

**PENN STATE UNIVERSITY - KINES 495 B: Practicum Goal Paper
STATE COLLEGE 9TH GRADE FOOTBALL INTERNSHIP**

Student Name: **Email Address:** @ psu.edu

First Last

Local Mailing Address: **City** **State** **Zip Code**

Street Address

Student Cell Phone:

Practicum Supervisor: Paul Hefty **Title:** PSU-Kines Instructor / 9th grade asst coach

Email Address: pdh16@psu.edu

Practicum Site: State College High School (9th grade football) **Phone #:**

Practicum Supervisor #2: Peg Pennepacker **Title:** State High Athletic Director

Email Address: plp12@scasd.org

Practicum Goals: *Draft #1 – intern designs (submits) / Supervisor reviews-adds his expectations
assessment terms / Final draft reviewed together & contract signed*

I. Provide 5 specific areas that would increase your knowledge in coaching

- 1.
- 2.
- 3.
- 4.
- 5.

II. Provide 5 specific goals that you would appreciate accomplish

- 1.
- 2.
- 3.
- 4.
- 5.

III. Supervisor will provide 5 expectations for you to enrich experience.

1. Research – study – learn (*ask questions*) consistently and completely.
2. Engage fully in every aspect of the program (*Quality Experience*).
3. Develop your own teaching-coaching style.
4. Consistent improvement throughout the internship.
5. Finish strong and make a positive impact on the people-program.

IV. Supervisor will provide 5 expectations for you to assess your performance.

1. Researched and studied all football program system information prior to camp (*knowledge*).
2. 100% attendance to all program functions (*proactive approval of excused sessions*).
3. Weekly reports complete-correct and on-time (*Quality Effort + Product*).
4. Positive teaching-coaching techniques developed and demonstrated.
5. Completion of all work done correctly-consistently-completely and on-time (*HIGH quality*).

Contract Agreement:

I, agree to uphold to a professional personality, attitude and performance throughout this entire semester. I understand that while working in your professional working environment that everything will be held with utmost confidentiality.