

Developing Reflective Leaders

RPTM 397 Course Syllabus

Course Description:

This course explores the development of the individual leader through a process of reflection, feedback, training, and practice, all designed to hone group leadership skills. This course builds on foundations that students have already laid, in order to establish confidence and competence in “train the trainer” situations, as well as develop unique methods of delivering content to aspiring leaders. In this course, students will be encouraged to draw upon past leadership opportunities, coupled with new instruction and insight, to explore the process of training and developing of new leaders. Students are required to be driven and self-motivated, as much of this class will be exploratory in nature. Students will have freedom to engage each other, and students of RPTM 330, in unique leadership development and teaching scenarios both in and out of the classroom. Reflection will play a major role in this course, and journals will be kept throughout the semester to serve as a metric for student leadership growth, as well as a resource for future leadership endeavors.

Course Objectives:

- Practice leadership skills through leading small groups, reading discussion, and classroom lectures.
- Increase self-motivational skills by creating and developing engaging classroom content and small group materials to be used in class.
- Engage in reflection, both personal and professional, as a means to guide leadership growth and skill development
- Grasp an array of leadership topics and also train future leaders in how to develop those skills among themselves and in groups.
- Ability to understand concepts of risk management, LNT, vulnerability and empathy as it relates to leadership styles; furthermore building on that understanding through explaining and conceptualizing them in the classroom.
- Growth as a leader with an expansion of individual leadership skill set and increased understanding of own areas for growth.

Faculty:

Jennifer Emigh
(C): 814.571.2667 (W): 814.865.3890
Email: jen.emigh@psu.edu
Office: Shaver's Creek Environmental Center
Campus: 701A Ford Building
Office hours: By Appointment

Course Dates:

Required attendance at RPTM 330 Class
Thursdays 6pm-9pm Room: 107 Forestry Building
Off Site Retreat Friday, February 7 – Saturday, February 8, 2020
We will leave campus at 4:00pm . A bus will be provided for transportation to Shaver's Creek.
Attendance at 4 (1-hour) group meeting times. Time and Location TBD.

Required Texts:

- AMC uide to Outdoor Leadership. Kosseff (2nd Edition), Boston, MA: Appalachian Mountain Club 2010.
- Readings posted to ANEL
- Daring reatly by Brené Brown

Course Requirements:

PARTICIPATION 15% & ATTENDANCE 5%

Attendance at all RPTM 330 classes, the out of class group meeting times, and the required RPTM 497 group meetings. This includes arriving to class or trip locations on time (points are deducted for tardiness), attendance and positive interactive participation in EVERY aspect of the course. This is a leadership course. Students are required to lead or participate in group discussions with insightful contributions to the dialogue. Participation also includes being prepared for each activity or activity as briefed by the instructor. Working within a small group is required throughout the course.

Attendance on the retreat weekend of the course is mandatory.

Remember this course is only once a week for half of the semester, therefore if you have an unexcused absence you will lose all of your participation and attendance points for that day.

JOURNAL 30%

You will be required to keep a journal throughout the semester. There will be a total of 3 journal entries. You will be informed by the instructor when to do a journal entry.

READING DISCUSSIONS 20%

You are required to complete the readings that are assigned for each RPTM 330 and 497 class.

RPTM 330 (10%) – You will have a leadership role for one of the small reading discussion groups at the start of each class. You will be responsible for directing the discussion, asking relevant questions, and keeping your group on task. You are required to submit 1-2 question/chapter prior to each class (via Canvas Discussions), which will be supplemented with additional questions from the other instructors.

RPTM 497 (10%) – You will have required readings for the group meeting times. Discussions will take place at the beginning of each class and your participation is vital. Do the readings before class and come prepared with questions and comments from the readings for our discussions.

SMALL GROUP LEADER ROLE 15%

You will be in charge of a small cohort of 4-6 students from the RPTM 330 class. Your responsibilities include but are not limited to:

- Develop a lesson plan and presentation on one of the principles of LNT with your small group of participants that will be delivered in one of the 330 classes.

GROUP PROJECT 15%

- Watch the film (TBD) with your fellow co-leads in class and develop guided questions in order to lead a discussion in class.
- The whole 497 class will be responsible for teaching a segment of the RPTM 330 class about this film and how it relates to risk management.

Penn State Policies

Faculty Senate Policy 49-20 (Academic Integrity)

Definition and expectations: Academic integrity is the pursuit of scholarly activity in an open, honest and responsible manner. Academic integrity is a basic guiding principle for all academic activity at The Pennsylvania State University, and all members of the University community are expected to act in accordance with this principle. Consistent with this expectation, the University's Code of Conduct states that all students should act with personal integrity, respect other students' dignity, rights and property, and help create and maintain an environment in which all can succeed through the fruits of their efforts. Academic integrity includes a commitment by all members of the University community not to engage in or tolerate acts of falsification, misrepresentation or deception. Such acts of dishonesty violate the fundamental ethical principles of the University community and compromise the worth of work completed by others.

Violations of Academic Integrity will be handled in accordance with procedures (see <http://www.psu.edu/dept/oue/aappm/G-9.html>) and policies (see <http://www.psu.edu/dept/ufs/policies/47-00.html#49-20>).

Disability statement

If you have a disability-related need for modifications or reasonable accommodations, contact the Office for Disability Services, ODS, located at 116 Boucke Building at 1-814-863-1807(V/TTY). For further information regarding ODS please visit their web site at <http://www.equity.psu.edu/ods>. Instructors should be notified as early in the semester as possible regarding the need for modification or reasonable accommodations.

Faculty Senate Policy AD62 (Scheduling and Use of General Purpose Classrooms). The policy stipulates that the college, department or individual scheduling use of the room is responsible and will receive direct billing for the assessment and repair of any damage or negligent or intentional damage attributed to room use, as well as janitorial and maintenance costs attributed to unauthorized food and drink use. Water is the only beverage allowed in the classroom. We encourage students to reuse and recycle their empty water bottles.

Diversity Statement

The faculty and staff of the Department of Recreation, Park and Tourism Management value and are committed to fostering diversity in the workplace and the profession. By respecting differences in culture, political conviction, age, gender, gender expression, race, ethnicity, national origin, disabling condition, sexual orientation, and religious affiliation, we attempt to enrich the learning environment; improve the practice and profession of recreation, park and tourism management; and enhance creative and professional growth in the workplace

Alcohol and Drugs

It is prohibited to use drugs or alcohol during this course or to arrive to any scheduled class period under the influence. This includes the backpacking trip portion of the class as well as the rock climbing session. If you are found in possession of alcohol or drugs or if you are under the influence of drugs or alcohol – you will be asked to leave class and you will receive zero participation points during that time.

Date	RPTM 330 Topics	Due at RPTM 330	Readings for RPTM 330	Readings and Assignments Due for RPTM 497
Thurs, Jan 16	Intro, Explanation of Class and Required Dates, Outdoor Leadership, Behavioral Styles	2 Reading Discussion Questions	Kosseff: Ch. 1, 2	
Class 1	-	-	-	Class Meeting Time Readings: Daring reatly Chapters 1-3
Thurs, Jan 23	Communication, Judgment, Decision Making, Trust, Empathy, Sympathy, Vulnerability	2 RD Questions	Kosseff: Ch. 3, 4, 5, 13	Journal Reflection #1
Thurs, Jan 30	Risk Management & Adam's Story (Talk about Retreat)	2 RD Questions	Kosseff: Ch. 15 Adam's Story	
Class 2	-	-	-	Class Meeting Time Readings: Daring reatly Chapters 4-5
Thurs, Feb 6	Risk Management, Expedition Behavior (Everest Movie)	2 RD Questions	Ch. 11, 12	Watch film 127 Hours Journal Reflection #2
Fri, Feb 7 – Sat, Feb 8	Retreat Community Meeting, Debriefing, Teambuilding, Leadership Ethics Your First Semester, Reading Your Audience			
Thurs, Feb 13	LNT In Class Time to Prepare Film Lesson	2 RD Questions	Additional reading	
Class 3	-	-	-	Class Meeting Time Readings: Daring reatly Chapter 6-7
Thurs, Feb 20	Leave No Trace Presentations	roup is prepared and ready for discussion	Ch. 6, 10	
Thurs, Feb 27	Mentor Class Conflict Management Final Review	2 RD Questions Film discussion prepared		127 Hours roup Assignment Due
Class 4	-	-	-	Class Meeting Time LNT Assignment Due
Thurs, Mar 5	FINAL			Journal Reflection #3