

Postdoctoral Scholars & Fellows Connect

Issue 07 / WINTER 2017



THIS MONTH'S FOCUS... DATA & DINE

The monthly newsletter for and by postdoctoral scholars and fellows at the Penn State College of Medicine.

Learn about the research being done by postdocs at the College of Medicine, workshops and seminars sponsored by the Office of Postdoctoral Affairs, upcoming Postdoctoral Society events, and fun activities in the community for the entire family. Feel free to forward any announcements or suggestions of content for future issues to Becky Moyer, rmoyer7@hmc.psu.edu.



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STUDENT EVENTS

FEBRUARY 2017

February 2nd — 2:00 p.m. — 4:00 p.m. | Room C3860

"Conflict Management" Workshop

Guest Speaker: Kevin Grigsby, MSW, DSW

February 6th —

Abstracts Due for Data & Dine, www.sites.psu.edu/postdocs

February 8th — 4:00 p.m. — 5:00 p.m. | Lecture Room B

BMS Series "Effects of Exercise on Tumor Physiologic Microenvironment",

Postdoc Invited Guest Speaker: Mark Dewhirst, DVM, PhD

February 15th — 4:00 p.m. — 5:00 p.m.

Postdoctoral Society Meeting—Room C1800

February 28th — 4:00 p.m. — 7:00 p.m.

Data & Dine Symposium—University Conference Center

MARCH 2017

March 11th—**Applications for 3rd Travel Award Cycle Open**

March 15th—4:00 p.m. — 5:00 p.m.

Postdoctoral Society Meeting—Room C1800

March 28th—3:30 p.m.—5:00 p.m. | Room C3621

"Lab Management and Research Survival Skills" Kick-off Event

***Mandatory Meeting—Attendance will be taken!**

APRIL 2017

April 19th: 4:00 p.m. — 5:00 p.m.

Postdoctoral Society Meeting

April 21st—4:00 p.m.—5:00 p.m. | Room C3621

Responsible Code of Research Training

April 22nd — **Applications for 3rd**

Travel Award Cycle Close

PLEASE NOTE:

The Postdoctoral Society Meetings are held on the 3rd Wednesday of the month from 4-5:00 p.m.

2016-17 Executive Council Members

Heather Lehman,
Ph.D.

Chairperson

Katie Kokolus, Ph.D.
Secretary

Chetna Soni, Ph.D.
Treasurer

Xiangyu Cai, Ph.D.
Social Events Chair

Shwetank, Ph.D.
Professional
Development Chair

Balazs Koscsó, Ph.D.
Society
Representative

The Office of Postdoctoral Affairs...

From the Director's desk...

This issue of Connect brings a major change to the running of our newsletter. I am very excited that the postdoctoral scholar community of the College of Medicine has taken over responsibility for the conception, writing and publishing of this newsletter. **Connect is now BY and FOR Postdocs!!** Please join me in welcoming our inaugural postdoc Editorial Board: Drs. Jason Biegel, Sreejata Chatterjee, and Colleen Netherby. Future issues of Connect will feature postdoc research highlights and accomplishments, as well as professional and social issues important to all postdocs. Your ideas and contributions are encouraged!

Kristin A. Eckert



Pictured Above:
Kristin Eckert, Ph.D.



Pictured Above:
Becky Moyer

Bond and Bradley Postdoctoral Travel Award

3rd Award Cycle is NOW OPEN

This travel award has been developed in an effort to facilitate and promote the professional development of postdocs and contribute to travel expenses for active conference participation. **Each award will be in the amount of \$300 and will be offered four times per calendar year.**

APPLICATIONS OPEN: March 11th, 2017

Eligible Conference Dates: May 7th, 2017 – August 31st, 2017

APPLICATION DEADLINE: April 22nd, 2017

Please find the travel award criteria and application materials on the Penn State College of Medicine Office of Postdoctoral Affairs website at:

<https://sites.psu.edu/postdocs/travel-awards/>

Any questions?

Please email Heather Lehman,
hlehman@pennstatehealth.psu.edu



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CONFLICT MANAGEMENT

POSTDOCS & GRADUATE STUDENTS

DATE: Thursday, February 2nd, 2017
TIME: 2:00 – 4:00 PM
WHERE: Room C3860

This workshop will be an opportunity to discuss how to deal with the types of conflicts Postdocs & Grad Students face most frequently – issues of authorship, lab conflicts, project conflicts, career planning IDP and how to ask for and get support, finding mentorship etc.

To Register, Please Contact Becky Moyer at rmoyer7@hmc.psu.edu

ABOUT THE SPEAKER...

R. Kevin Grigsby, MSW, DSW is Senior Director, Member Organizational Development at the Association of American Medical Colleges, and former Vice Dean for Faculty and Administration Affairs at Penn State College of Medicine (2000-2009). Dr. Grigsby facilitates development of a future-oriented perspective on the part of leaders in academic medicine and science. He helps leaders to align organizational resources with missions and unify the clinical, academic, and research enterprises in academic health systems. This approach has demonstrated success in breaking down barriers that typically separate academic departments and in reducing traditional barriers between employees and managers.



PENN STATE COLLEGE OF MEDICINE
Biomedical Sciences Seminar Series

Post-Doc Invited Speaker

**Effects of Exercise on Tumor
Physiologic Microenvironment**

Mark W. Dewhirst, DVM, PhD

Gustavo S. Montana Professor of Radiation Oncology

Vice Director for Basic Science

Duke Cancer Institute

Associate Dean for Faculty Mentoring

Duke Medical Center

Durham, North Carolina

Host: Katie Kokolus, PhD

Wednesday, February 8, 2017

Lecture Room B | 4:00 p.m.

(Light refreshments will be available at 3:45.)

DATA & DINE

15th Annual Postdoctoral Research Symposium

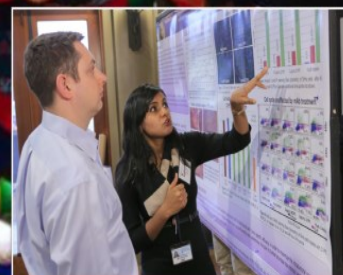
DATE: February 28th, 2017
TIME: 4:00 – 7:00 p.m.
LOCATION: University Conf Ctr
(located in the Fitness Center)

**The College of Medicine
community is welcome to
attend this event highlighting
the research accomplishments
of postdoctoral scholars.**

KEYNOTE SPEAKER:

Fredi Robertson, Ph.D., Professor
Executive Director, Clinical Research
Services
Center for Clinical and Translational
Research
Virginia Commonwealth University

Event Includes a Poster Session
&
Light Dinner



Poster Session



Poster Session

To Register, Contact Becky Moyer at Ext. 4565 or
Email: rmoyer7@hmc.psu.edu



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Postdoctoral Orientation & Information Session

WHEN: March 22nd, 2017
TIME: 3:00 – 4:30 pm
ROOM: Room C3860

All New and Current Postdocs are encouraged to attend.

**More Details to Follow*

TO REGISTER, CONTACT BECKY MOYER AT:

PostDocs@hmc.psu.edu

**Please Register by March 13th, 2017*



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Professional Development Workshop Series “Lab Management and Research Survival Skills” KICK-OFF EVENT

EVENT DETAILS:

DATE: Tuesday, March 28, 2017

TIME: 3:30 – 5:00 PM

LOCATION: Room C3621

Questions? Contact Becky Moyer at
rmoyer7@hmc.psu.edu or Ext. 4565

***NOTE: This meeting is MANDATORY!
Attendance will be taken**



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*** Part 2 of the required Responsible Conduct of Research training for postdoctoral scholars**



MANDATORY

BRING YOUR OWN LUNCH



POSTDOCTORAL SOCIAL MEETING

WHEN: Thursday, February 2, 2017

WHERE: C1800

TIME: 12:00—1:00 pm

Join us and meet other Postdocs and
talk about Life in Hershey!

For any questions, please contact Becky Moyer in the Office of
Postdoctoral Affairs, Ext. 4565 or PostDocs@hmc.psu.edu.

POSTDOC WORKSHOP:

“Managing your Professional Online Profiles”

Presented by Robyn Reed

WHEN: Monday, May 1st, 2017

TIME: 12:00 – 1:00 p.m.

WHERE: Room C2860

TO REGISTER, EMAIL POSTDOCS@HMC.PSU.EDU

*Registration Recommended but not Required

For Questions about the Workshop, Please Contact:

Robyn Reed at rreed4@hmc.psu.edu.

Do you know the differences among LinkedIn,
ResearchGate, ORCID, MyNCBI and similar tools?

Are you starting a job search or would like to improve your
online presence?

Join your colleagues as we explore strengths and weaknesses of
popular online platforms for displaying research and
professional activities.

Personal experiences welcome!



NEW WEBSITE

With more and more opportunities available, we have created a website specifically for The Office of Postdoctoral Affairs,

<https://sites.psu.edu/postdocs/>

Please frequently visit this website to learn about any **new teaching opportunities, workshops, and events** available to you!



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THE OFFICE OF POSTDOCTORAL AFFAIRS

HOME DATA & DINE RESEARCH SYMPOSIUM GRANTS & FELLOWSHIPS INDIVIDUAL DEVELOPMENT PLAN POSTDOC SOCIETY TEACHING OPPORTUNITIES
TRAVEL AWARDS RESPONSIBLE CONDUCT OF RESEARCH (RCR)

WELCOME

To the Office of Postdoctoral Affairs

The postdoctoral program at Penn State College of Medicine is designed to support the training and education of postdoctoral scholars and fellows, to promote postdoctoral research accomplishments across the University, and to foster a sense of community among our scholars.

Our Office of Postdoctoral Affairs helps meet all these goals through a variety of resources and programs.

The goals of the Office of Postdoctoral Affairs are to:

- Serve as a central resource of information for postdoctoral fellows and scholars
- Provide resources for postdoctoral fellows and scholars to advance their research and professional development

SEARCH ...

WORKSHOPS & EVENTS

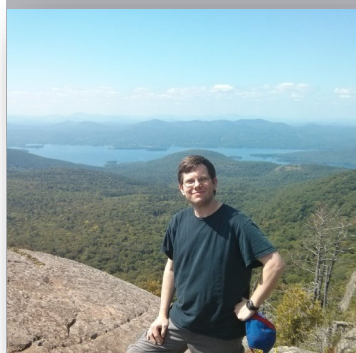
Data & Dine Research Symposium

Responsible Conduct of Research (RCR)

NCBI Workshops

THE OFFICE OF POSTDOCTORAL AFFAIRS

Postdoc Spotlight



Balazs

I have been working in the lab of Dr Milena Bogunovic at the Department of Microbiology and Immunology for almost four years now. Our lab studies dendritic cell and macrophage diversity and function in the gastrointestinal tract. My research focuses on understanding the role of macrophages in the immune response against the intracellular pathogen Salmonella. Macrophages are essential for the innate phase of the immune response against bacteria but I am particularly interested in their role in shaping the adaptive immune response.

I earned Master's degree in biology at the Eotvos Lorand University in Budapest, Hungary. After graduating I started working in the laboratory of Dr George Hasko and enrolled in the Immunology graduate program at the Eotvos Lorand University. After completing the course work at the graduate school, my mentor invited me to join his other lab at the University of Medicine and Dentistry (Now Rutgers – New Jersey Medical School) in Newark, New Jersey to finish my research project. During my PhD I studied the roles of adenosine receptor signaling in regulating the phenotype of different macrophage populations, such as microglia following classical or alternative activation.

I was born and raised in the capital of Hungary, Budapest. While growing up, I also spent a lot of time during summer breaks in the house of my grandparents in a very small village in northern part of Hungary. Outside work, I like watching movies and reading, for example historical fiction from my favorite author Herman Wouk. I love playing and also watching soccer; I am a big fan of Real Madrid. Since moving to the US, I also grew to like football and basketball, although I don't know how to play them at all, unfortunately. I am not a huge fan of cooking but I like eating Hungarian food and I can cook many authentic dishes such as goulash.

If you would like to be interviewed for a "Spotlight" of your Research in future issues, please contact
Katie Kokolus, kkokolus@hmc.psu.edu

What's In the Community?

Date: February 16, 2017

Time: 7:00 PM

At the Giant Center



SHOW DESCRIPTION:

New this season, for the first time ever, the Globetrotters will debut basketball's first 4-point line. The 4-point line will be located 30 feet from the basket – 6 feet, 3 inches beyond the top of the NBA's current 3-point line.

During their 2017 World Tour, the famed team will feature a star-studded roster that includes Big Easy Lofton, Ant Atkinson, Hi-Lite Bruton, Thunder Law, Bull Bullard and Cheese Chisholm – plus female stars TNT Lister and Ace Jackson*– the Globetrotters' one-of-a-kind show is unrivaled in the world of family entertainment. Every game will showcase incredible ball handling wizardry, rim-rattling dunks, trick shots, hilarious comedy and unequalled fan interaction. After the game, Globetrotter stars will sign autographs and take photos with fans.

HERSHEY'S CHARACTER BREAKFAST

Event Date: 2/26/2017

Location: Hershey Lodge

Time: 7 AM - 11 AM

Admission: Buffet Pricing (does not include tax and gratuity):

Adults: \$17.00; Children (Ages 9-12): \$10.00;

Children (Ages 4-8): \$7.00; Children (Ages 3

and under): Free

Note: A la carte menu is also available.

Event Details:

HERSHEY'S Characters will be on hand to meet and greet guests for this breakfast event at *Bears Den!*

Recommended for families.

Reservations are recommended, call
717-534-8601.

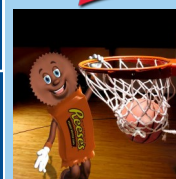


**\$6 FRIDAYS
 ARE BACK AT
 THE ZOO!**

From: Jan 27, 2017 – Mar 31, 2017

Recurring weekly on Friday

Fridays are meant to be wild! Visit ZooAmerica any Friday through March for just \$6 (plus tax)! So, gather up your pack, herd, or clan and head to the Zoo to bond with otters, hang out with the bats, and kick it with the elk



Sweetest Steps Sundays

Starting: Jan 29, 2017

Recurring weekly on Sunday

Get your steps in with additional free family fun activities featuring jump rope, football & basketball toss and an obstacle course combining all of the fun!

HERSHEY GARDENS

Guided Winter Walk at Hershey Gardens

From: Jan 27, 2017 – Mar 31, 2017

Recurring weekly on Friday, Saturday

Times: 1:00pm - 2:00pm

EVENT DETAILS:

Break free from cabin fever! Take a one-hour guided tour of the Gardens to experience its winter charm and learn about the natural history of the plants. Included in admission.