Support a Friend

When helping a friend who has been impacted by sexual assault or relationship violence:

- Listen and believe. Don’t judge.
- Remind them it wasn’t their fault.
- Make sure your friend is safe. Seek medical attention.
- Share resources (listed on this card) that can provide support.

Call 911 for emergencies

Is your relationship unhealthy?

- Does your partner make you engage in sexual activity when you don’t want to?
- Does your partner refuse to use a condom, when asked?
- Does your partner control who you can talk to or where you can go?
- Does your partner check your cell phone, text messages, or social media activity?

If you answered YES to any of these questions, you may be in an abusive or unhealthy relationship.

Find Help: Beaver

Office of Sexual Misconduct Prevention & Response
Title IX Coordinator
titleix@psu.edu | 814-867-0099

Amy Gartley
Beaver Title IX Resource Person
asb1@psu.edu | 724-773-3956

Confidential Campus and Community Resources

Personal Counseling
724-773-3961

Health Services
724-773-3955

Heritage Valley Beaver Hospital
877-771-4847

Women’s Center of Beaver County (24 Hr)
womenscenterbc.org | 724-775-0131

Crisis Center North (24 hr)
866-782-0911

If your relationship is unhealthy,

- Does your partner make you engage in sexual activity when you don’t want to?
- Does your partner refuse to use a condom, when asked?
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Sexual activity that occurs without consent violates University policy and may be a crime. What is Consent?

- Consent must be informed, freely given, and mutual.
- Consent cannot be assumed from silence, lack of resistance, or lack of active response.
- Consent cannot be obtained through coercion, intimidation, threats, or use of force.

Incapacitation: If a person is asleep, unconscious, or too impaired by alcohol or drugs to understand the nature or extent of a sexual situation, there is no consent.

Students who have experienced sexual assault, sexual harassment, dating/relationship violence, stalking, or sexual exploitation have the right to:

- Report their experience to the University and/or local law enforcement
- Access resources and support services through the University, including:
  - academic accommodations
  - housing modifications
  - no contact directives
  - free counseling and psychological support
  - healthcare
  - referrals to community agencies for services
- Be protected from retaliation.