

# **Tips and Tricks**

First and Second Year Students
Penn State Health Professions Expo
February 28, 2024

# **Before The Fair**

- Decide what you are wearing! Make it comfortable yet professional. Nice slacks and a sweater or shirt are
  just fine.
  - The **Penn State Career Closet** can help you dress for success.
- You might want to bring a folder or padfolio to collect school information.
- Research the schools attending the expo that interest you and formulate some questions to ask.

#### Here are a few ideas:

- What are career options for students who complete your program?
- What is the level of patient interaction in this program/career path?
- What kind of board exams and licensure requirements exist for this degree and profession?
- Are there opportunities for specialization in this program? If so, is post-graduate work needed?
- What kind of extracurricular activities does your program value?
- How long is the program?
- What helps an applicant stand out to your admissions committee?
- What sets your school/program apart from others?

# **During The Fair**

- Target organizations that interest you, but keep an open mind. Consider schools and programs you are unfamiliar with there are great opportunities everywhere.
- If a table is less crowded, you will have the chance to converse longer with the representative. As you approach each school's table smile, make eye contact, and introduce yourself.
- Be prepared with any questions you would like to ask.
- Collect program informational handouts and school representative business cards or contact information.
   Write interesting facts, notes, or additional contact names on the back of the card or on your notepaper.
   Use this information to follow up after the fair.

#### After The Fair

- Submit your fair evaluation as you leave.
- Feel free to contact a school/program for additional information.
- Consider sending a brief thank you note or email to representatives you met.

### **Additional Resources**

- American Association of Medical Colleges Making the Most of a Premed Event
- American Association of Medical Colleges Selecting a Medical School: 35 Questions I wish I had Asked
- American Dental Education Association Prepare for a Health Professions Recruiting Fair