor of representing her classmates as student marshal for the spring 2018 B.S.N. commencement ceremony at University Park on May 5. The daughter of Tom Dietrich and Amy Dietrich, both of Belleville, Pa., Dietrich graduated with a 3.99 grade-point average. A 2014 graduate of Mifflin County High School in Lewistown, Pa., she is a member of the Beta Sigma chapter of Sigma Theta Tau International Honor Society of Nursing. Her honors included Penn State's Evan Pugh Scholar Award, President's Freshman Award, and President Sparks Award. Dietrich was active with THON as fundraising finance chair for the SNAP team, a member of the college's medication administration committee, and an independent dancer. She also participated as a protégé in the Alumni Mentoring Program. In July, Dietrich began a position on the pediatric intermediate care unit at Penn State Hershey Children's Hospital. **Raymonde Brown**, associate dean for undergraduate education, escorted Dietrich as the faculty marshal.



Mont Alto, and Scranton campuses.

- On May 22, Mont Alto faculty and staff conducted obstetric emergency simulation drills at the Waynesboro Hospital family birthing unit. Six teams of RNs and midwives practiced skills and team dynamics essential to managing shoulder dystocia. Use of the CAE Lucina high-fidelity birthing simulator from the campus' simulation lab provided a realistic presentation of the emergency and response to interventions. The Mont Alto team has been scheduled to conduct similar experiences at another hospital in the near future.

FACULTY NOTES



Each year, the College of Nursing recognizes an outstanding faculty member at University Park or Hershey with the Janet A. Williamson Excellence in Teaching Award.

Elaine McKenna, instructor in nursing at Hershey, received the 2018 award on April 6.

McKenna's passion for teaching and enthusiasm for mental health nursing are palpable during her lectures. Outside the classroom, students look to her as a mentor and role model, often seeking her advice and counsel. A thoughtful and caring communicator, McKenna inspires students to care for more than a patient's medical diagnosis. Her mantra, "There is no health without mental health," resonates with both students and colleagues.

The Janet A. Williamson Excellence in Teaching Award is presented to a faculty member who embodies excellence in nursing education by inspiring students to learn and by serving as an outstanding role model. The late Dr. Williamson, a former department head and director of the School of Nursing, was a passionate educator who taught students the complexity of physiology, pathophysiology, and nursing theory.



Assistant Professor **Ying-Ling Jao** will serve in the Schreyer Honors College's Distinguished Honors Faculty Program from August 2018 through May 2020. During this period, she will implement a program titled "Inspiring Young Scholars through the Study of Older Adults." Jao plans to engage students in learning activities that will increase their knowledge, empathy, and comfort level in interacting with older adults. The program will include field trips to long-term care settings, where Schreyer Scholars will engage in activities with residents.



Associate Professor **Lisa Kitko** was inducted as a Fellow of the American Academy of Nursing (AAN) in October. Kitko's seminal contributions to the nursing field are in the area of palliative care. In 2015, she was

selected for a Macy Faculty Scholarship for educational innovators in medicine and nursing, through which she developed and implemented an online interdisciplinary certificate program in palliative care. Her research focuses on the palliative and end-of-life needs of persons living with advanced heart failure and their family caregivers. A member of the Penn State Nursing faculty since 2002, Kitko was inducted as a Fellow of the American Heart Association in 2015. Her other awards include a Nursing Investigator Award from the European Society of Cardiology and the Janet A. Williamson Award from the Penn State College of Nursing.



Mike Evans, assistant chief academic officer and associate teaching professor of nursing at Penn State Scranton, received the 2018–19 University College Teaching Award in May. He was selected from more than 30 nominations based on his intellectually demanding curriculum, innovative teaching practices, commitment to students' academic development, and positive lasting impact on students. Currently, Evans teaches courses at Scranton and online for the baccalaureate, RN to B.S.N., and graduate programs.



Kimberly Van Haitsma, associate professor and director of the Program for Person-Centered Living Systems of Care, received the 2017 award for Outstanding Contribution to Psychology in Long-Term Care from the organization Psychologists in Long-Term Care, Inc. (PLTC). Van Haitsma was selected based on her research on quality of life and well-being in nursing home residents, and for actively mentoring other psychologists in training and building professional collaborative work. PLTC is a network of psychologists and other professionals dedicated to enhancing mental health and quality of life for those involved in long-term care through practice, research, and advocacy.

STAFF NEWS



Rosemary Wherry, records specialist in the Undergraduate Programs office, received the 2018 College of Nursing Staff Appreciation Award, established to recognize a staff member who goes above and beyond their normal scope of duties to further the college's mission. Wherry is a problem solver and team player who never misses an opportunity to volunteer for a College of Nursing event. Students credit the success of the annual Career Fair to her guidance and expertise in event planning; faculty describe her as a "logistical mastermind" when it comes to planning

the Accepted Student Program, New Student Orientation, Sophomore Open House, and Spend a Summer Day. Wherry also regularly seeks to improve her technology skills in order to find new ways of delivering information to students.



Mary Runco, administrative assistant at Penn State Scranton, received the campus' Award for Excellence in Support Services in August 2017. The annual award recognizes staff members for their contribution to the teaching-learning climate on campus. "Mary is the heart and soul of the nursing department," her nominator wrote. "She works diligently every day to ensure that all faculty have their needs met."



Thomas Hired As Director of Diversity and Inclusion Initiatives

The college welcomed its first director of diversity and inclusion initiatives in August 2017. **Tina Thomas** serves both the Colleges of Nursing and Health and Human Development in her new role. She provides support to underrepresented undergraduate and graduate students and coordinates activities and programs aimed at recruiting and retaining these students. Thomas has worked in academic advising at Penn State for more than 12 years. Before accepting her current position, she was a counselor for the Millennium Scholars Program. Thomas has a Ph.D. in workforce education and development from Penn State and completed the Emerging Leaders leadership development program in 2016.

CELEBRATING SERVICE

Employee Recognition Ceremony

The College of Nursing relies on the expertise of our staff to support our education, research, and outreach missions. We are fortunate to have dedicated staff members who have committed a significant portion of their careers to the college. We celebrated five-year increments of service at the inaugural staff recognition celebration in June. The celebration was a small gesture to thank all staff for their service and recognize those who have sustained service to the college. Employees recognized this year collectively provided 100 years of service to the College of Nursing.

15 YEARS

Lori Propst

10 YEARS

Amy Forsythe
Leslie Hutchins
Diane Jankura
Kori Johnsonbaugh
Tana McGhee-Wegner
Xiao Sheng
Rosemary Wherry

5 YEARS

Kim Hodges
Beverly Molnar
Eva Zeisky

NEW FACULTY

Oluwamuyiwa Winifred Adebayo, PhD, BSN, RN—Assistant Professor
Kristen Altdoerffer, DNP, CRNP, CPNP-PC—Associate Teaching Professor (Hershey)
Jocelyn Anderson, PhD, R, FNE-A, SANE-A, CNRN—Assistant Professor
Shaweta Gupta, PhD—Assistant Research Professor
Kristal Hockenberry, MSN, RN—Instructor
Sharilee Meyer Hrabovsky, DEd—Assistant Research Professor (Hershey)
Christina Lightner, MSN—Instructor (Hershey)
Mary Beth Mecca, MSN—Instructor (Scranton)
Whitney Nevins, MSN, RN—Instructor (Harrisburg)
Joyce Taylor, RN, PhD—Associate Teaching Professor (Abington)
Allison Tomczyk, MSN, RNC-OB—Instructor (Scranton)
Britney Wardecker, PhD—Assistant Professor
Beth Ann White, MSN, ANP-C—Assistant Teaching Professor
Kelly Worozbyt, RN, MSN—Instructor (Scranton)

PROMOTIONS

Marie Boltz—Elouise R. and Robert Eberly Endowed Chair and Professor

RETIREMENTS

Janet Fogg—Assistant Professor of Nursing; Coordinator, Nursing program, Penn State Hershey

NEW STAFF

Patricia Behm, Administrative Support Assistant (Altoona)
Lynda Bennett, Administrative Support Assistant, Undergraduate Programs
Ruth Bish, Coordinator, Program for Enhancing Excellence in Care (PEEC), Center of Geriatric Nursing Excellence
Cynthia Bittner, Research Project Manager, Sexual Assault Forensic Examination Telehealth (SAFE-T) Center
Jeanne Ferrara, Financial Assistant, Finance and Administration
Autumn Hannagan, Education Program Associate, Outreach and Continuing Education
Erica Husser, Project Director, Researching Efficient Approaches to Delirium Identification (READI)
Ashley Kuzmik, Research Project Manager, Reducing Disability via a Family-Centered Intervention for Acutely Ill Persons with Alzheimer's Disease and Related Dementias
Donna Massari, Administrative Support Assistant, Center of Geriatric Nursing Excellence
Morgann McAfee, Multimedia Specialist, Multimedia, Marketing, and Communication
Khusbu Patel, Administrative Support Assistant, Graduate Programs (Hershey)
Caroline Pierce, Data Analyst, Finance and Administration
Deborah Rosen, Program Manager, RN to B.S.N. Program (Abington)
Tina Thomas, Director of Diversity and Inclusion Initiatives, Diversity Enhancement
Abigail Zlockie, Instructional Designer, Learning Design

Dear Friends & Fellow Alumni,

The past two years have been a whirlwind. Developing awards, organizing networking events, and continuing to grow the mentoring program are just a few of the many projects the Alumni Society board has been working on. As I begin my term as president, it will be an honor to represent my fellow Nursing alumni on Alumni Council.



Dr. **Janice Penrod**, interim dean of the college for the past year, has been an exemplary leader and supporter of the Nursing Alumni Society as we continue to grow. I extend my sincere thanks and best wishes to Dr. Penrod as she moves on to her next endeavor. As we say farewell, we also welcome the new dean, **Laurie Badzek**, who begins July 1.

The mentoring program has grown to 69 student/alumni pairs. Board members, alumni, and students participated in the 2017 Homecoming parade—our second year as an official alumni society! Our tailgate in September had a great turnout of alumni, family, and friends. The 2018 Spring Alumni and Friends weekend was packed with interesting panel discussions, research presentations, and nursing innovation. This year's Vallance Lecture featured a heartwarming performance that combined art and emotion through the eyes of both patient and caregiver. We look forward to more collaboration between the arts and sciences.

At our fourth annual Scholarship and Awards Celebration, we presented the Undergraduate and Graduate Student Service awards, as well as our Shirley Novosel Distinguished Alumni Award. If you know of a deserving student or alumna/alumnus, please consider nominating him or her for one of next year's awards. Information about the nominating process can be found on the College of Nursing website.

We're always looking for alumni to serve on our board and supporting committees. Please contact **Kim Woodward** (kms40@psu.edu) if you are interested in getting involved. If you are a graduate of the College of Nursing and a member of the Penn State Alumni Association, you are automatically a member of the College of Nursing Alumni Society and eligible to serve on our board and committees. Want to know more about our upcoming events? Join the Penn State Nursing Alumni Group on Facebook.

I wish you all a happy, healthy summer and hope to see you at our fall events!

For The Glory,
Lauren Thumm Saxton
Lauren Thumm Saxton '08

Join the College of Nursing Alumni Society Board!

Are you interested in being an active member of the Alumni Society Board? If you are a current member of the Penn State Alumni Association, you are automatically a member of the Nursing Alumni Society.



Nominations will be sought as board positions become available. Please consider applying! In the meantime, share our information, attend events, participate in the Mentoring Program, or sign up to be part of Alumni in the Classroom. There are many ways to be involved!

For more information on the Nursing Alumni Society, visit: nursing.psu.edu/alumni

For membership information, visit: alumni.psu.edu/membership



Jackie Graham Named Penn State Alumni Fellow

On October 4, **Jackie Graham '78** was one of 14 Penn State graduates recognized with the lifelong title of Alumni Fellow, the highest award given by the Penn State Alumni Association.

A change agent in health care, Graham has contributed innovative solutions to cardiovascular, neuroscience, and orthopedic programs. She is the founder and former president and CEO of Corazon, Inc., a nationally recognized health care consulting firm in Pittsburgh. Known for cutting-edge expertise in business planning, market analysis, and best practice in patient care, Corazon was recognized by *Modern Healthcare* as one of the "Best Places to Work in Healthcare for 2017."

A graduate of what was then known as the Extended Degree program in Nursing, Graham knew from a young age that she wanted to work in the health care field. Two things shaped her choice: First, "I loved math and science," she said. "Also, I had meningitis as a child, and loved the nurse who took care of me."

Armed with an RN diploma from Mercy Hospital School of Nursing in Pittsburgh and experience in coronary care, home care, and imaging, Graham earned her B.S. degree while raising four children by taking classes at the Greater Allegheny campus. "Having Penn State in Pittsburgh made it very accessible for me," she said, "and for that I am forever grateful."

At age 35, wanting to combine her patient care expertise with the emerging business aspect of the health care field, Graham completed an M.B.A. at the University of Pittsburgh's Katz Business School.

"Getting an M.B.A. was unusual for a nurse in 1985, but for me it was the right thing to do," she said. "I knew I wanted to work with people, create, organize. The health care field was becoming a business, and I felt this was where I belonged."

Within two years, Graham founded Mercy Heart Institute at the Mercy Hospital of Pittsburgh. As executive director, she provided the vision and leadership for its innovative business approach to service line management in health care. In 1995, she decided to parlay that experience into the consulting field, and established Corazon to advance patient care in the cardiovascular, neuroscience, and orthopedic service lines. More than 20 years and 500 clients later, Corazon continues to thrive.

"I have found tremendous benefits and satisfaction in seeing what we can do in the way of improving patient care, efficiency, and access," Graham said.

Her successes have been celebrated with other awards, including the 2003 Ernst & Young Entrepreneur of the Year for Western Pennsylvania; a 2004 Rising Star from the Pittsburgh CLO; one of Pennsylvania's Best 50 Women in Business; and the Distinguished Alumni Award from the Katz School of Business. She lives in the Pittsburgh area with her husband, Richard, and near her four children and nine grandchildren.

Let's Stay Connected!

Our goal is to keep you updated on alumni activities, events, and news. However, we do not have current contact information for many of you. To stay "in the know" about Penn State Nursing, please:

EMAIL

OR

MAIL

your updated information to
conalumni@psu.edu

your updated information to
Kim Woodward
College of Nursing
The Pennsylvania State University
201 Nursing Sciences Building
University Park, PA 16802-6501

PLEASE BE SURE TO INCLUDE:

- your graduation year and degree earned
- your name while a student at Penn State, if different from your current name
- any other information you would like us to have or include in future publications (including high-resolution photos)

THANK YOU!

2018 Spring Alumni & Friends Weekend

We were pleased to see many new and returning faces in April. From the Friday morning panel presentation, "The Opioid Epidemic: Impacts on Nursing, the Community, and Family," to the tour and tasting at Big Spring Spirits in Bellefonte, our alumni and guests participated in a variety of activities.

Save the date for next year's alumni weekend— scheduled for March 28–31, 2019!



Diana Morris Receives 2018 Novosel Award



Diana Lynn Morris '81 of Beachwood, Ohio, was selected to receive the 2018 Shirley Novosel Distinguished Alumni Award, presented by the Penn State Nursing Alumni Society at the College of Nursing's fourth

annual Scholarship and Awards Celebration on April 7.

Established in 1996 in memory of Shirley Novosel, a past president of the Penn State Nursing Alumni APG (Affiliate Program Group), the Novosel Award is presented annually to an alumnus/alumna who exemplifies the spirit of nursing and the College of Nursing's ideals and philosophy. Candidates must be currently active in the nursing profession and demonstrate a caring, professional style and a commitment to the profession.

Morris is the Florence Cellar Associate Professor of Gerontological Nursing at the Frances Payne Bolton School of Nursing at Case Western Reserve University. She is also executive director of the school's University Center on Aging and Health.

"What distinguishes Diana from many of her peers is a consistent high level of community service (that elevates) the contributions of nursing in innumerable arenas of society," said Morris' nominator. Among the many Cleveland-area organizations with which Morris has been involved over the years are the Center for Community Solutions, McGregor Home, West Side Ecumenical Ministry, the Centers for Families and Children, the United Way of Greater Cleveland, and Eliza Bryant Village.

"Diana has been a forerunner of what many in the nursing profession are calling on nurses to do: get involved in one's community, especially in activities that impact public policy," Morris' nominator added.

Morris has held numerous academic positions in the United States and Zimbabwe, as well as clinical positions in the areas of psychiatric, community, and medical/surgical nursing and child psychiatry. She has been active with professional organizations that include the American Academy of Nursing, American Society on Aging, Gerontological Society of America, Society of Rogerian Scholars, and Sigma Theta Tau International Honor Society of Nursing.

In addition to a bachelor of science degree in nursing from Penn State, Morris holds master's and doctoral degrees in nursing from Case Western Reserve University.

Alumni Inducted Into American Academy of Nursing

Congratulations to the following alumni who were inducted as Fellows of the American Academy of Nursing on October 7, 2017:

- **Donna Hart Gage** '10g, PhD, RN, NE-BC, FAAN
Health Care Consultant and Mediator, BMC Associates
- **Linda A. Hatfield** '85, PhD, NNP-BC, FAAN
Assistant Professor of Evidence-Based Practice,
University of Pennsylvania School of Nursing
- **Michele J. Upvall** '85, PhD, RN, CNE, FAAN
Professor and Director, Nurse Educator Program,
University of Central Florida College of Nursing

Fellowship in the AAN, one of the most prestigious honors in the nursing profession, is reserved for nursing leaders who have made the most significant contributions to education, management, practice, policy, and research. Selection is based in part on the extent to which nominees' careers have influenced health policies and the health and well-being of all.

ALUMNI NOTES

1980s

Jean Penrose Arlotti '84 received her doctor of nursing practice (D.N.P.) degree from Northern Arizona University in August 2017. She is employed as a family nurse practitioner at Arizona State University Health Services in Phoenix. Jean is married to Daniel Raffaele Arlotti '84 (B.S., Marketing).

2000s

Anniece Spencer '10g received the 2018 State Award for Nurse Practitioner Excellence from the American Association of Nurse Practitioners (AANP) at their national conference in Denver. The award recognizes a nurse practitioner who demonstrates excellence in practice. Spencer received her M.S.N. (Family Nurse Practitioner option) from Penn State in 2010 and is board certified in advanced diabetes management through the American Association of Diabetes Educators. She works as a diabetes clinical manager for Medtronic in St. Louis, Missouri.





With the world as their classroom, Penn State Nursing students are reaching for excellence.

Whether it's pioneering research or a caring exchange with a patient, what nurses do on a daily basis makes our world better.

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For more information contact Susan Kukic, director of development and alumni relations for the College of Nursing, at 814-863-8180 or sik2@psu.edu.



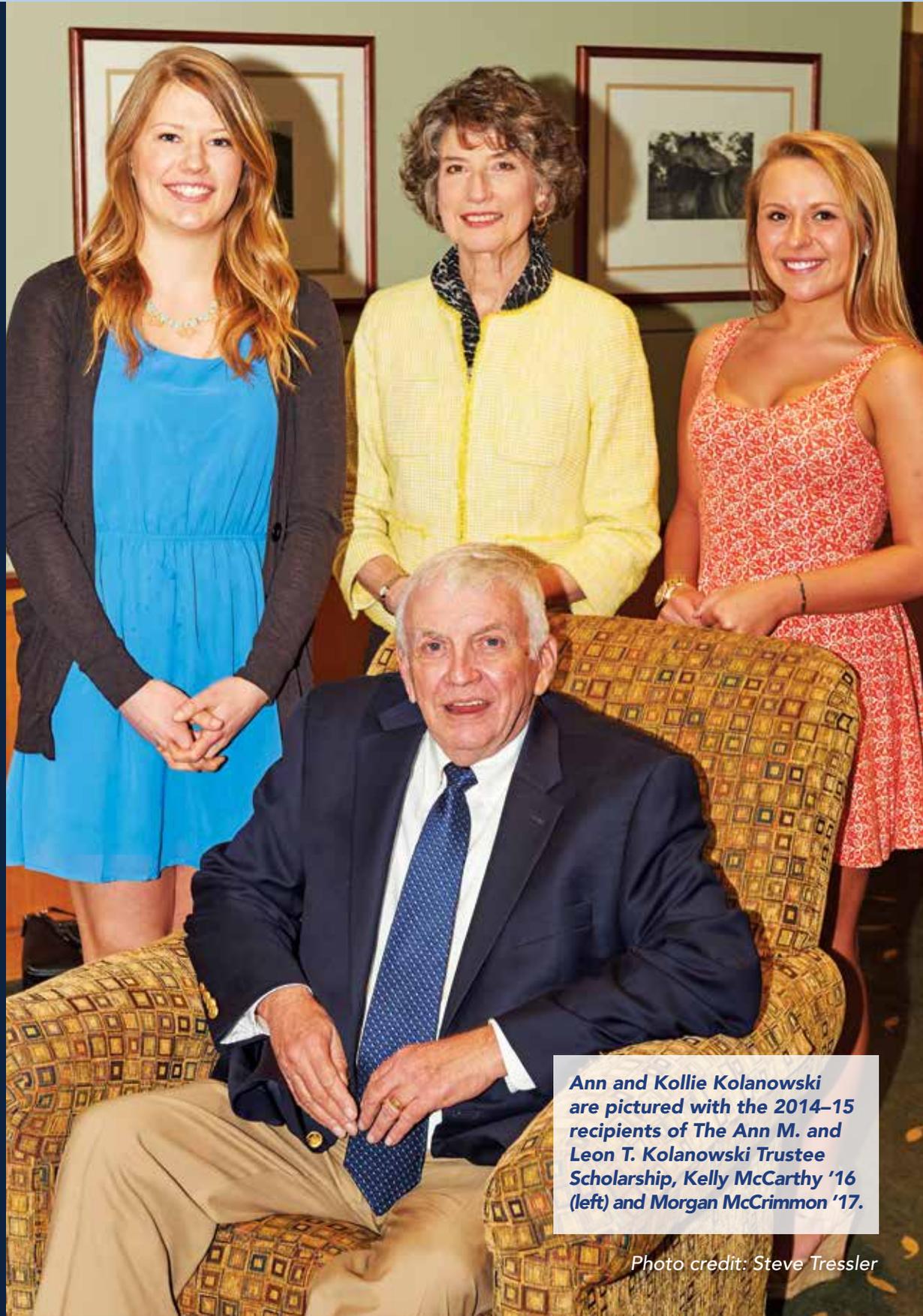
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“The reason we contribute to education is because it brings people together—donor and recipient—to work for the common good.”

—Ann Kolanowski, PhD, RN, FGSA, FAAN, is a professor of nursing and former director of the Center of Geriatric Nursing Excellence at Penn State. She received a master of science degree in Nursing from Penn State in 1980. Her husband, Leon T. “Kollie” Kolanowski, graduated from Penn State in 1966 with a bachelor of arts degree in General Arts and Sciences. Together, they established The Ann M. and Leon T. Kolanowski Trustee Scholarship for Nursing in 2013. So far, eleven Nursing students have received funds from the scholarship.



Ann and Kollie Kolanowski are pictured with the 2014–15 recipients of The Ann M. and Leon T. Kolanowski Trustee Scholarship, Kelly McCarthy '16 (left) and Morgan McCrimmon '17.

Photo credit: Steve Tressler



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For more information on giving to the College of Nursing, contact:
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What's Going On?

2018

- August 11** Summer Commencement
- September 14** Dean's Advisory and Development Council
- September 15** Nursing Alumni Tailgate (Penn State vs. Kent State)
- October 6** Mentoring Program Luncheon
- October 12** Homecoming Parade
- October 13** Homecoming (Penn State vs. Michigan State)
- November 5** College of Nursing Fall Career Fair
- November 24** Huddle with the Faculty
Donna Fick, director of the Center of Geriatric Nursing Excellence, will be the featured speaker.
- November 27** Giving Tuesday
- December 15** Fall Commencement

2019

- March 28-31** Spring Alumni Weekend
- March 30** Sigma Theta Tau, Beta Sigma Chapter Spring Induction Ceremony
- April 13** Blue-White Game

For complete and up-to-date information, visit: www.nursing.psu.edu/alumni/events

NOTE: For news about the Penn State College of Health and Human Development, please visit www.hhdev.psu.edu/news.

Archived issues of *Penn State Nursing* magazine are available at www.nursing.psu.edu/magazine/archives.

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This publication is available in alternative media on request.

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A photograph of a group of people at a tailgate event. In the foreground, a line of individuals in dark blue tracksuits and white pom-poms stands on a grass field. A person in a brown bear costume is in the center of the line. In the background, a large blue banner with the white Penn State Nittany Lion logo is visible, along with a crowd of spectators in bleachers.

College of Nursing Alumni Society 2018 Tailgate

JOIN FELLOW NURSING ALUMNI FOR A TAILGATE BEFORE THE PENN STATE VS. KENT STATE GAME.
Date: **Saturday, September 15** • Time: **9:00–11:30 a.m.** • Location: **Suites Lounge, Medlar Field at Lubrano Park**

No charge to attend! Open to all Nursing alumni, family, and friends. RSVP by September 7 to conalumni@psu.edu or 814-863-4039. Please provide the following: name, graduation year, guest names and ages.

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