

Fall 2022

Dates to Remember

August 19th

RSVP to Fall Reception

September 6th

 Fall Reception

September 7th

Registration for NYC Trip begins

September 9th

Deadline to pay Membership dues and get Interest Group sign-up link on September 15

September 15th

Registration for Interest Groups

September 23rd

Deadline to Register for Fall Comedy Trip

September 29th

New Member Event

October 1st

Deadline to pay Membership Dues and be included in Directory

October 25th

UWC Fall Comedy Trip

April 18 & 19, 2023

Trip to New York City



President's News

Welcome to all new and current members.

We head into the 98th year of the University Women's Club with a rich array of events, programs, trips and Interest Groups. As I write this note, I am taking a moment to reflect on the past year and how we continue to adapt and recover from the pandemic. We are thriving. That is a powerful testament to our resilience. It is also an outcome of the strengths of connectedness and community which ground our Club.

I am extremely fortunate to follow Teddy Nicholas and to benefit from her mentorship. Teddy is truly dedicated to UWC and her example of leadership is an example for all of us. A huge thanks to all those super-busy and super-qualified women who responded to requests to serve on committees and in leadership roles as Interest Group leaders and Board members. I am and will continue to be in your debt.

President's News (cont.)

Your UWC Board with ten returning and five new officers has been meeting monthly since May to promote the mission and goals of our club. The goals are to promote fellowship among members, foster opportunities for participation in social, cultural and intellectual activities and to provide financial assistance to The Pennsylvania State University students. I am thankful to be serving with such a caring leadership board.

I hope you join us at the welcoming reception at the Centre Hills Country Club. It will be an evening of friendship with opportunities to meet with people you know and greet new members. You'll meet our scholarship recipients, learn about upcoming trips and hear about Interest Group plans.

For me, this Club is all about interacting, meeting, connecting, and becoming part of a community of amazing women. Welcome new members. Welcome back current members. Let's continue the tradition of all those who have gone before us, worked for us and allow us the privilege of passing it forward to the next generation of members. It's going to be another fantastic year!

Ingrid Blood

UWC President, 2022-23



In Our Thoughts

Lalita Patil fell and hurt herself recently, Gloria Scaltz had surgery shortly after our last board meeting, Falene Hamilton has been challenged remembering people recently and has moved to Virginia, and Ingrid Blood had surgery August 8th.

Keeping In Touch

If you know of a UWC member who has reached a milestone, received an award, suffered a loss, is ill or recovering from surgery, or otherwise should be remembered, please contact Betz Hanley by e-mail at eah3@psu.edu. Betz will send a note on behalf of the UWC expressing friendship and well-wishes.

Membership News

We are excited to be starting a new year! Please join me in welcoming new members Nancy Chiswick, Paula Wickland, and Lynn Petnick, who joined our club since the last newsletter.

Nancy Saidis (Assistant Membership Vice President) and I will be hosting the New Member Reception on Thursday, September 29th at my home. This is an opportunity for new members to meet other new members and board members while enjoying refreshments and conversation. Invitations with more details will be sent out in September.

In addition, Nancy and I will be leading a New Member Interest Group this year so that new members can make new friends, learn more about club activities, and get more involved in other interest groups and activities. The date of the first meeting will be established during the New Member Reception.

If you would like University Women's Club brochures to share with friends, relatives, or neighbors, please let me know and I will arrange to get them to you. Also, if you have any questions at all, please feel free to contact me.

Nancy and I are looking forward to meeting you!

Claire Whiteman
Membership Vice President
clairewhiteman@gmail.com



The University Women's Club Award and Endowed Scholarship Update

Lily Umbel received the University Women's Club Award, which was announced at the State High School Senior Awards Program held on May 31, 2022. As this year's UWC Award recipient, Lily was recognized as a State High senior who plans to attend Penn State University and who demonstrated strong academic achievement and participation in school and community activities. A \$600 account at the Penn State University Bookstore has been established in Lily's name.

Lily will become a Penn State Schreyer Honors College student beginning fall semester and pursue a Biomedical Engineering major. As a high school student, Lily was very active in extracurricular activities. She served as president of Art Club/National Art Honors Society and also was president of Science Olympiad. For Science Olympiad, she coordinated and taught multiple summer camps for middle school students. Additionally, Lily served as secretary of National Honors Society and participated in the women's empowerment club, EmpowHER. Outside school, Lily danced for over 10 years. She also volunteered and helped teach Sunday school classes at Calvary Harvest Fields Children's Ministry.

Research has always been Lily's passion. In high school, she explored this through the Environmentors program at PSU, which enabled Lily to work with two different professors on science research projects. She also conducted her own research project on *Drosophila melanogaster* in a high school research class. As a Penn State student, Lily's goals are to get involved with research and to study abroad.

A portion of every University Women's Club member's dues supports the UWC Award. This is in addition to the UWC Endowed Scholarship, which is supported by member donations. Members have donated slightly over \$150,000 to the UWC Endowed Scholarship since the scholarship was established. Please read the UWC winter newsletter to learn the names of our 2022-2023 scholarship recipients.

Please see the 2022-23 Scholarship Donation Form located at the bottom of the Membership Form in this newsletter.

Charlene H. Harrison
Scholarship VP



University Women's Club

Cordially invites you to the
2022 Fall Kick-Off Reception
at the Centre Hills Country Club

Light Refreshments will be served.

Prospective Member Guests are warmly welcome.

RSVP by: Friday, August 19th

Pat Weaver pweaver111@comcast.net

Click here to RSVP

Event Date: Tuesday, September 6th

Time: 6:30 - 8:30 pm

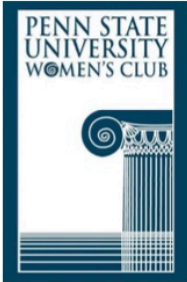
Remarks: 7:15 pm

Centre Hills Country Club located at:

153 Country Club Road
State College, PA 16801

Questions? Contact Pat Weaver
pweaver111@comcast.net

*** Members and Guests must be vaccinated
to attend all UWC events**



2022-23 Membership and Dues Form

Name _____

ENCLOSED is a \$30 check for my dues, payable to University Women's Club.

DIRECTORY: Your contact information will be included if your dues are paid by October 1.

Opt out of directory.

NEWSLETTER: Your membership includes several newsletters per year. We have gone **green**, so these will be sent to your email address.

We share the University's commitment to inclusion and diversity and welcome as a member any woman with our common concern for the interests of The Pennsylvania State University, the community, and each other. No formal affiliation with the University is required to join. Check one: _____ I am a NEW MEMBER.

_____ I am a CONTINUING MEMBER.

Please print legibly.

Email _____ Preferred phone number _____

Mailing address _____

Spouse's name _____

SIGNATURE REQUIRED:

I understand that by participating in University Women's Club events, meetings, and activities, I assume full responsibility for injury or illness (such as the case of COVID-19 exposure) and waive any action which might be undertaken against the University Women's Club.

SignatureDate

Complete form and mail with a check for the \$30 dues payable to **University Women's Club** to:
 UWC Treasurer, P.O. Box 341, State College, PA 16804

Please consider making a contribution to the UWC Endowed Scholarship using the form below.

For your convenience, you may include both forms and 2 separate checks in one envelope.
 Dues checks must be made out to UWC; checks for donations must be made out to Penn State University.

Donation to the UWC Endowed Scholarship Fund

Name: _____

Email/ Phone number: _____

Check one:

- \$ _____ donation check enclosed, payable to **Penn State University**.
- I made a \$ _____ donation online with my credit card at www.GiveTo.psu.edu/universitywomensclubscholarship
- Optional: This donation is in honor of/ in memory of _____

Please mail this form to: UWC Treasurer, P.O. Box 341, State College, PA 16804

Donations to the Scholarship Fund are tax-deductible. Thank you for your generosity!



Registration Begins: September 7th

Trip to New York City – April 18 & 19, 2023

The University Women's Club's annual overnight excursion to New York City is scheduled for Tuesday, April 18 – Wednesday, April 19, 2023. Our options for shows and excursions are being developed. Our dinner is scheduled at Bobby Van's Steakhouse. After dinner, we will go to our hotel to prepare for the Broadway show for the evening. We have reserved one- bedroom suites (two queen beds) at the boutique Kimberly Hotel in mid-town Manhattan (Look for information at Kimberlyhotel.com). On Wednesday morning, an event will be scheduled prior to the optional matinee. The fun will continue with appetizers on the trip home followed by preselected deli supper options from Sarge's Deli. A movie on the bus tops off our adventure.

There is no denying this is an expensive pampered excursion since we will opt for popular musicals (such as, *Six*), dining well, and sleeping in upscale accommodations. Prices in New York are increasing, as everywhere. Please know we are always mindful of budgets and hope the three-payment plan will soften the blow. The first installment deposit is a total of \$400 because the hotel requires a down payment. In addition, we may need to pay for a show before our usual January or February second installment.

To reserve your space for this exciting trip, please use the registration procedure and form described below. Details, including the registration process and form, will also be available on our website (sites.psu.edu/psuuwc) and at the Fall Reception on September 6, 2022. Registrations will be accepted in postmarked order and should be mailed no earlier than Wednesday, September 7.

We hope you will join us! For further information, contact Lurene Frantz (lurenef@aol.com) or Janice Keay (jms32@psu.edu). Other committee members are Ann Gray, Cindy Hall, Betz Hanley, Diane Krentzman, Connie McLaughlin, and Sally Tucker.



Registration Begins: September 7th

Trip to New York City – April 18 & 19, 2023

To register for the New York Trip, follow the instructions below.

1. Fill out the registration form.
 2. Write two checks (for a total of \$400). Make one check payable to **FULLINGTON TRAILWAYS** for \$140. Write a second check to **CENTER FOR TRAVEL** for \$260. Only properly made out signed checks will be accepted as valid for registration.
 3. Be sure to sign your checks. There will be two other payment installments as we learn the expenses for the trip.
 4. Put your two checks and registration form in an envelope. (Do NOT include your Women's Club dues check in the same envelope.)
 5. If you have chosen a roommate, put her check and registration form in the same envelope, please.
 6. Address the envelope to:
University Women's Club
ATTN: 2023 New York Trip
P.O. Box 341
State College, PA 16804
- Remember to put a stamp on the envelope!
7. Mail the envelope containing the registration form and two checks on Wednesday, September 7 or later. Registrations will be accepted in the order they are received, by postmarked date on the envelope.
 8. Envelopes must be postmarked September 7 or later!



**New York City Trip Registration/SIGN-UP
Form**

**Yes, I would like to register for the
New York City Trip
April 18 & 19, 2023.**

NAME

ADDRESS (STREET, CITY, ZIP)

PHONE WITH AREA CODE

EMAIL

Check all that apply:

- I paid my University Women's Club dues prior to September 6, 2022.
- My check for \$140, payable to FULLINGTON TRAILWAYS, is signed and included along with my check for CENTRE FOR TRAVEL for \$260.
- I have a roommate. Her name is: _____
- My roommate's registration and checks are included in this envelope.
- I want to be in a double room but do not have a roommate. Please select a roommate for me.
- I am interested but cannot commit at this time. Please include me on the waiting list.

Place completed FORM and CHECKS in an envelope. Stamp and mail to:

University Women's Club, ATTN: 2023 New York Trip
P.O. Box 341
State College, PA 16804

Envelopes must be postmarked September 7 or later!



Fall Trip
**Laughter
 Really Is
 the Best
 Medicine!**

OCT.
25

Registration Deadline: September 23rd

Did you know that laughter can improve both your physical and mental health? Research has shown that laughter strengthens your heart, reduces stress, boosts your immune system, burns calories and can help you live longer. The Penn State University Women's Club wants to do everything they can to help you live a long, happy and healthy life. That is why this year we are offering a trip to the National Comedy Center and the Lucille Ball Desi Arnaz Museum in Jamestown, New York as our Fall Trip.

Please join us as we explore the history of comedy and how it has shaped our lives as individuals and as a country. We will visit the Lucille Ball Desi Arnaz Museum where we will see several sets from "I Love Lucy" and learn about the incredible impact the "First Couple of Comedy" had on the world as well as their interesting histories.

Lunch will be in the Tropicana Room above the museum where episodes of some of the most loved "I Love Lucy" shows will be shown while we eat.

The afternoon will be spent at the National Comedy Center. This museum has been identified as one of the best museums in the country. It is an interactive experience where you can explore comedians you have loved over the years and discover some new ones that you will enjoy.

Our bus will leave the Weis parking lot (North Atherton) at 6:30 am on October 25, 2022. We anticipate returning to State College @ 7 pm the same evening. We will have a stop for a restroom break during our travel.

The cost for this trip will be \$125 per person. This cost will cover transportation, lunch, snacks on the bus, and entrance to all buildings and activities.

All members must be fully vaccinated to attend this trip, follow CDC guidelines and the requirements set by our hosts to enter all buildings on this tour.

Please email Julie Breuninger with any questions – julieknits4@gmail.com

National Comedy Center Trip Registration

Please send the attached registration by September 23rd with a check for \$125 made out to The University Women's Club to:

Julie Breuninger, 1212 N. Inverary Pl, State College, PA 16801

NAME

ADDRESS (STREET, CITY, ZIP)

PHONE WITH AREA CODE

EMAIL

FOOD RESTRICTIONS

LUNCH SELECTION

- VEGETARIAN LASAGNA
- STUFFED CHICKEN BREAST WITH PARSLEY BUTTERED POTATOES

Enclosed is my check made out to The University Women's Club for \$125

MAIL TO:

Julie Breuninger
1212 N. Inverary Pl.
State College, PA 16801

University Women's Club Interest Groups 2022-23

 On September 15th 

All members who pay their dues by September 9th will receive an email with a [link to the online Interest Group sign-up form](#).

In order to sign up for any interest group, you must have paid your 2022-23 UWC dues. Members who join or renew before September 9th will receive an email the sign-up link.

Members who join or renew after September 9th will receive the sign-up link when their dues payment is received.

If you, or someone you know, needs help in signing up online for Interest Groups, please contact

Kate May, Interest Group AVP
katemay118@gmail.com

You may also ask a friend to assist in signing you up!

The pandemic has changed many things in our daily lives, but the key aspects of the UWC Interest Groups remain the same. Interest Groups have traditionally been the heart of the University Women's Club. They are where members meet each other, make friends, and share interests.

Members must be fully vaccinated to attend all UWC group events.

University Women's Club Interest Groups 2022-23

AGED TO PERFECTION (wine tasting)

Aged to perfection meets three times a year on Wednesday afternoon from 3:00-5:00 p.m. This fun group meets at member's homes, with a fourth meeting at a local winery. We collect \$15 at each meeting to help cover the costs of the wine and appetizers. Everyone is expected to participate as either a host or presenter. Last year we explored the wines of New Zealand, Italy and New York State. There is a \$5.00 group fee.

Judy Barrile
jbarrile@gmail.com

AMERICAN MAH JONGG New Group.

Join us to learn, gain experience, and have fun playing the popular game of American Mah Jongg using the National Mah Jongg League (NMJL) rules. I propose weekly meetings on Thursdays at 10 am. At our first meeting, we can decide as a group what works best for most. Beginners must attend introduction to play sessions once a week for 4 weeks to learn the basics of the game. Members who already play the game are invited to join the introduction sessions to help teach new players. Each member must have the current 2022-2023 National Mah Jongg League (NMJL) card to play. Please contact me for more information on how to obtain a card, order your own set of tiles and pushers if you are interested, and to share your level of experience. We need a Mah Jongg set for every 3-4 players and 2 or 3 card tables and folding chairs. If you are able to provide any of these items, please let me know for planning purposes.

Cathie Kenny
cathiekenny73@gmail.com

ANTIQUES STUDY

This group is for everyone who has, or would like to have, an appreciation for antiques and history. We meet at 1:30 p.m. the fourth Wednesday of the month, except November which is the third Wednesday. E-mail reminders are sent to the members 10 days before each meeting with details and last minute information. In April, we will take a day trip to the Hagley Museum in Wilmington, DE. The group fee is \$5.00.

Connie DiNunzio
lioness230@gmail.com
 Lydia Fox
skippyfox66@gmail.com
 Linda Wilson
hjlaw11@aol.com

AROUND THE WORLD

Women from Around the World meet to discuss and learn about one another's cultures through art, food and discussions about customs and traditions. Meetings are typically held in member homes on the 3rd Friday of the month from 10 a.m. till noon. So far women from Argentina, Bulgaria, Germany, India, Japan, Romania, Thailand and the United States form the group. We will meet in person in accordance with the guidelines laid out by UWC. We are a fun bunch with a huge welcome to new members.

Mariana Degeratu
marianaxd@netscape.net
 Nilima Kumar
nilimakumar@yahoo.com

BICYCLING

We meet Tuesday mornings at 9:00 a.m. spring, summer, and fall. Our rides are out-of-town on country roads and the ride distance is about 20 - 30 miles. There is no fee for the bicycling group.

Pat Schulte
pls5@psu.edu

University Women's Club Interest Groups 2022-23

BOOK AND PLAY REVIEW

The Book and Play Review Group is one of the oldest interest groups in the UWC. We invite local authors to lecture to our group on a wide variety of topics. There is no need to have read the book, just come to listen! We meet six times per academic year (on the 4th Monday of the month) at 1:30 p.m. at Schlow Library. The dues are \$5 per person for the entire year. A program which details upcoming speakers will be available at the Fall Reception, or can be provided by emailing one of the following people:

Mary Atchley
mlsa@comcast.net
 Uma Belegundu
umabelegundu@gmail.com
 Lida Ouwehand
lida@ouwehands.com
 Linda Witmer
lindawitmer@ymail.com

BOOK DISCUSSION

The group meets on the second Wednesday of the month at members' homes at 1:30 p.m. At our May meeting we offer suggestions of titles to read and vote for the books that we will read for the September through April discussion sessions. Membership requirements include the willingness to either host one meeting or report on one book per year.

Nancy Weinreb
neweinreb@comcast.net

BOOK 'EM LADIES (Formerly All About Books)

Members of this group meet at 1:30 p.m. on the 3rd Wednesday of each month. The meetings will remain outdoors as long as the weather cooperates and will move to inside member's homes when the cold sets in. They read both fiction and non-fiction, but try to avoid anything too depressing or violent.. They choose books for 2-3 months at a time. Their discussions always begin with the book but generally expand into issues raised by the author.

Jane Stanton
JStan2000@gmail.com
 Diane Twomley
di2mley@gmail.com

CHINESE MAHJONG

The group welcomes both new and experienced players to join them on the first Tuesday of each month from 1:00 until 3:30 p.m. We play using traditional Taiwanese Chinese rules (as opposed to the National League rules used in the American version of the game) and will gladly explain the rules to new members. Meeting location(s) and frequency to be determined once sign-ups are completed.

Kate May
katemay118@gmail.com

COOKING WITH FRIENDS

Enjoy a luncheon with your Cooking with Friends members and take home some delicious new recipes! We meet in members' homes and the volunteer hostess specifies the number she can accommodate; not every member will be able to attend each luncheon. We maintain a waiting list if our group is filled and will contact you when there is an opening. Luncheons are held on the first Friday of each month, from September through June with February not included.

Betz Hanley
eah3@psu.edu
 Pat Williams
pwilliams422@comcast.net
 Kay Kustanbauter
kfk1@psu.edu
 Joan Grant
joangrant1949@yahoo.com

DAY OF DISCOVERY

The Day of Discovery interest group will take you to places you may have heard about but never ventured to. There will be three 1-day trips to include Flight 93 Memorial, Johnstown and the Flood Museum, and Horseshoe Curve. Dues are \$2.00.

Kay Kustanbauter
kfk1@psu.edu

University Women's Club Interest Groups 2022-23

DINNERS FOR EIGHT

Join us for an evening of laughs and conversation once a month! We include husbands, but they are not required. If you sign up as a single, you can bring a friend (male or female) or not bring one. We gather in groups of eight for dinner, with each two bringing a part of the meal (vegetable, salad, or dessert) and the hosts preparing the main course. For holidays and special events, we go to restaurants & have picnics as a whole group.

Teddy Nicholas
teddyandnick@comcast.net
 Mary Ellen Beechan
crbee@comcast.net

DOLLHOUSE DELIGHTS

Dollhouse Delights meets the third Tuesday of the month at 10:30 a.m. at rotating member's houses. Owing a dollhouse is not a prerequisite. Members will be invited to view our dollhouse collections and share their expertise and knowledge. We offer a range of skills from the basics of dollhouse design and restoration to building unique interiors. We have come to realize that there are so many people who love dollhouses and so few places for them to share this passion, learn more, or create stunning designed dollhouses to pass down through the generations. We are looking forward to sharing our love of this hobby and working with others who want to discover the joys that dollhouses can bring. Fee \$5.00.

Linda Berenson
linda8888@hotmail.com
 Adelina Hristova
azbukiveri@gmail.com

FUN WITH FOOD

The second Thursday of October, November, December, February, March and April we have lunch at a restaurant or location arranged by members of the group. Invitations and reservations are sent by USPS mail giving everyone an equal chance of participating when numbers are limited. Pandemic recovery has been particularly difficult for the restaurant industry, with limited workers and supplies, so we have not been able to secure venues too far in advance. We welcome anyone to join the group at any time. Our group fee is \$5.00 to cover printing and postage.

Lurene Frantz
lurenef@aol.com
 Marilyn Gouran
mgouran@comcast.net
 Marge Hymer
wch@psu.edu

GAMES NIGHT

We meet on the 3rd Monday of each month at 7:00 p.m. to play games in a relaxed atmosphere. Check the email that is sent each month for the location, which may vary. Members are invited to bring games and we play whatever strikes our fancy. We are an eclectic group that enjoys sampling the gaming tastes of all members – come join us!

Kathy Rachael
kathyrachael@comcast.net

GARDENING

The Garden Club welcomes anyone with an interest in gardening or gardens! We have several exciting programs planned for the second Tuesday of the month during the year. Our programs may include visiting gardens, speakers, and hands-on activities such as creating arrangements and holiday decorations. We often add an optional lunch prior to programs, a great way to socialize and meet other members. Our fee is \$10 to cover expenses.

Pat Williams
pwilliams422@comcast.net
 Betz Hanley
eah3@psu.edu

University Women's Club Interest Groups 2022-23

GLOBAL CRUISE DINING GROUP

Come travel with a UWC interest group called A Global Dining Cruise. Group members actively participate and enjoy dinners hosted in each other's homes. The monthly host determines the country/region to feature and provides a main course entrée plus designs a menu with recipes each group member prepares/brings/or shares at the meal. Cultural recipes are explored and the host shares them with group members who assigned themselves to an appetizer, beverage, soup, dessert or salad as appropriate to the cuisine. Everyone in the group actively participates in some way. In advance of the meal, the host researches the country and shares information about the area with the group during the meal.

Ann Mitra
annmitra@earthlink.net

HIKING

If walking in the woods is one way you like to stay fit, join the Wednesday hikes. Since 1971, this group has been a perennial favorite for those who appreciate natural beauty, which abounds in Central Pennsylvania. For newcomers, walking and talking is a great way to meet people. Hikes are easy to difficult and range from three to seven miles. A printed schedule with a brief description of hikes and estimated times of return will be posted on the UWC website each fall and spring. No fee. Please contact Kathi Ferrigno if you no longer want to be on our list or rarely attend.

Kathi Ferrigno
kathiferrigno@comcast.net
 Jennifer Kolln
jennifer.kolln1@gmail.com

KNITTING AND CROCHETING

The Knitting and Crocheting group typically meets on the third Tuesday of each month. We are a group that enjoys knitting, talking about projects we have finished (or are trying to finish), and sharing patterns found on the internet or in old pattern books. Though most meetings are unstructured we do have the occasional program or field trip. We are thinking about a possible field trip in the fall and/or spring. If you are interested in knitting or crocheting or need a bit of help, do think about joining us!

KNITTING AND CROCHETING (cont.)

If you are interested in knitting or crocheting or need a bit of help, do think about joining us!

Nanette Bohren
bohren@meteo.psu.edu

LADIES AFTERNOON WINE TASTING

The Ladies' Afternoon Wine Tasting group meets three times a year. We enjoy tasting new wines and pairing the wines with food that complements the wine. We meet in members' homes and take turns chairing the programs. This enables us to research wines and share our findings with the group. All members must participate in presenting a program when their turn comes up. We are a fun group and we love socializing with one another.

Jeanne Weber
jeannebweber@gmail.com

LION PRIDE

This group exists for members to share fun adventures at our wonderful University. Members take turns planning 5-8 annual Penn State related activities that may include behind-the-scenes and lab tours, visits to exhibits and performances, lunches/dinners, and meetings with professors. Some activities may be exclusive to our membership; others consist of getting a group together to attend some of the great offerings on campus. A group planning session will be held as soon as the 2022-23 member list is finalized.

Laurel Zydney
laurel@email@gmail.com
 Jane Stanton
jstan2000@gmail.com

LIT LOVERS

This group will explore the world of contemporary literature, based on the suggestions of the group. Members take turns facilitating lively discussion about the book selection for the month. We will meet at member's homes, or by Zoom. The meetings are the 2nd Tuesday of the month from 3-5 pm. There is an initial group fee of \$5.00.

Judy Barrile
jbarrile@gmail.com

University Women's Club Interest Groups 2022-23

LITERARY SUPPER CLUB

We are a monthly book discussion group meeting on the third Wednesday of the month in member's homes at 5:30 p.m. The hostess provides light refreshments. Our reading list is eclectic and follows the whims of the group. We select books and hostesses in July for a ten-month cycle. In December and August we go somewhere for an activity such as dinner and a show. Fee \$5.

Pat Garthe
patgarthe@verizon.net

LUNCHESES FOR SIX

We invite you to enjoy an opportunity to learn more about club members along with good food and stimulating conversation. Laughter is guaranteed. Each member hosts once a year and invites five guests to come to her home or go to a restaurant. Two hostesses may plan the luncheon together. In order to meet everyone, we have had two potluck gatherings each year—one is in October. Please join us the first Wednesday of each month, October through May (except January), noon or 12:30.

Lurene Frantz
lurenef@aol.com

MEDITATION

Yoga Meditation is the art of focusing your mind and is also part of a well-rounded yoga experience. Learning to meditate involves more than sitting still. The more you're able to quiet your thoughts through yoga meditation, the more you experience a sense of true presence. Being in the moment helps create that beneficial mind-body connection that yoga meditation is known for. Come and experience and learn this unique technique. You will learn to transform the mind from negative to positive, disturbed to peaceful, and from unhappy to happy. The initial meeting will be via Zoom, then a decision will be made whether to meet at the Unitarian Church or continue on Zoom.

Lalita Patil
lgpatil@hotmail.com

MOVIES

Join us if you enjoy movies and like to discuss them with others. We meet at the theater chosen, except during the summer. Members are invited to suggest films, preferably matinee showings, to the group coordinator, who will inform members by email as to the movie chosen, the location, and the time. This is an informal group, and you are invited to bring along friends. Sometimes we stop for coffee following the movie, and we have been known to go for a meal if there is interest.

Maureen Moses
mamamoses@gmail.com

NEEDLECRAFT

This group is for anyone who enjoys creating with a needle and thread. All skill levels are welcome. Our group does not charge fees. Beginning in September, we will meet in person on the fourth Wednesday of the month at 6:30 p.m.

Karen Truitt
truittka@comcast.net

NEW MEMBER GROUP

Are you new to the University Women's Club? Please join us as we make new friends, learn more about club activities, and get more involved in groups and activities the club has to offer. We plan to meet monthly at Claire or Nancy's house or at the home of anyone else who wants to host us. The first meeting date and time will be established at the New Member Reception that will be held at Claire's house September 29th.

Claire Whiteman
clairewhiteman@gmail.com
 Nancy Saidis
ncsaidis@gmail.com

University Women's Club Interest Groups 2022-23

QUILTING

Quilt lovers come join this enthusiastic group and learn more about traditional and modern quilting. Pick up new techniques and perfect current skills. This group is open to beginners and experienced quilters. Demonstrations of projects as well as "hands on" opportunities will occur at each meeting. Come and be inspired. Lots of sharing and "Show and Tell". Field trips may be included should we qualify once things open up. We meet the 1st and 3rd Monday at 1:00 p.m at Good Shepherd Catholic Church in Port Matilda. Fee: \$10.00

Marty Snider
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 Michele Thomas
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SPEAKING OF ART

This is an interest group for people who love art. We talk about art, learn about art, and artists in the group share their work. Each year we have a "Challenge" project for those interested in participating. General meetings will be held at Foxdale from 1:00-3:00 p.m. on the second Friday of the month, September to May.

Due to current pandemic restrictions, alternate meeting sites are to be determined. In December we have a holiday lunch and gift exchange. We visit the Palmer Museum of Art and the Bellefonte Art Museum for docent and artist presentations. Our group usually takes one or two bus trips per year. There is a \$5 dues fee to cover the costs of refreshments and stipends for guest speakers.

Leader(s) are Needed for this Interest Group. If you are willing/able to help, please contact: Lurene Frantz, 814-238-4053, lurenef@aol.com OR Kate May, 814-380-1282, katemay118@gmail.com .

WICKED GOOD READS

We meet the 2nd Wednesday of the month, September through May, at the Tanglewood Condominium Clubhouse, Circleville Road, from 1:00 – 2:30 p.m..

Lively and thought-provoking discussion is the hallmark of this book group. Each month a member presents a book for examination and edification. The books may be prize winners, classics, or the latest wildly controversial read, but none are immune from the incisive scrutiny of our members. There is a one-time \$5 joining fee.

Kathy Friedman
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 Lida Ouwehands
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WINE DIVAS

Wine Divas meets three times a year for a tasting of three wines paired with delicious appetizers. Tastings are usually in October, January, and April/May with the exact dates based on host and presenter schedules. Each tasting is hosted by one member in their home and the wine and the appetizers provided by three presenters. Each member usually presents or hosts every other year. We collect between \$12-\$15 at each meeting to help cover the costs of the wine and appetizers.

Pat Koch
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 Patty Garthe
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WOMEN WHO WINE (formerly Grapes Are Us)

Lovers of friendship, stimulating conversation, and wine, the members of this group take turns planning monthly meetings; locations and formats of their wine adventures vary.

Jane Stanton
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 Sukie Woodruff
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