

PENN STATE NOTES

WINTER 2018-2019

We are... the Penn State University Women's Club!

Lately I have been thinking about exactly what that means. Our stated purposes are:

- * To promote fellowship among members;
- * To provide opportunities for participation in social, cultural and intellectual activities;
- * And to provide financial assistance to students of the Penn State University.

You can read some details about success with our third purpose on page six of this newsletter. In an effort to explore how well we meet the first two, I am making it my mission this year to attend as many different Interest Group meetings as possible. I have already learned so much and met and talked with many fascinating members.

I visited the Hudson Valley with the Garden Group. My main motivation for going was to see the Georgia O'Keefe paintings from Hawaii (which I LOVED) but I was also in total awe of the Kykuit Estate (home to four generations of Rockefellers), particularly the underground art gallery which holds works from the collection of Nelson Rockefeller, including pieces by Andy Warhol and Alexander Calder, as well as the Stone Barns Center for Food and Agriculture. The mission of the Stone Barns Center is to create a healthy and sustainable food system that benefits us all. I could have happily spent a week there!

On a lovely fall day, I was part of the inaugural Day of Discovery excursion. We went to a pumpkin farm, learned how the farm owners adapted skills developed in previous careers to create a new business, explored the quaint town of Ligonier, and enjoyed a delightful lunch and some fun shopping.

After I heard Penn State cultural historian Gary Cross share his research on *Packaged Pleasures: How Technology and Marketing Transformed Desire* with the Book and Play Review group, it was fun to look at magazine ads, TV commercials, and products from my childhood from a new perspective.

I toured the Buggy Museum with the Antiques Study Group and learned about the importance of the early carriage making industry in Mifflinburg. For me a highlight of the day was conversing over lunch with a delightful group of women I met for the first time that day.

Clearly our Interest Groups promote fellowship and provide opportunities for participation in social, cultural and intellectual activities. I recommend that you consider joining a new Interest Group. Information about all of the UWC Interest Groups (several of them are still accepting members) can be found at sites.psu.edu/psuuwc/. I am looking forward to sharing learning, fun, and camaraderie at the two club-wide activities in January and March. If I have not met you yet, please do seek me out to say hello and share your UWC experiences and ideas with me. Happy New Year!

Jane Stanton
UWC President, 2018-2019



January 29
2:00-4:00 PM
"The ART of Medicine"

March 27
2:00-4:00 PM
"Antarctica:
My 18 Seasons in Ice
and Climate Exploration"

Look for details and
reservation form in
the next newsletter!

April 25
11:30 AM
Spring
Program
& Lunch
"Modern Dance as
Introspection to
Classical Literature"
Annual Meeting will follow.

Tuesday, January 29, 2019, from 2 - 4 PM***



“The Art of Medicine”

Guest Speaker: Dr. James O. Ballard

The Doctors Kienle Chair for Humane Medicine, Department of Humanities
Professor, Department of Medicine, Penn
State Cancer Institute

Dr. Ballard’s presentation will explore the significance of “Art *in* Medicine,” including how understanding the representation of the human condition in works of art can assist physicians in developing awareness of patients’ conditions in the practice of medicine. He will discuss how such understanding can instruct medical students and inform doctors so that they can sharpen their observational skills and heighten their empathetic awareness of their patients. Dr. Ballard’s groundbreaking studies, which include analysis of works like Wyeth’s *Christina’s World*, inform this new conceptual approach to patient relationships.



ANDREW WYETH, CHRISTINA'S WORLD, 1948
WWW.MOMA.ORG/COLLECTION/WORKS/78455

Wednesday, March 27, 2019
from 2-4 PM***

ANTARCTICA:

My Eighteen Seasons in Ice and Climate Exploration

With a topic reminiscent of the “March of the Penguins,” Don Voigt, Senior Research Assistant with Penn State Ice and Climate Exploration (PSICE), will discuss his observations of life in that frigid, icebound region during his eighteen years of trying to unravel mysteries of the southernmost continent. Antarctica holds clues to the Earth’s formation and history; it has contemporary political and geologic significance; and, of much current interest, it holds valuable clues to the questions of climate change. Dr. Voigt will have just recently returned from an expedition in 2019, so his views will be current and topically relevant.



PHOTO CREDITS: NASA

***** Both events will take place at the**

Centre County / Penn State Visitor Center, 800 E. Park Avenue, across from the stadium. Refreshments will be served, and members are invited to bring guests. There is free parking adjoining the center, but members are encouraged to carpool as the parking lot can fill up. For more information, contact Mary York, maryork11@yahoo.com or 880-8064.

SNAPSHOTS FROM THE NEW MEMBERS SOCIAL



The UWC welcomed 62 new members this fall! New members were invited to a special event in September to learn more about the Club's history and current offerings and to socialize with each other and members of the UWC Board.

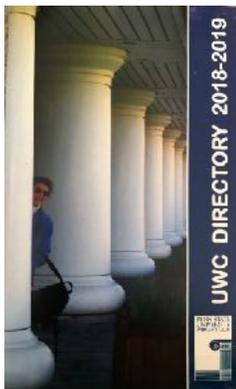


If you know a woman who would enjoy the Club, please invite her to consider membership!

*Alice Clark & Melinda Stearns,
membership team leaders*



Lurene Frantz
shares UWC
history.

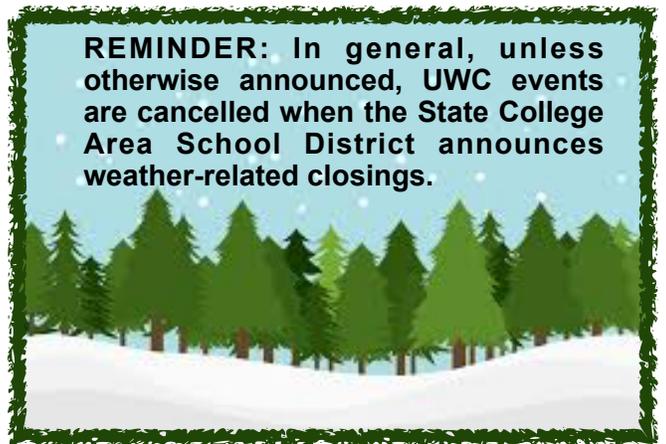


Directory updates

Please look for an email in early February with updates to the UWC directory. If you do not have access to an email account and would like an update mailed to you, please contact Bev Mullen, 237-7341.



REMINDER: In general, unless otherwise announced, UWC events are cancelled when the State College Area School District announces weather-related closings.



Call For Nominations!

The Nominating Committee is looking for interested members to fill several positions on the UWC Board including planning programs, organizing interest groups, working with membership, and coordinating communications. The UWC Board is a dedicated team of members who facilitate the fantastic array of groups, events, and programs offered by the Club.

Serving on the Board is very rewarding and a wonderful way to meet many UWC members! New Board members receive lots of help and mentoring from current Board members through detailed notes and a Spring Leadership lunch to ensure a smooth transition.

The nominating committee will be meeting in January to prepare a slate of nominees for election at the Spring Luncheon on April 25, 2019. If you, or someone you know, might be interested in being a Board member, please contact any nominating committee member as soon as possible!

NOMINATING COMMITTEE

Joan Grant (President-elect)
joangrant1949@yahoo.com (234-4850)

Karen Eklund
eklundkaren@gmail.com (883-8549)

Marilyn Furry
mfurry@psu.edu (237-0649)

Kay Kustanbauter
kfk1@psu.edu (238-5634)

Melinda Stearns
mms9@psu.edu (571-3792)

News from our Interest Groups

Kitchen Friends and Cooking with Friends: These two interest groups kicked off the year together with good food and good times.



Thursday mornings are a stretch for the members of the Hatha Yoga Interest group.



The Antiques Study Group toured the Mifflinburg Buggy museum and the Rusty Rail Brewing Company.

A Day of Discovery in Faranda's Farm at Hollsopple, PA. First trip for this new UWC Interest Group!





SPOTLIGHT: Wicked Good Reads

Since 2015/16, the members of the Wicked Good Reads Interest Group have convened on the second Wednesday of each month, initially at Barnes and Noble and now usually at the Tanglewood Clubhouse, to talk about a book they had selected to read. They also occasionally enjoy a meal together at area restaurants, including Cafe Laura in October. Group members enjoy reading from different genres and are not afraid to discuss sensitive topics as has been evident from the discussions of books such as *The Fortunes* (Peter Ho Davies) and *Having Our Say: The Delany Sisters' First 100 Years* (Sarah L. Delany and A. Elizabeth Delany with Amy Hill Hearth). Although in doubt at first, the group ended up enjoying the sports book *Born to Run* (Christopher McDougal) and realized how many group members were also joggers! The "reading" of the play *The Importance Of Being Earnest*, complete with tea and sandwiches, was loved by all! Books selected have ranged from classics such as *Leave It To Psmith* (P. G. Woodhouse) to prize winner *All the Light We Cannot See* (Anthony Doerr) to NYT bestseller *A Piece of the World* (Christina Kline). At this time, the group is at capacity. Its fast success surely shows that UWC members enjoy the opportunity for stimulating discussion and socializing that book groups offer!



Cafe Laura, October 2018



Discussing *The Fortunes*



Reading *The Importance of Being Earnest*

with tea and sandwiches, was loved by all! Books selected have ranged from classics such as *Leave It To Psmith* (P. G. Woodhouse) to prize winner *All the Light We Cannot See* (Anthony Doerr) to NYT bestseller *A Piece of the World* (Christina Kline). At this time, the group is at capacity. Its fast success surely shows that UWC members enjoy the opportunity for stimulating discussion and socializing that book groups offer!

In Our Thoughts

On behalf of the UWC, cards expressing our friendship and support were sent to Diane Farr, Suzanne Kerlin, Teddy Nicholas, Sukie Woodruff, and Pat Williams.

Congratulations to Joanne Rodgers and Carol Dwyer on the births of grandchildren.

We note with sorrow the passing of member Lu Reeder and of former UWC President (1981-82), June Gamble.

If you know of a club member who has reached a milestone, received an award, suffered a loss, is ill or recovering from surgery, or otherwise should be remembered, please contact Betz Hanley at 238-8124 or email her at eah3@psu.edu. Betz will send a note on behalf of the club.



Reminder: If you are submitting items for the newsletter, please put "UWC NEWSLETTER" (all caps) in the subject heading. Thank you!

Looking for suggestions for a good read as the days grow shorter? In addition to the recommendations above from Wicked Good Reads, consider these suggestions from other UWC bookgroups:



Avid Book Club (ABCs):

Storyteller's Secret, by Sejal Badani
Light Between Oceans, by M. L. Stedman
Clock Dance, by Anne Tyler

Lit Lovers:

Little Fires Everywhere, by Celeste Ng
The 9th Hour, by Alice McDermott
The Secret Keepers, by Kate Morton



Book Discussion Group:

A Gentleman in Moscow, by Amor Towles
Less by Andrew, by Sean Greer

Literary Supper Club:

Eleanor Oliphant Is Completely Fine, by Gail Honeyman
Rebecca, by Daphne du Maurier
The Woman Who Smashed Codes, by Jason Fagone



Literary Supper Club



Scholarship High Fives! To report that the University Women's Club (UWC) Endowed Scholarship account holds over \$109,900 is to celebrate two recent occasions. The first was the High Tea held June 24 to raise funds for the UWC Scholarship, and the second was hearing from our scholarship recipients at the Fall Kickoff and Social.

Despite winds and the threat of rain, those attending the High Tea at Kay Kustanbauter's home were treated to teas provided by Katie Dawes of Kitchen Kaboodle and scrumptious scones, sweets and savories prepared by members of the planning committee. Committee members were Linda Brown, Marti Duffy, Marilyn Furry, Joan Grant, Betz Hanley, Kay Kustanbauter (chair), Carol Packard, Donna Schroyer, Jane Stanton, Pat Williams, and Mary York. Many thanks to those who supported the event via \$200 sponsorships! The Sponsors and High Tea donors are listed below.



Attendees at the September Fall Kickoff and Social enjoyed a cake served to celebrate the endowment's exceeding \$100,000 and delighted in meeting and hearing from our scholarship recipients. This year's undergraduate scholarship recipient is Kasey Cannon, who has a degree in Chemistry from the University of Washington and will receive her second undergrad degree in Geoscience with a minor in Geophysics. Not only will Kasey graduate in December, but her husband also will defend his dissertation in Physics in the spring. Kasey is the only child of her disabled, single mother. Loans, scholarships, and some extremely generous help from her mother covered Kasey's tuition and living costs. Kasey said, "If it weren't for her (mother's) constant support and sacrifice, I wouldn't have been able to attend at all. So every single scholarship I receive lightens her burden, which I cannot be more thankful for." As the semester draws to a close, Kasey has been busy with her senior thesis work on seismic tremor events occurring along the Cascadia Subduction Zone.



SCAHS Books Award Winner Annalia Arndt and Undergrad Scholarship recipient Kasey Cannon with UWC President Jane Stanton and Scholarship Chair Charlene Harrison at the Fall Kickoff and Social.

Christine Sanchez, our graduate student scholarship recipient, manages Penn State's Laboratory for the Study of Human Ingestive Behavior and is in her third year of doctoral study in Nutritional Science. She, her husband, and their ten year-old dog live in State College. Christine's research focuses on preschool children's eating behaviors, and she was engaged in recruiting a new cohort for data collection at the beginning of the semester. Christine wrote, "As an adult student, every dollar counts and goes a long way to earning my degree. Receiving this scholarship is greatly appreciated and will help cover costs of tuition, books and program-related costs such as travel to academic conferences and software for classes and data analysis. It means a lot to me to receive the Penn State University Women's Club Scholarship because supporting and empowering women is important."



Christine Sanchez, Graduate Student Scholarship recipient

Thank you to our High Tea Sponsors

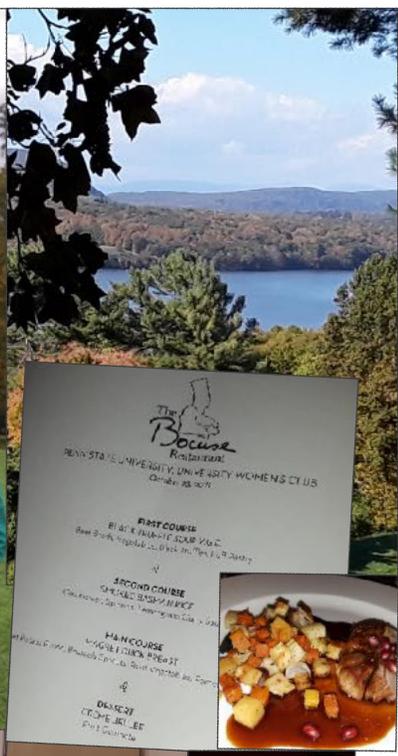
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Janice Keay and Pat Williams
Joan Grant and Jane Stanton
Thursday Nite Bridge Group
(Jill Augustson, Marilyn Furry, Connie McLaughlin, Delores Muller, Carol Packard, Lalita Patil, Grace Williams, Mary York)

High Tea Attendees and Donors: Mary Agnew 🍷 Karen Aman 🍷 Emily Anselmi 🍷 Bonnie Ascroft 🍷 Jill Augustson 🍷 Amber Axeman 🍷 Barbara Barney 🍷 Judith Barrile 🍷 Ingrid Blood 🍷 Marilyn Bogart 🍷 Inga Book 🍷 Juanita Brown 🍷 Alice Clark 🍷 Dottie Colton 🍷 Anne Cornell 🍷 Lynda Crow 🍷 Marjorie Delozier 🍷 Mary Deutsch 🍷 Nancy DeWalle 🍷 Donna Diercks 🍷 Susan Doran 🍷 Marti Duffy 🍷 Karen Ecklund 🍷 Diane Farr 🍷 Lurene Frantz 🍷 Marilyn Furry 🍷 Patricia Gathe 🍷 Edda Gentry 🍷 Marilyn Gouran 🍷 Victoria Guarrieri 🍷 Cindy Hall 🍷 Marian Hammond 🍷 Marilyn Harper 🍷 Charlene Harrison 🍷 Patricia Hock 🍷 Gail Hurley 🍷 Blair Jessop 🍷 Thida Kalayasilpin 🍷 Gail Kamon 🍷 Janice Keay 🍷 Linda Keisling 🍷 Joan Kimerer 🍷 Susan Klein 🍷 Nilima Kumar 🍷 Silvi Lawrence 🍷 Marie Leath 🍷 Gretchen Leathers 🍷 Mary Lisko 🍷 Irene MacConnell-Davinroy 🍷 Kathleen Maloney 🍷 Catherine Martin 🍷 Pam McDonough 🍷 Maxine Millar 🍷 Joetta Moltmann 🍷 Maureen Moses 🍷 Beverly Mullen 🍷 Lilly Ann Nichol 🍷 Teddy Nicholas 🍷 Lida Ouweband 🍷 Carol Packard 🍷 Cynbia Petrick 🍷 Kathy Rachael 🍷 Elaine Rhodes 🍷 Ann Rigo 🍷 Gail Ritchey 🍷 Joanne Rodgers 🍷 Sally Schaadt 🍷 Margaret Seland 🍷 Julianne Sills 🍷 Melinda Stearns 🍷 Mary Lou Swan 🍷 Louise Tarman 🍷 Jolaine Teyssier 🍷 Lorraine Teyssier 🍷 Michele Thomas 🍷 Karen Truitt 🍷 Deena Ultman 🍷 Cynbia Van Druff 🍷 Bonnie Walter 🍷 Nancy Weinreb 🍷 Grace Williams 🍷 Roselee Williams 🍷 Linda Witmer 🍷 Sukie Woodruff 🍷 Laurel Zydney

A great time was had by all at the 2018/19 Fall Kickoff and Social! For more pictures, go to sites.psu.edu/psuuwc/fall-events/.



Trip to Vanderbilt Mansion, Hyde Park, and the Culinary Institute Of America



The Boqueron Restaurant
 BENJAMIN FRANKLIN UNIVERSITY WOMEN'S CLUB
 October 18, 2017

FIRST COURSE
 BLAZE OF VEAL CUTLETS WITH
 BONE MARROW, TRUFFLES, CUCUMBER, TOMATO, FRESH HERBS

SECOND COURSE
 CRISP BASS MARENGO
 CHERRY TOMATOES, LEMON, GARLIC, OLIVE OIL

THIRD COURSE
 LAMB FILET MIGNON
 MUSHROOMS, POTATOES, CARROTS, SAUCE CRÈME AU CORDON ROUGE

DESSERT
 CHOCOLATE JELLY
 FRESH BERRIES



STATE COLLEGE
FALL



Garden Club trip to NY Botanical Gardens, Kykuit, and Stone Barns Center for Food and Agriculture



TURIPS

University Women's Club
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State College PA 16804

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The UWC wishes you a very

**HAPPY
NEW
YEAR**

See details inside about
upcoming UWC events!

Are you a snowbird? Taking a grand vacation? The UWC Spring Newsletter will be mailed in late March. Please let our Treasurer, Sue Stephenson (listed in directory), know if you will need your newsletter mailed to a different address. If you are planning to put a hold on your mail due to vacation or a temporary move, please be aware that once your hold expires, your newsletter WILL BE FORWARDED, and the Club will be charged. The maximum time the USPS will hold mail is 30 days. Please plan accordingly! Sue can help assure you get your newsletter **AND** that the UWC doesn't incur unnecessary charges.

