

7 STEP REVIEW and RENEW

#1A - PEOPLE & PROGRAM RESEARCH

Triangle-O Football System - by Paul Hefty

STEP 1 – Program Research

GOAL – assess program (Review) and determine specific deliverables to Evolve (Renew)

SCHOOL:

DATE:

HFC:

**provide brief notes and points for each area – use to determine deliverables (Renew)*

PEOPLE & PROGRAM REVIEW-RENEW

HFC strengths and improvement goals:

Staff strengths and improvement goals:

NEW Player strengths and improvement goals:

Past years strengths (overall program – big picture – leadership – culture):

Past core offensive + defensive + special team schemes-concepts:

PEOPLE & PROGRAM REVIEW-RENEW = DELIVERABLES

****MARK specific areas to focus research + notes for clarity or questions***

Leadership *Culture *Leadership Development *Practice Methodology *Game Methodology *Quality Controls	Mark	Notes
No Huddle Design *Tempos *Communication *Structure		
Spread Structure *Alignments *Structure *Communication		
Triangle-O Mechanics *Play calling *Play communication		
Triangle-O Signals *Visual & Verbal		
Zone RPO's *Split Zone *Stretch Zone		
Inside Gap RPO's *1 back Power *Backdoor Power *Counter Trey *Iso (Blast)		
Outside Gap RPO's *Pin & Pull Sweep *Backdoor Power		
Triangle-O Pass Game *SPO's *PAP waggles & pocket *Quick Pass *Drop Back Pass		
Special Teams *Swinging Gate PAT *Offensive Kick teams *Defensive Kick teams		
Defense *43 Front *Cover 4 *Variations *Adjustments *Blitzes		