17% of Pennsylvanians are living below 125% of poverty. 1.8 million Pennsylvanians are SNAP eligible.¹

85% of Pennsylvania adults do not eat recommended daily amounts of both fruits and vegetables.²

14% of Pennsylvanians are food insecure.³

**THE SNAP-ED SOLUTION**

SNAP-Ed partners with community organizations to implement evidence-based nutrition education and policy, systems, and environmental changes that make the healthy choice the easy choice in settings where low-income Pennsylvanians...

**Shop**
Help families stretch food budgets and choose healthy options.

**Learn**
Introduce kids to fruits and vegetables through classes, after school programs, and school gardens.

**Live**
Connect low-income families with healthy resources in their neighborhoods and communities.

**Eat**
Teach low-income families how to prepare healthy foods.

**THE RESULTS**

**SNAP-Ed Worked in 2016**

**Kids**
87% of PA SNAP-Ed participants were children. Children learned from SNAP-Ed.⁴

**Adults & Families**
68% of PA SNAP-Ed adult participants reported using SNAP in the past year.

- **Increased Consumption of Fruit and 100% Fruit Juice.** Students participating in PA SNAP-Ed consumed more fruit and 100% fruit juice after participating in nutrition education sessions.⁵

- **Stretch Food Dollars.** After SNAP-Ed programming, the number of adults intending to plan and prepare budget-conscious healthy meals for their families increased by 39.3%.⁵

- **Healthy Snack Behaviors.** Adults reported eating more fruits and vegetables as snacks between meals following SNAP-Ed nutrition education programming.⁵

- **Increased Vegetable Intake.** Students in grades 8-12 who participated in PA SNAP-Ed report eating vegetables more frequently than those who did not receive nutrition education.⁵

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2016 STATEWIDE REACH

62

Counties Served

19

SNAP-Ed Partners Delivered Programs

612

Community Level Partnerships

275,162

SNAP-Ed Participants

SNAP-Ed Partners

- Adagio Health
- Agatston Urban Nutrition Initiative
- Albert Einstein Medical Center
- Center for Childhood Obesity Research
- Commission on Economic Opportunity
- CAP of Lancaster County
- Drexel University
- Fayette County Community Action Agency
- The Food Trust
- Fulton County Food Basket

Direct Education

Indirect Only

Not Served

References

4. PA Nutrition Education TRACKS. Fiscal Year (FY) 2016 Statewide Technical and Administrative Reporting (STARtracks) data.
5. PA Nutrition Education Tracks. Statewide 2016 Evaluation Results. Available at: https://sites.psu.edu/pasnaped/evaluation-reports/