

PENN STATE UNIVERSITY - KINES 495 B: **Recommended Weekly Reports** STATE COLLEGE 9TH GRADE FOOTBALL INTERNSHIP

Student Name: First Last **Email Address:** @ psu.edu

Local Mailing Address: Street Address City State Zip Code

Student Cell Phone:

Practicum Supervisor: Paul Hefty **Title:** PSU-Kines Instructor / 9th grade asst coach

Email Address: pdh16@psu.edu

Practicum Site: State College High School (9th grade football) **Phone #:**

Practicum Supervisor #2: Peg Pennepacker **Title:** State High Athletic Director

Email Address: plp12@scasd.org

Weekly Report Expectations: **keep a daily log (records with practice-game schedules)*

1. Weekly Report is due every completed 90 hours of internship
2. Coaching Internship is **15 weeks (3 Summer + 12 Fall) = TOTAL of 270 hours**
 - *3 weeks of Summer Camps-Clinics @10 hours per week = 30 HOURS*
 - *12 weeks of Fall Season @ 20 hours per week = 240 HOURS*
3. Three Weekly Reports will be required for Coaching Internship along with final Report
4. Sections 1-2-3 need to be written in complete detailed sentences and paragraphs (4-5 sentences / comprehensive and thorough). Each Weekly Report is to include details about the activities, progress, goals, etc...

SECTION 1 – Summary of Activities and time spent

****example***

Description of activity #1	Amount of time spent
Description of activity #2	Amount of time spent
	TOTAL hours – 90
	TOTAL hours to Date

SECTION 2 – Remarks on Progress and Goal Setting

- **Progress:** Discuss the progress (or lack thereof) toward attaining practicum objectives, self-evaluation of your strengths and weaknesses, and what you have learned about yourself and the work you are performing
- **Goals:** Outline of your specific goals for the upcoming week(s)

SECTION 3 – On-Site Supervisor's Review of Report (Comments + Signature + Date)