

Cheers

Rajasee Foy

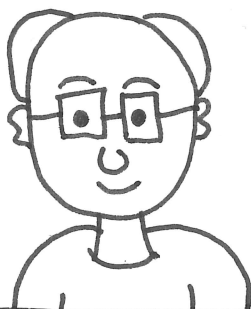
A resident's journey through
guilt, compassion, growth
and forgiveness.

This is Uncle Fred.



I love Uncle Fred.
He helped raise me.

This is Mr. P.



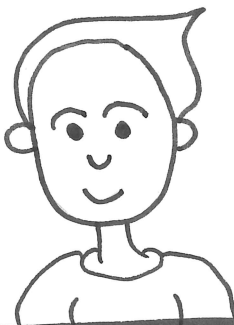
He has been my Medical Home
Patient for the past 2 years.

Meet Dr. Fave.



Based on the name, you can
probably tell how highly he
ranks on my list of mentors.

And this is Me.



A 2nd year Resident
reflecting on some experiences
from medical school.

Medical Home Year 1

Nurse Jackie

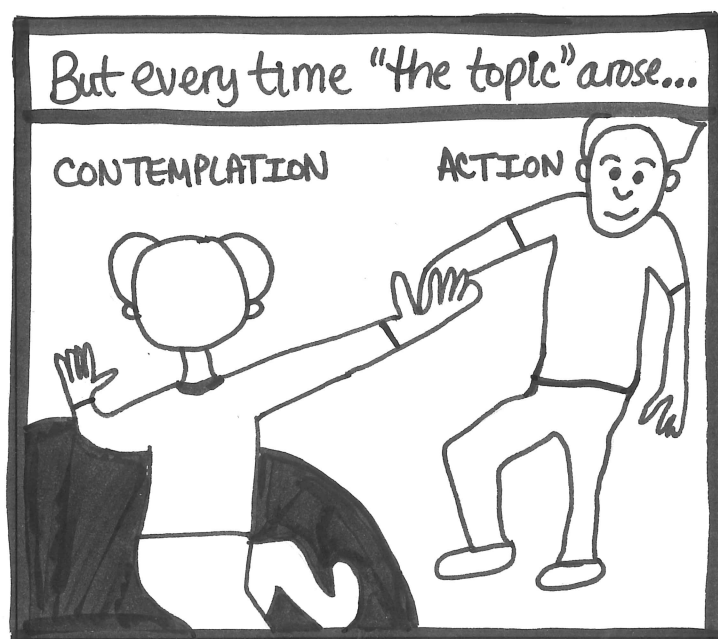
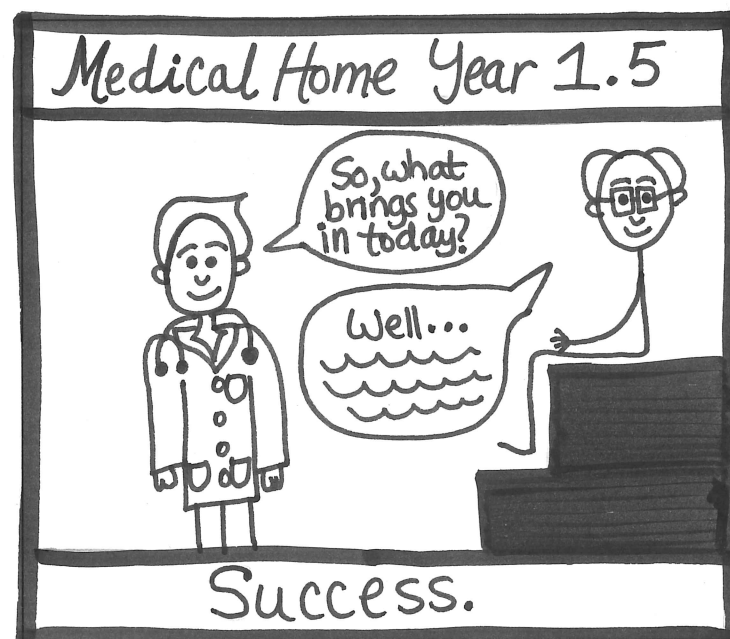
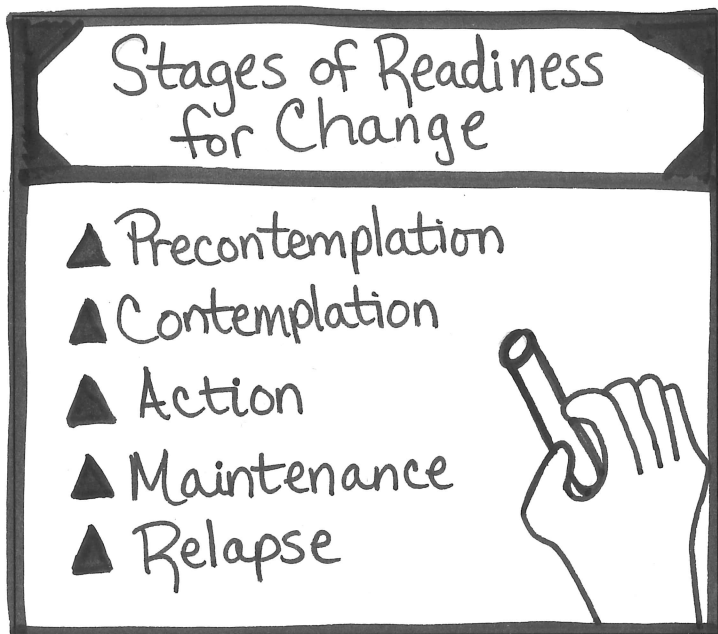
DAY 1



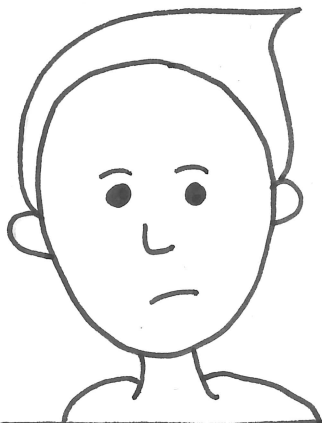
P has a
history of
alcohol abuse

Says he
drinks 1-2
drinks per
week, but
I'm not
too sure
about that





I was reminded of
Uncle Fred.



Uncle Fred's wife

"... he forgets
difficult...
... out of control
Doesn't he CARE
about us? "



Mr. P's daughter

"fell again...
... drinks ALL DAY
embarrassing...
Why is he doing
this to himself?"

Confusion
Anger
Failure
Sadness



Guilt
Fear
Frustration
Depression

Why couldn't
I save those
I cared about?

Medical Home Year 2



Mr. P had been trying to quit.

SOB and Chf?

CXR → Pleural Effusions

Thoracentesis ↓

→ Cancer cells?

Abdominal ↓

CT
→ Pancreatic tail mass

Metastatic Pancreatic Cancer?



UNCLE FRED



56yo Male 72yo Male

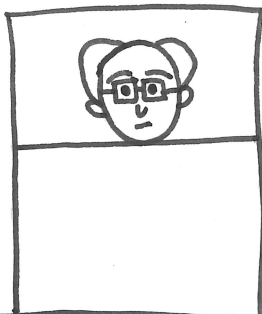
CAD ALCOHOL ABUSE HTN

2 PACKS/DAY
Morning Cough? CO PD

????

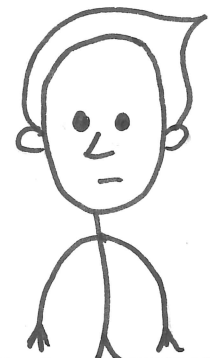
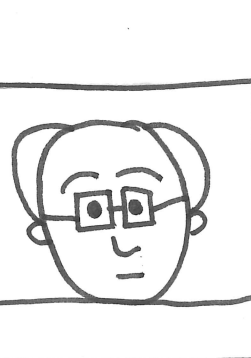
CANCER

MR. P

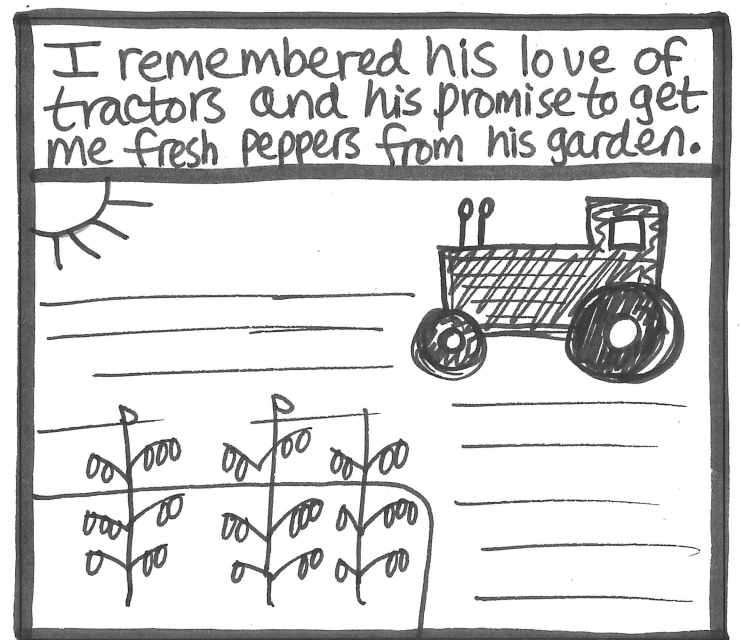
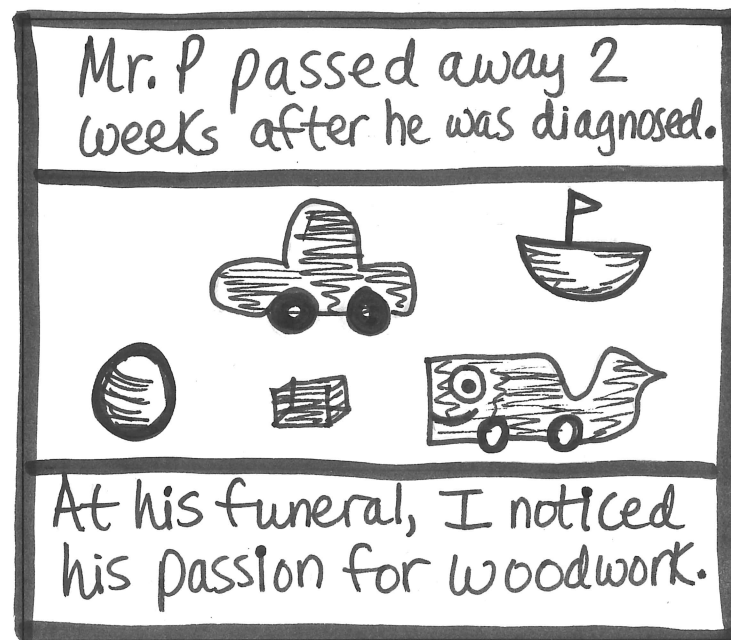
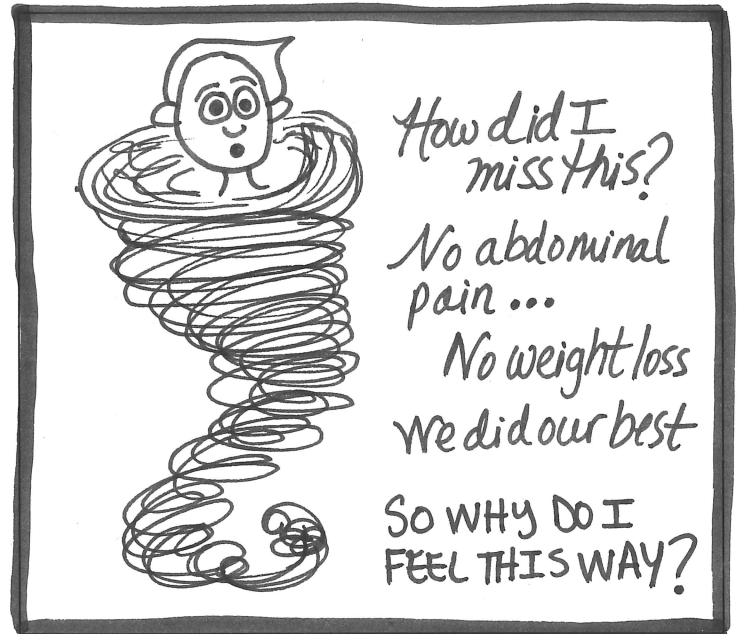
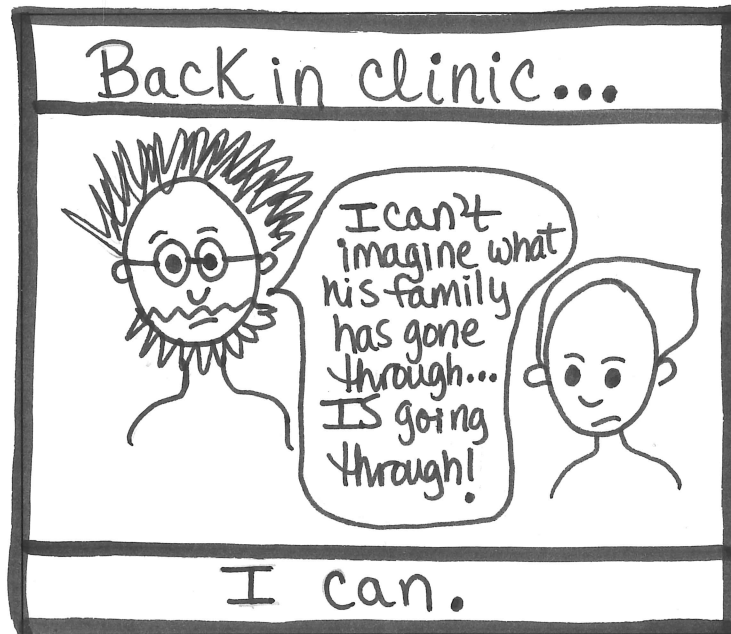
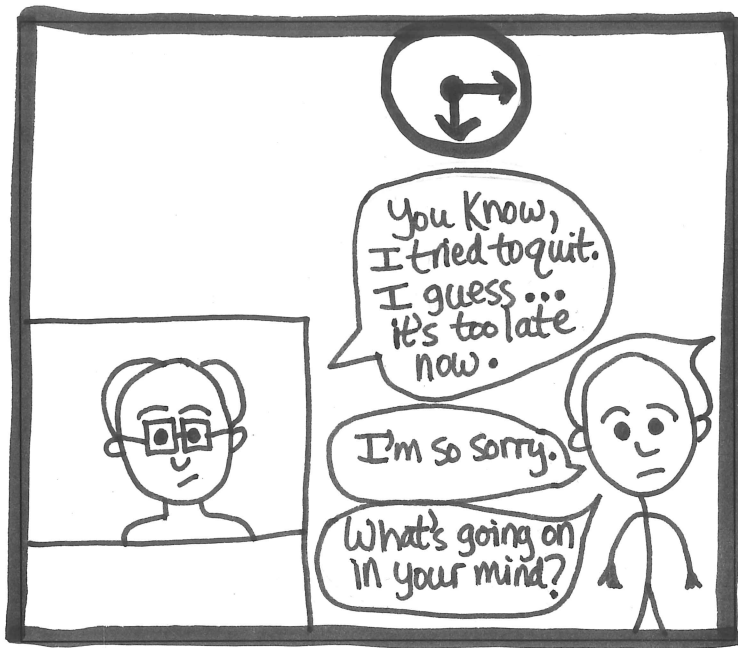


Mr. P refused all treatment.
The Inpatient team prepared
to send him home on hospice.

I didn't know what to say.

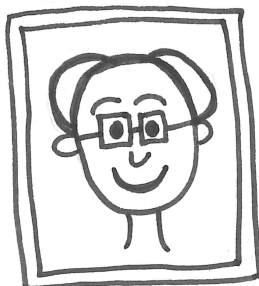


So I said nothing.



I came to appreciate
that alcoholism was a part
of who he was, NOT who
he was.

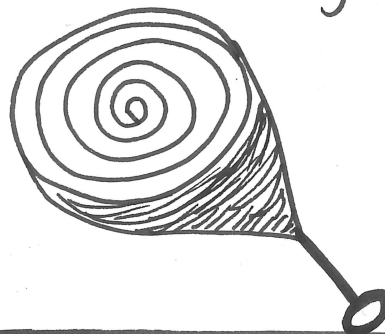
Comedian
Farmer
Son



Husband
Painter
Brother



It was his weakness,
illness, addiction,
vulnerability...



I thought about
Uncle Fred.

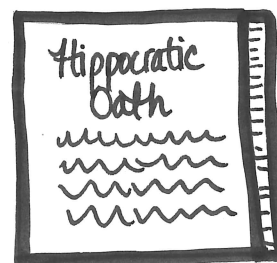
Singer
Father
Perfectionist



Engineer
Husband
Manager

I understood. I forgave.

As a doctor, caregiver,
and friend



I was encouraged to
Keep fighting for them.

Dear Mr. P
and
Uncle
Fred,



Thank you for
teaching and
motivating me to
Keep fighting alongside
you, for you.
Because I love you.

Cheers,