

PA SNAP-Ed Works

HEALTHIER LIVES THROUGH NUTRITION EDUCATION



THE CHALLENGE

17.1%

Percent of Pennsylvanians living below 125% of poverty

1.8M

Number of Pennsylvanians that are SNAP eligible

11.1%

Percent of Pennsylvanians are food insecure

85%

Percent of Pennsylvania adults do not eat recommended daily amounts of both fruits and vegetables

THE SNAP-ED SOLUTION



Help families stretch food budgets to choose and prepare healthy food



Introduce kids to fruits and vegetables through classroom education, healthier lunchrooms, after school programs, and school gardens



Connect low-income families with healthy resources in their neighborhoods and communities



Increase access to affordable fresh produce and healthy recipes at farmers markets and produce stands



Encourage food pantry patrons to make healthy choices through informative product displays and food tastings

THE RESULTS

PA SNAP-ED WORKS FOR ADULTS AND FAMILIES



23% of adults reported eating a greater variety of vegetables and 26% reported eating 2 or more vegetables at their main meal of the day



28% of adults reported taking steps to reduce their daily sodium intake



29% reported using food labels more often to choose healthier foods for their families

PA SNAP-ED WORKS FOR KIDS



35% of students in 4th-6th grades ate fruit more often



41% of students in 4th-6th grades engaged in more physical activity during the week



28% of students in 8th – 12th grades drank 100% fruit juice more frequently throughout the week

PA SNAP-Ed is Happening

56

Counties Served



19

PA SNAP-Ed Partners Delivered Programs



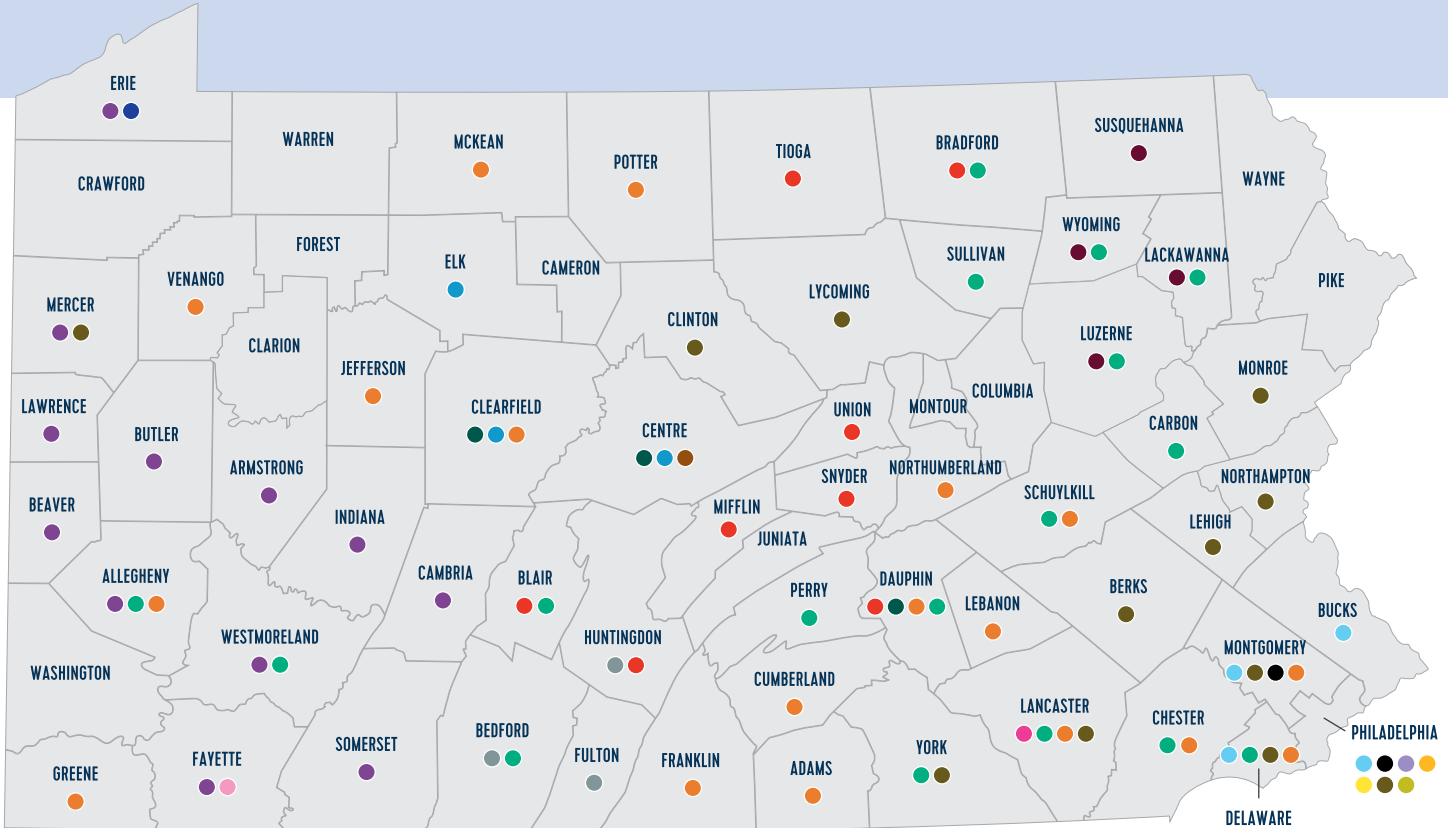
682

Community Partnerships



1,107,270

PENNSYLVANIANS REACHED



PA SNAP-ED PARTNER PROGRAMMING

- Adagio Health (AHI)
- Agatston Urban Nutrition Initiative (UNI)
- Albert Einstein Medical Center (FUN)
- Center for Childhood Obesity Research (CCOR)
- Commission on Economic Opportunity (CEO)
- Common Threads (COM)
- Community Action Partnership of Lancaster County (CAP)
- Drexel University (DRX)
- Fayette County Community Action Agency (FAY)
- The Food Trust (TFT)
- Fulton County Food Basket (FUL)
- Health Promotion Council of Southeastern PA (HPC)
- Penn State Extension Nutrition Links (NLA)
- Penn State: Dr. Lori Francis (LAF)
- Penn State: Health Policy Administration (HPA)
- Pennsylvania Nutrition Education Network (NEN)
- Penn State Nutritional Sciences (NUTR)
- School District of Philadelphia (SDP)
- Vetri Community Partnership (VCP)

FOR MORE INFORMATION ABOUT PA SNAP-ED, VISIT:
www.sites.psu.edu/pasnaped

