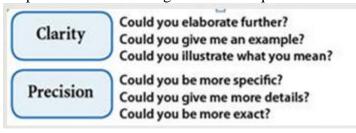


A. Activity #1 – POV exercise – "What is happiness"

- 1) In the identity wheel above, fill in descriptors for each of the identity areas in the wheel. Example: Gender – Female... Other groups...sports teams
- 2) Assign numbers 1-4 to each of the aspects according to the statements above.
- 3) Write out your description of the concept of "happiness" What makes people happy?
- 4) For any area with a 1 and/or 4, write a statement about how each of these aspects influences your definition of the concept "happiness"... My POV on the concept of happiness is influenced most by... in the following ways (tell a story, given an example, etc.)
- 5) Discuss your <u>POV</u> about your definition of happiness with a partner

6) LISTEN carefully to your partner – be ready to accurately and fairly describe their understanding of "happiness" as well as their POV.

Help them elaborate using the standard questions of clarity and precision



Summarize your partner's conversation here. My partner's definition of the concept of happiness is...

His/her POV is influenced mostly by... in the following ways..

7) Evaluate the accuracy of <u>your partner's description of **your** definition and POV</u>. Write a statement about their accuracy. Was it a fair representation of all that you said?

B. Activity #2 – Academic example

1) Using the PSYCH text - CH 6 - Pg 211 (A) - Find and write down the 2 different POV's in the marked section of text in your handout.

C. Activity #3 ACADEMIC Language of describing another POV and commenting upon it...

- 1) Take a look at the text example marked (B). What comment is the author making? Is it positive or negative?
- 2) Using the examples of language on the handout, re-write that first paragraph in 2 sentences (C)
- a) Present the POV of psychologists who study classical and operant conditioning.
- b) Re-write the author's negative comment, using the examples of language in the handout