

My Last Patient

HI! I'M JOHNNA. I'M ALMOST A DOCTOR, BUT IT WAS A LONG ROAD HERE.



IT STARTED FIRST YEAR

DO A PHYSICAL EXAM ON THIS PATIENT

WHICH WAY DOES THIS GO??



... SECOND YEAR...

WHAT'S THE DIFFERENTIAL DIAGNOSIS?

V.I.N.D.I.C.A.T.E.?



... START OF THIRD YEAR...

DO A WELL-CHILD CHECK!

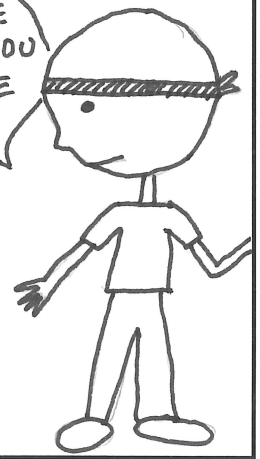
OK!



... SURGERY...

CLOSE THE INCISION, YOU HAVE THREE MINUTES

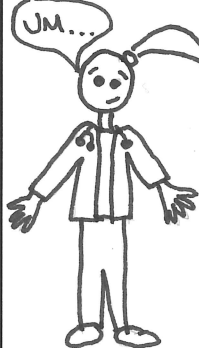
GULP



... END OF THIRD YEAR...

PRESENT THE PATIENT IN ROOM 5

UM...



... ACTING INTERNSHIP...

PATIENT IS A 3-YEAR-OLD MALE WITH A FEVER...



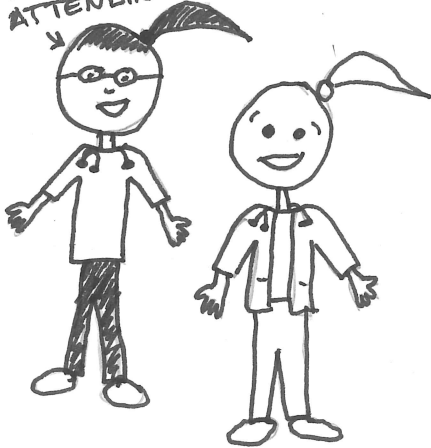
... UNTIL FINALLY...

I REACHED MY LAST CLERKSHIP!



MY LAST ROTATION WAS
PEDIATRIC ENDOCRINOLOGY

AWESOME
ATTENDING
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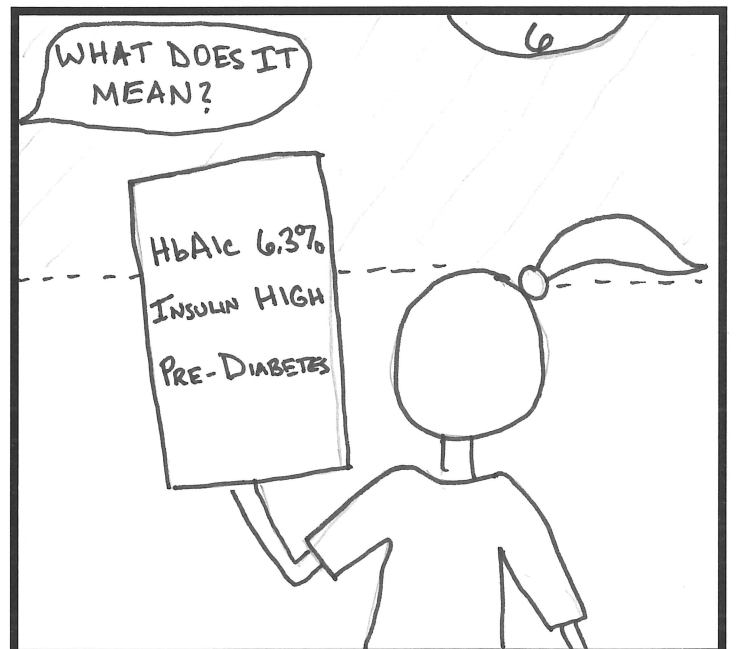
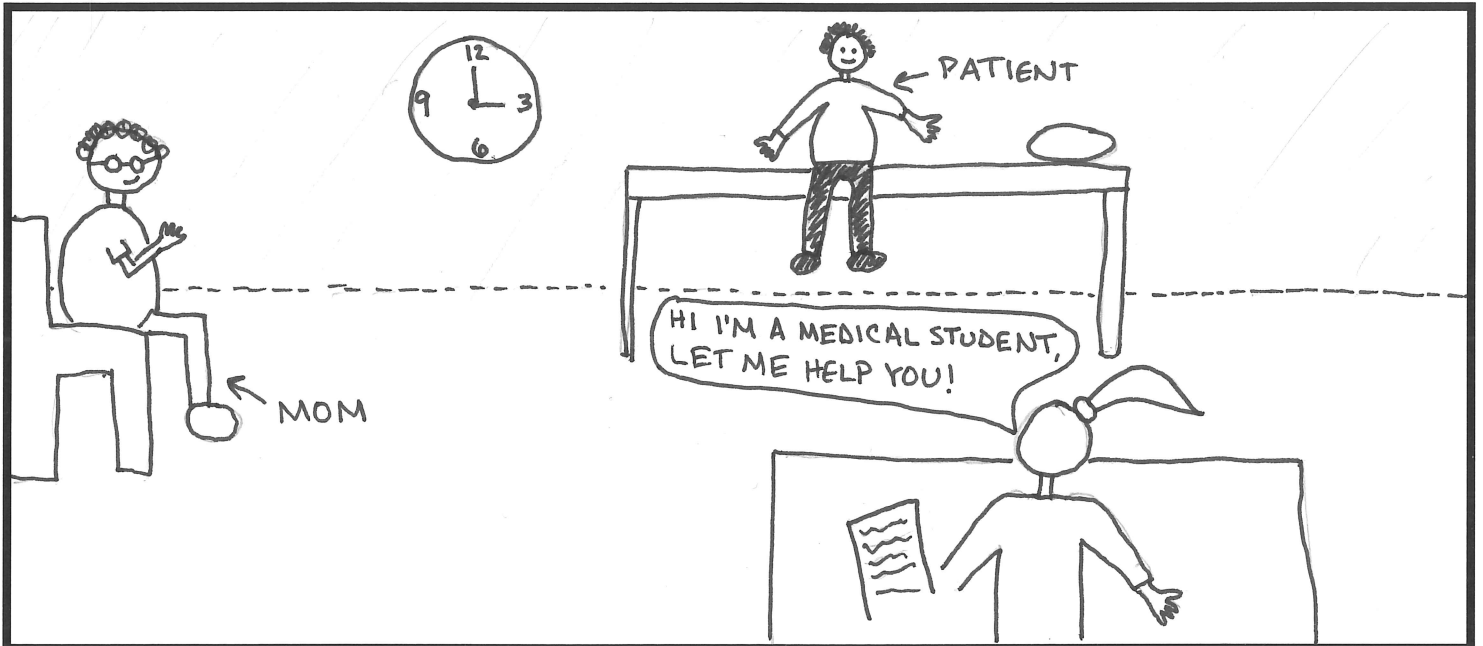
OUR LAST PATIENT IS A
13-YEAR-OLD WITH
HYPOTHYROIDISM

WHY DON'T
YOU SEE HER
BY YOURSELF?



I WAS OVERFLOWING WITH
CONFIDENCE

I CAN
DO THIS!



I DIDN'T KNOW HOW TO EXPLAIN...

UMMM...
YOU'RE AT RISK FOR
DIABETES. YOUR
BODY IS BECOMING
INSULIN-RESISTANT.



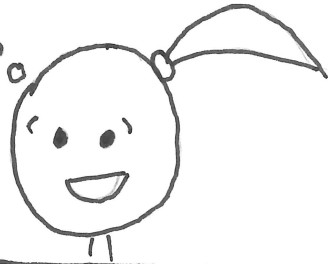
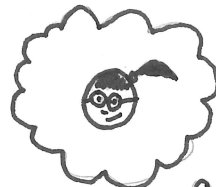
...BUT I STILL TRIED

I WASN'T GETTING THROUGH

I STOPPED EATING
JUNK FOOD! I
CAN'T HAVE
DIABETES!



THEN...



I REMEMBERED WHAT AWESOME
ATTENDING HAD TOLD ME

USE METAPHOR.
SPEAK IN A WAY
THAT THE
PATIENT CAN
UNDERSTAND.

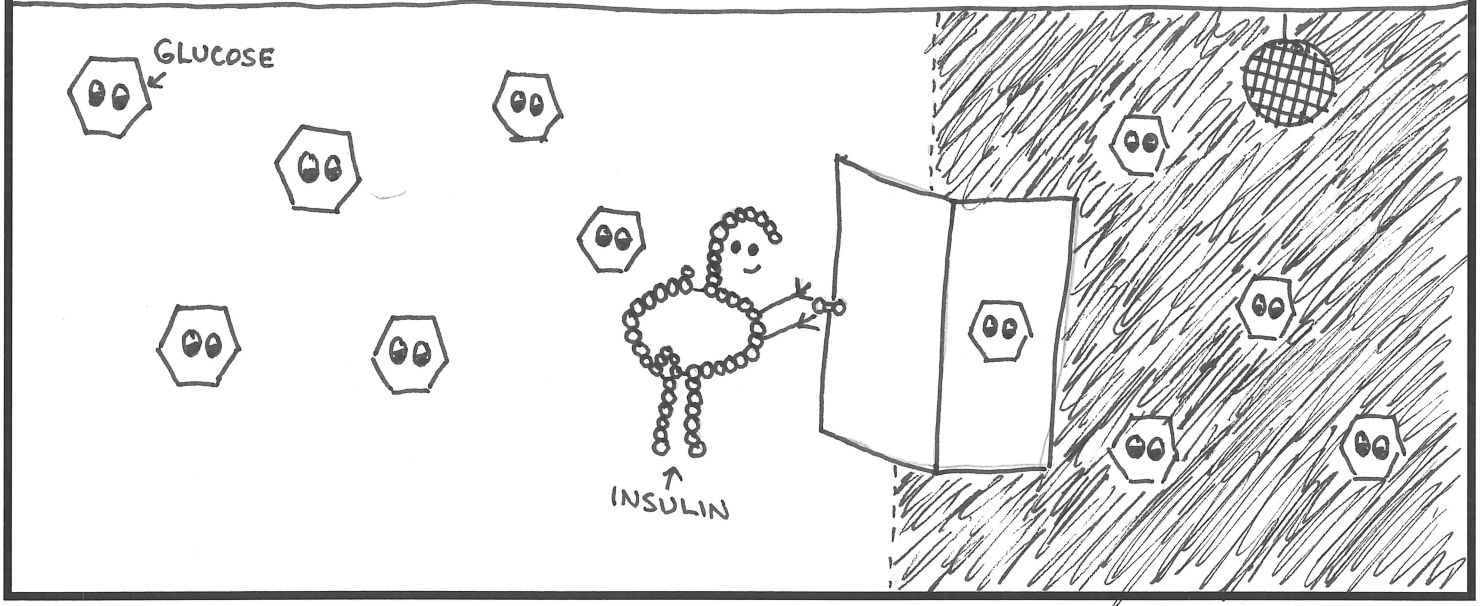


LET ME
EXPLAIN
WHAT INSULIN
DOES!

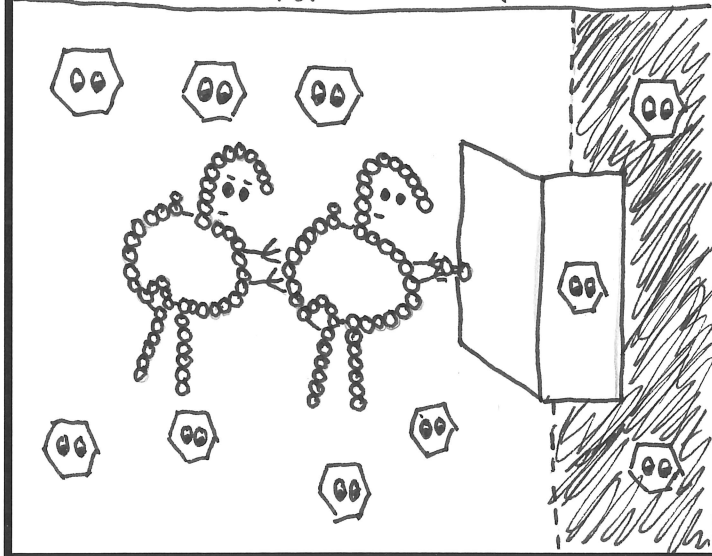


AND I KNEW JUST WHAT TO SAY!

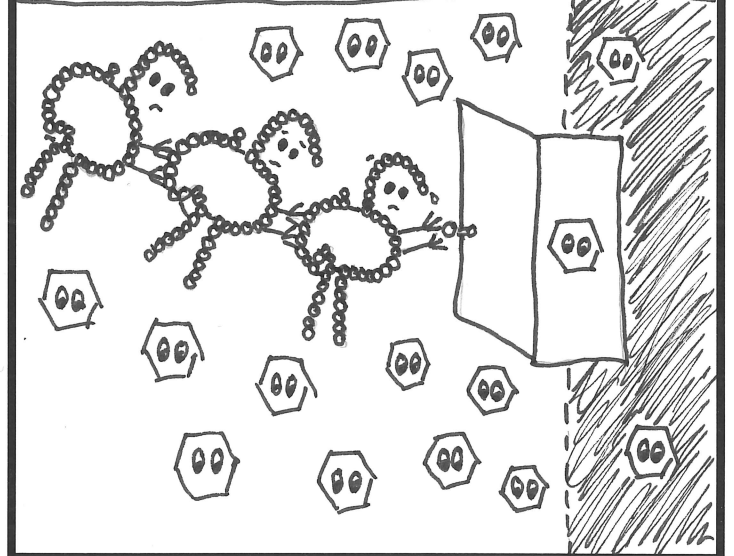
INSULIN ACTS LIKE A DOORMAN, LETTING GLUCOSE INTO THE CELL TO BE USED AS FUEL



AS INSULIN RESISTANCE GROWS, MORE INSULIN IS NEEDED TO OPEN THE DOOR



BLOOD SUGAR INCREASES AS GLUCOSE GETS "STUCK" OUTSIDE THE DOOR



EVENTUALLY, THE BODY CAN'T MAKE ENOUGH INSULIN TO MEET DEMAND, AND THE DOOR STAYS CLOSED.

