



# Applied Health & Performance Science

## Spring 2020 Internship Posting

### Spring 2020 Internship:

The Penn State University Applied Health & Performance Science department is seeking interns for the Spring of 2021. Primary responsibilities for these positions will include the management of Catapult GPS systems, administration of performance assessments, delivery of performance education, and support of day-to-day testing interests for Sports Performance staffs. Ideal candidates will have an interest in developing knowledge and skills to work in elite level athletics. Additionally, candidates should be self-starters, professionally motivated, and loyal to the mission of the department, Penn State Intercollegiate Athletics, and Penn State University. This includes following all rules and regulations associated with the mitigation of the spread of COVID-19. The majority of working hours for these positions will exist around team training from 5:30 AM – 9:00 AM and from 2:00 PM – 8:00 PM.

To be eligible for this position, candidates must be currently enrolled in academic coursework at Penn State University – University Park that requires an internship component, observation experience, or a capstone project.

Interested candidates should submit a coverletter and resume in one single PDF file to Dr. Josh Nelson – Assistant Athletic Director for Applied Health & Performance Science (jgn5080@psu.edu).

Engagement Opportunities			
Performance Science	Data and Analytics	Performance Education	Research and Development
<ol style="list-style-type: none"> <li>1. Sports Performance development and optimization</li> <li>2. Technology systems management</li> <li>3. Athlete performance testing and profiling</li> </ol>	<ol style="list-style-type: none"> <li>1. Data management and visualization</li> <li>2. Information systems management</li> <li>3. Statistical analysis</li> </ol>	<ol style="list-style-type: none"> <li>1. Delivery of performance education</li> <li>2. Management of PSU Performance School</li> <li>3. Social media</li> <li>4. Infographics and educational resources</li> </ol>	<ol style="list-style-type: none"> <li>1. Performance science research</li> <li>2. Internal research and growth</li> <li>3. Global high-performance outreach</li> </ol>

