



# De-Stress Fest

**Sunday, Apr. 30-  
Tuesday, May 2**

**Mann Assembly Room, Paterno 1  
3 p.m. - 8 p.m.**

*FREE coffee and snacks, Games, Art therapy*

**HealthWorks Destress Zone 4:00 - 6:00 p.m.**

*Includes biofeedback programs, brain massage music, free Stress Management Workbooks and more!*

**Puzzles (all day)**  
Paterno Library Lobby,  
Paterno 1

**Wii & Bean bag toss (all day)**  
Pattee Library Lobby,  
Central Pattee 1

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