

TRIANGLE OFFENSIVE PRINCIPLES

SIMPLE – “Common Sense Football”

“We have 2 run plays – we run inside and we run outside”

**formations – people – blocking schemes can all change – find your core!*

“Minimize Techniques to Maximize the Mastery”

SOUND – “Win critical and beat blitz”

“Teach to win critical (run the ball) and teach to beat blitz (multiple ways)”

SOLID – “Whole–Part-Whole teaching”

“Start simple, start sound, start slow by showing the big picture - then teaching details”

**system needs to be multiple in look only – use stacking system to simplify learning!*

****Key is to not have HOLES in the system!***

“There are no magic plays – build a system – not a bunch of plays”

**You Design the offensive system you want –
Make it *Simple-Sound-Solid***

“We run a modern college offense @ the 9th grade level with SUCCESSFUL RESULTS” – Paul Hefty (State College High, PA – 9th grade assistant coach)

****CHECK OUT THESE STATS (credibility –concrete – simple)***

NEW 2015 Packaged Plays - using ***inside and outside run as the foundation*** while attacking multiple defensive keys that are complimented by combination routes on the perimeter (*attacking multiple defenders*)

****CHECK OUT THESE STATS – 2015 STATE COLLEGE HIGH 9TH GRADE OFFENSE: 80% of plays run were packaged plays or PAP - which produced 1800 yards rushing @ 5.9 yard average (306 run plays = 73% of offensive plays) + 1500 Yards passing @ 24.5 yards per catch (110 pass plays = 27% of offensive plays) – 3300 total yards in 10 games – scoring 50 TD’s (30 rushing and 20 passing) *5 different backs***

****37.8 points per game***

NEW 2015 Multi-Vert Play-Action-Pass package combines vertical concepts with HOT crossers (Outstanding Blitz Beaters) ******this is a combination of research from The University of Oregon and The Ohio State University Offensive Systems (2015 National championship contestants)***

****CHECK OUT THESE STATS – 2015 STATE COLLEGE HIGH 9TH GRADE OFFENSE: 56% completion percentage (62 completions on 110 attempts) – 24.5 yard average per catch – *7 different receivers***

****20 passing TD’s and only *3 Interceptions between 2 different Qbs***