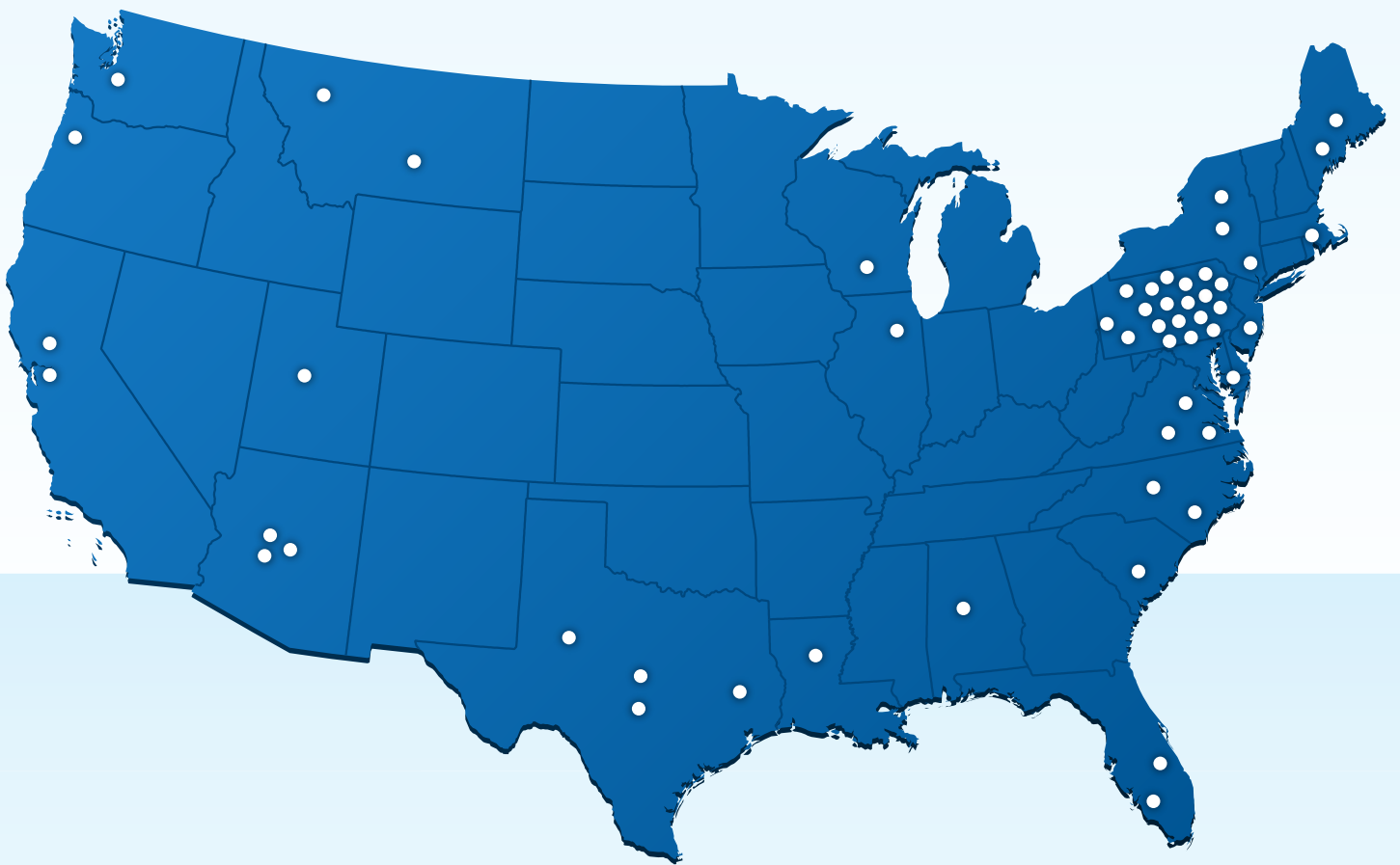


We Train the Nation's Dermatologists



MOHS Fellow

1998-1999

Jeanette Pitts Scottsdale, AZ

1997-1998

David Long Lubbock, TX

1996-1997

Mark Jones Billings, MT

1995-1996

Lora Plattner Scottsdale, AZ

1993-1994

Elizabeth Billingsley Hershey, PA

1992-1993

Kristin Thorisdottir Iceland

Dermatology Residents

2010-2013

Timothy Hansen Houston, TX

Christie Regula Marlton, NJ

2009-2012

Holly Gunn Lancaster, PA

Sara Heilig Seattle, WA

Lance Wood State College, PA

2008-2011

Ninad Pendharkar State College, PA

Heather Salvaggio Cooperstown, NY

Renee Straub Charleston, SC

2007-2010

Mark Eid Richmond, VA

Kyle Horner Lebanon, OR

Connor Patterson Baton Rouge, LA

2006-2009

Christopher Jones Austin, TX

Stacy Klepeiss State College, PA

Lorraine Rosamilia State College, PA

2005-2008

Rosalyn George Wilmington, NC

Shari Marchbein-Clarke New York, NY

Harper Price Phoenix, AZ

2004-2007

Anneli Fogelberg Camp Hill, PA

Gregory Fulchiero Altoona, PA

Emmy Graber Boston, MA

2003-2006

Sonia Badreshia-Bansal Danville, CA

Tamy Buckel Chestertown, MD

Catherine Tisdall-Headley Helotes, TX

2002-2005

Jennie Clarke Hershey, PA

Jennifer Sceppa Manheim, PA

2001-2004

Sharon Fang Lombard, IL

Christopher Miller Philadelphia, PA

2000-2003

Christine Cassel Hummelstown, PA

Michael Todd Lansdowne, VA

1999-2002

Bryan Anderson Hershey, PA

Summer Youker Davis, CA

1998-2001

David Adams Hershey, PA

Christine Cabell Wilkes-Barre, PA

1997-2000

Edward Desciak Pomona, NY

Kenneth Katz Manitowoc, WI

1996-1999

Elvira Chiritescu Apex, NC

Judith Williams Norfolk, VA

1995-1998

Alison Botek Lock Haven, PA

Shari Skinner Ft. Myers, FL

1994-1997

David Long Lubbock, TX

Karen Waltz York, PA

1993-1996

Russel Glaun Boca Raton, FL

Mark Jones Billings, MT

1992-1995

Marie Helmold Bethlehem, PA

1991-1994

Nancy House Sewickley, PA

1990-1993

Stephanie Diamond Harrisburg, PA

1989-1992

Diane Thiboutot Hershey, PA

1988-1991

Michael Gette Harrisburg, PA

1987-1990

David Murdock Kalispell, MT

1986-1989

Sherrie Feldman Hummelstown, PA

1985-1988

Jo Herzog Pearlman Vestavia, AL

1984-1987

Alan Westheim Stroudsburg, PA

1983-1986

Ronald Rovner Scarborough, ME

1982-1985

Nancy Egan Brunswick, ME

Penn State Hershey Dermatology Is Growing

BY: S. ALISON BASAK, M.D., M.A.

To expand access to excellent skin care, Catherine Chung, M.D., and Elizabeth (Vinny) Seiverling, M.D., have joined Penn State Hershey Dermatology.

Chung joins the team as a clinical dermatologist and dermatopathologist. She completed medical school at SUNY Upstate Medical University and her dermatology residency at the University of Rochester Medical Center. She is a board-certified dermatopathologist, having completed a dermatopathology fellowship at Penn State Hershey Medical Center.

Seiverling is a graduate of Penn State College of Medicine and completed an internship in internal medicine at Massachusetts General Hospital at Harvard. She completed her dermatology residency at the University of California San Francisco. She has been instrumental in expanding dermatology services at the Penn State Hershey Medical Group locations in Mount Joy and Palmyra.

[See my interviews below to get to know Chung and Seiverling.](#)

What drew you to Hershey?

CHUNG: I initially came for the excellent dermatopathology fellowship, which offers the best training in histopathology, bar none. Once I completed my fellowship, I was offered my dream job at Penn State Hershey—seeing patients as a clinician and interpreting slides as a dermatopathologist. The support and mentorship provided by faculty were also differentiating factors for me.



Dermatologists Elizabeth (Vinny) Seiverling, M.D., (left) and Catherine Chung, M.D., (right) pause for a photo while seeing patients at Penn State Hershey.

SEIVERLING: Five generations of my family have lived in Hershey. I wanted to come back to be closer to them and to serve the people of the community.

Dr. Chung, why did you become interested in dermatopathology?

Dermatology is so complex that I truly feel that to understand the myriad disease processes, one must understand what is happening on a histologic level. What is seen under the microscope translates to the clinical presentation and helps me understand the disease.

Dr. Seiverling, what drew you into dermatology and what career accomplishment are you most proud of?

Dermatology is both a visual and a hands-on specialty, which really appealed to me. It is clinically challenging—each condition is a puzzle that you have to put together. I really enjoy teaching medical students, residents, and other physicians, and developed a dermoscopy lecture series to teach resident physicians how to better identify skin

cancers. Dermoscopy helps detect skin cancers, like melanoma, at earlier stages, allowing for higher cure rates.

What do you enjoy doing when you have free time?

CHUNG: I really like television, despite not owning one; I am a Netflix TV “binge” watcher. I’ll watch entire seasons of my favorite shows in a single sitting. Police programs, such as *Law and Order*, are a special favorite of mine. I think if I wouldn’t have been a physician, I would have been a forensic scientist. I also like *Downton Abbey*, *How I Met Your Mother*, and *Damages*. I was a film major in college, and I think some of the best screenwriting, directing, and acting actually happens on the small screen.

SEIVERLING: I play tennis regularly and I also enjoy cross-country skiing and hiking.

Taste of Tango

BY: DAVID BAIRD, M.D.

The inaugural Taste of Tango event was held on October 19, 2013, at the Antique Automobile Club of America Museum in Hershey. The evening was filled with antique cars, dancing, and a delightful selection of chocolate desserts. ABC27 anchor Valerie Pritchett served as emcee, and Pierre Baston and Maria de Sousa of River Tango skillfully taught the basics of the social tango. In no time, they had the room circling in dance. This was followed by a showcase of Baston and de Sousa's graceful movements, punctuated by fiery staccato. Joyce Marks, Tony Kempf, Fred

Shipley, and Valerie Pritchett dazzled the audience with a splendid demonstration of various styles of tango. All who attended enjoyed social dancing to all the popular rhythms. More than sixty people attended the event, which raised funds to support the Dermatology Research Endowment Fund at Penn State College of Medicine.

We thank our event sponsors:
Bonnie and John Rhodes, Janssen Biotech, Inc., Members 1st Federal Credit Union, and Klick Lewis.

This year's event will be held October 18, 2014, at the Hershey Country Club. For more information, call 717-531-6049.



ABOVE: Jim and Joyce Marks social dancing at The Taste of Tango.

SHOES: Jim Marks charmed everyone with his swinger shoes and fedora.

Jeffrey J. Miller, M.D. — New Chair of Dermatology



James Marks, M.D., passing the "chair stick" to Jeffrey Miller, M.D.

Jeffrey J. Miller, M.D., assumes the reigns as chair of the Department of Dermatology on July 1, 2014. He came to Penn State Hershey in 1998, after completing a residency and fellowship in dermatology at the University of Pennsylvania. He rose through the ranks from assistant professor to professor with tenure and is poised to lead the department well.

**EDUCATION –
 THE EXCITEMENT OF LEARNING**

- David R. Adams, M.D., was promoted to professor.
- Andrea L. Zaenglein, M.D., was promoted to professor.
- Five-year residency accreditation continued with no deficiencies.
- More than sixty-five community dermatologists attended our monthly patient-centered conference.
- Lookingbill, Schragger, and Hassel Endowments sponsored prominent visiting professors.
- James G. Marks, M.D., received the 2013 Steven and Sharon Baron Leadership Award.
- Bryan E. Anderson, M.D., received the 2013 Dean’s Award for Excellence in Teaching.
- Joslyn S. Kirby, M.D., earned the 2013 Clinical Career Development Award in Health Care Policy/Public Health provided through the Dermatology Foundation.
- Charlene Lam, M.D., chief resident, received a 2013 Review Article Incentive Program Award from The American Society for Dermatologic Surgery.

**RESEARCH –
 THE JOY OF DISCOVERY**

- Nineteen sponsored clinical studies (fourteen industry-sponsored and five investigator-initiated).
- Fifty-one peer-reviewed publications featured in national/international journals.
- Annual Food and Wine Event raised more than \$32,000 for basic science research.
- Taste of Tango raised nearly \$1,000 for Dermatology Educational and Research Endowments

**PATIENT CARE –
 THE REWARD OF HEALING**

- Elizabeth “Vinny” Seiverling, M.D., joined the faculty in July 2013.
- Catherine Chung, M.D., joined the faculty in September 2013.
- UPC Clinic in top 10 percentile nationwide Press Ganey Patient Satisfaction – Star Site.
- Seventeen faculty scored in the top 10 percentile in Press Ganey Patient Satisfaction.
- Twelve faculty members were recognized in Best Doctors in America.
- Opened three additional practice sites – Camp Hill, Mount Joy, and Palmyra.
- **Patient Visits:**
 UPC: 31,643
 State College: 15,067
 Camp Hill: 737
 Cancer Institute: 840
 Plastic Surgery: 56
 Pediatrics Specialty Clinic: 261
 Nyes Road: 7,319
 Mount Joy: 449
 Palmyra: 461
 TOTAL PATIENT VISITS: 56,833
- **Skin pathology cases:**
 Inpatient: 10,150
 Outpatient: 6,526
 TOTAL PATHOLOGY CASES: 16,676

**COMMUNITY SERVICE –
 THE SATISFACTION OF GIVING**

- There were 207 individuals examined at our annual free skin cancer screening clinics.
- Monthly Bethesda Mission Clinic for the homeless in Harrisburg.
- Andrea Zaenglein, M.D., David Baird, M.D., Galen Foulke, M.D., and Young Lee, M.D., volunteered at Camp Horizon, a camp for children with severe skin diseases.
- Bryan E. Anderson, M.D., serves on the Board of Directors for the American Contact Dermatology Society.

CROSSWORD PUZZLE ANSWERS PAGE 9

DOWN: 1. Williams, 3. Gette, 4. Fulchiero, 7. Thiboutot, 10. Youker, 11. Pearlman, 13. Heilig, 15. Buckel
 ACROSS: 2. Diamond, 5. Regula, 6. Adams, 8. House, 9. Graber, 12. Murdock, 14. Anderson, 16. Price, 17. Pendharkar, 18. Jones



Jeffrey J. Miller, M.D., with the Nittany Lion at the “inspire it forward” launch event.



Penn State Hershey Dermatology

Inspires it Forward

BY: GALEN FOULKE, M.D.

If you have been to the Penn State Hershey campus lately, you’ve likely picked up on the electric buzz surrounding Penn State Hershey’s “inspire it forward” campaign. Signs, flyers, videos, and events trumpeted the kick-off of the Medical Center’s new, unified directive, but the “inspire” message is much more than a sleek, colorful logo. The initiative aims to unite the Penn State Hershey community into one cohesive team, charged to make lasting impressions on those around us, be empowered to find solutions, and celebrate inspirational ideas. If every employee can “inspire it forward,” then we can make our institution’s five strategic imperatives a reality:

1. Achieve the highest level of quality, safety, and value;
2. Educate and invest in our people;
3. Create an extraordinary patient experience;
4. Lead in innovation through research;
5. Differentiate our academic health system.

These five imperatives are simple, yet powerful, and will look familiar to anyone who has spent time with Penn State Hershey Dermatology. Here’s how Penn State Hershey Dermatology inspires it forward in each of its four missions (patient care, education,

research, and community service), and makes the five imperatives come alive.

Patient care has always been a top priority, and our commitment inspires change. We feel empowered to find solutions, and have standardized our care to maximize quality, safety, and value. Our efforts include evidence-based standardization of follow-up for skin cancer patients, based on cancer type and stage; standardized monitoring of isotretinoin and TNF inhibitor lab work; and maximizing data flow and communication, as we transition to an electronic medical record (EMR). Our efforts are recognized, as our clinic is consistently rated one of the top



On the “wall of inspiration,” staff, faculty, and students shared messages and motivations.

three clinics at Penn State Hershey, in patient satisfaction, currently with a 94.4 percent rating. That is making a lasting impression and creating an extraordinary patient experience!

A passion for education has long been a hallmark of Penn State Hershey Dermatology. Our commitment to investing in people—recruiting, training, and retaining the best—defines Penn State Hershey as a top-tier dermatology residency program. Support through the generosity of donors has enabled the Hassel, Lookingbill, Marks, and Schragger endowments to provide high-quality educational experiences, with lectures from nationally and internationally recognized physicians and researchers, for our students and community dermatologists. Donors also support research and advances in dermatology resident teaching. Looking forward, Penn State Hershey Dermatology plans to continue training future leaders of procedural dermatology through the development of a dermatologic surgery fellowship. This year’s updated edition of *Principles of Dermatology* continues to inspire future medical students across the country.

Penn State Hershey Dermatology is a leader in innovation through research. Ongoing research includes optimizing and standardizing post-surgical wound care; innovative treatments for acne, lupus, and hidradenitis suppurativa; exploring the relationship between acne and diet; and sharpening our already advanced training with innovative ways to deliver feedback to our residents-in-training. Our research and professor endowments are made possible

through inspired donations; we celebrate these achievements with support that drives discovery.

We are a proud member of the community, which inspires us to serve. Our efforts include serving those in need through volunteering and providing dermatology services at the Bethesda Mission in downtown Harrisburg, serving at Camp Horizon (a one week, all-expense paid summer camp for children with skin disease), providing regular, free skin cancer screening and education, and providing dermatology educational services at several community organized events. Commitment to community, cutting-edge research, and innovative teaching differentiates our way of caring for our patients.

Penn State Hershey Dermatology is inspired by people—our patients, our faculty and staff, our community, and those who support us. Thank you for inspiring us forward!

“Inspire it forward,” Penn State Hershey’s new internal brand campaign challenges our community to work as one to improve lives through inspired ideas and innovation. Penn State Hershey Dermatology’s missions embody this philosophy.



David Baird, M.D., and Andrea Zaenglein, M.D., enjoy the “inspire it forward” launch event.

Penn State Hershey Dermatology – Caring for Central Pennsylvanians

BY: KIM QUACH, M.D.

Penn State Hershey Dermatology is committed to providing dermatologic care for residents of central Pennsylvania. In the past several years, we have expanded to multiple locations in the area, increasing local access to dermatologic care. Currently, Penn State Hershey Dermatology has five office locations in the following communities: Hershey, Harrisburg, Camp Hill, Mount Joy, and State College.

Dermatology appointments for various skin conditions such as eczema, acne, warts, or for complete skin examinations and skin biopsies can be made at any of these office locations. Specific treatments such as phototherapy, Mohs surgery for skin cancer, and cosmetic procedures are currently available at certain locations.

To learn more about our physicians and our clinic locations, please visit PennStateHershey.org/dermatology.

To make an appointment at any of our office locations, please call 717-531-6820 or contact any of our offices directly.

OFFICE LOCATIONS:

Penn State Hershey Dermatology
University Physician Center
500 University Drive, UPC I, Suite 100
Hershey, PA 17033
717-531-6820

Penn State Hershey Medical Group—Camp Hill
3025 Market Street, Entrance A
Camp Hill, PA 17011
717-761-8900

Penn State Hershey Medical Group—Nyes Road
121 Nyes Road, Suite C
Harrisburg, PA 17112
717-657-4045

Penn State Hershey Medical Group—Mount Joy
775 East Main Street
Mount Joy, PA 17552
717-653-2900

Penn State Hershey Medical Group—Colonnade
32 Colonnade Way
State College, PA 16803
814-272-4445

Hand Hygiene In, Hand Hygiene Out

BY: TOM MESKEY, M.D.

Good hand hygiene is one of the most effective ways to prevent the spread of many different types of infections in the health care setting. Using soap and water or an alcohol-based hand sanitizing gel is a quick and simple way to eliminate disease-causing germs and avoid their transmission to other individuals. The Centers for Disease Control and Prevention (CDC) recommends health care workers engage in hand hygiene techniques both prior to and after coming in contact with each patient. By implementing institution-wide programs to monitor and enforce good hand hygiene habits, hospitals across the country have



Hand Hygiene In, Hand Hygiene Out (continued)

successfully reduced the number and frequency of health care-associated infections.

At Penn State Hershey Dermatology, excellence in hand hygiene is practiced every day. Consistent with the Medical Center's constant aim to improve the quality of patient care, each and every member of the dermatology clinical team is expected to engage in hand hygiene upon entering and exiting patient rooms. To help facilitate this, alcohol-based hand sanitizer dispensers are located on the walls in each examination room within reach of the entrance, and each room contains a sink with an adjacent soap dispenser. These products are not limited to employees' use; patients at Penn State Hershey Dermatology are also encouraged to participate in the development of good hand hygiene practices. In fact, patients are encouraged to ask their health care providers to perform hand hygiene before (and after) examining them.

To aid in encouraging consistent and effective hand hygiene, surveys are routinely distributed to patients in the Penn State Hershey Dermatology clinic to assess health care workers' hand hygiene habits — evaluating nurses, technicians, and physicians alike. The goal of these surveys is to ensure that each employee is practicing good hand hygiene before and after each patient encounter, and the results have been overwhelmingly positive. During the fiscal year 2013, Penn State Hershey Dermatology excelled with 98 percent of observed employees noted to have engaged in proper hand hygiene behavior. This success has continued into 2014, with employees in the dermatology department scoring 100 percent and 98 percent for the months of January and February, respectively.

As the Penn State Hershey Dermatology clinic continues to serve new and returning patients every day, it is important for everyone to adopt healthy hand hygiene habits. Through consistent and concerted efforts, the spread of infection and illness can be minimized. For questions or to learn more please contact the Quality and Infection Control office at 717-531-4641.

PHOTO LEFT: Charlene Lam, M.D., demonstrates proper hand hygiene.

Stewardship of Endowments and Gifts

BY: JAMES MARKS, M.D.

Last year (2013) was a year of significant accomplishments for Penn State Hershey Dermatology, many of which were made possible through generous gifts from our donors and effective utilization of the interest from our endowments. Here is an update concerning the stewardship of these funds:

The Sun Protection Project educated the public about sun protection and skin cancer.

Jeanne Donlevy Arnold's ongoing support helped purchase additional umbrellas, hats, and long-sleeved shirts for the Medical Center grounds crew and participants in our skin cancer screening day. In addition, a shade-providing gazebo will be installed in Palmyra's Fireman's Park. Gifts to the department also made it possible to buy a sunscreen dispenser for the Hershey Community Garden on the Medical Center campus.

The Donald P. Lookingbill Endowment lecture, entitled, "Spots and Dots: Disorders of Pigmentation," was presented on May 2, 2013, by Virginia Sybert, M.D., Division of Medical Genetics at the University of Washington.

The Alan Schragger Endowment lecture, entitled, "What is Dermatology Outcomes Research?" was presented on November 7, 2013, by Suephy Chen, M.D., M.S., associate professor and vice chair, Department of Dermatology, Emory University.

The Mark Hassel Education Endowment lecture, "Contemporary Management of Melanoma," was presented on June 6, 2013, by Christopher K. Bichakjian, M.D., associate professor and director, multidisciplinary Merkel cell carcinoma program, University of Michigan Hospital and Health Systems.

The James and Joyce Marks Clinician Educator Endowment is supporting an American Acne and Rosacea Society (AARS) study on how nutrition affects acne. Kimberly Quach, M.D., third year dermatology resident and Caroline Larosa, Penn State College of Medicine medical student, are currently collecting data. This endowment also funded a study on how lifestyle factors influence medical students during their career selection, as well as visiting faculty lectures by Carrie Kovarik, M.D., from the University of Pennsylvania and Anna Grossberg, M.D., from Johns Hopkins University.

Dermatologist by Day, by Night

BY: CHARLENE LAM, M.D., M.P.H.

Penn State Hershey is the training ground for dermatologists nationwide. Have you ever wondered what your resident dermatologist did before dermatology?

**Hint: former residents are listed in this newsletter.*

Across

2. As a “girl’s best friend,” this former resident knew the best treat was a fresh Nutty Buddy while working at the Hershey factory.

5. This Fayette County Fair Queen took her talents down south and became a Duke cheerleader.

6. At 12-years-old, this drug and bug expert received an award for catching an 18.75 inch and 4 pound 5 ounce large-mouth bass.

8. This Pittsburgh dermatopathologist’s favorite job was as a resident at Penn State Hershey.

9. This Hummelstown native was a tour guide at Indian Echo Caverns.

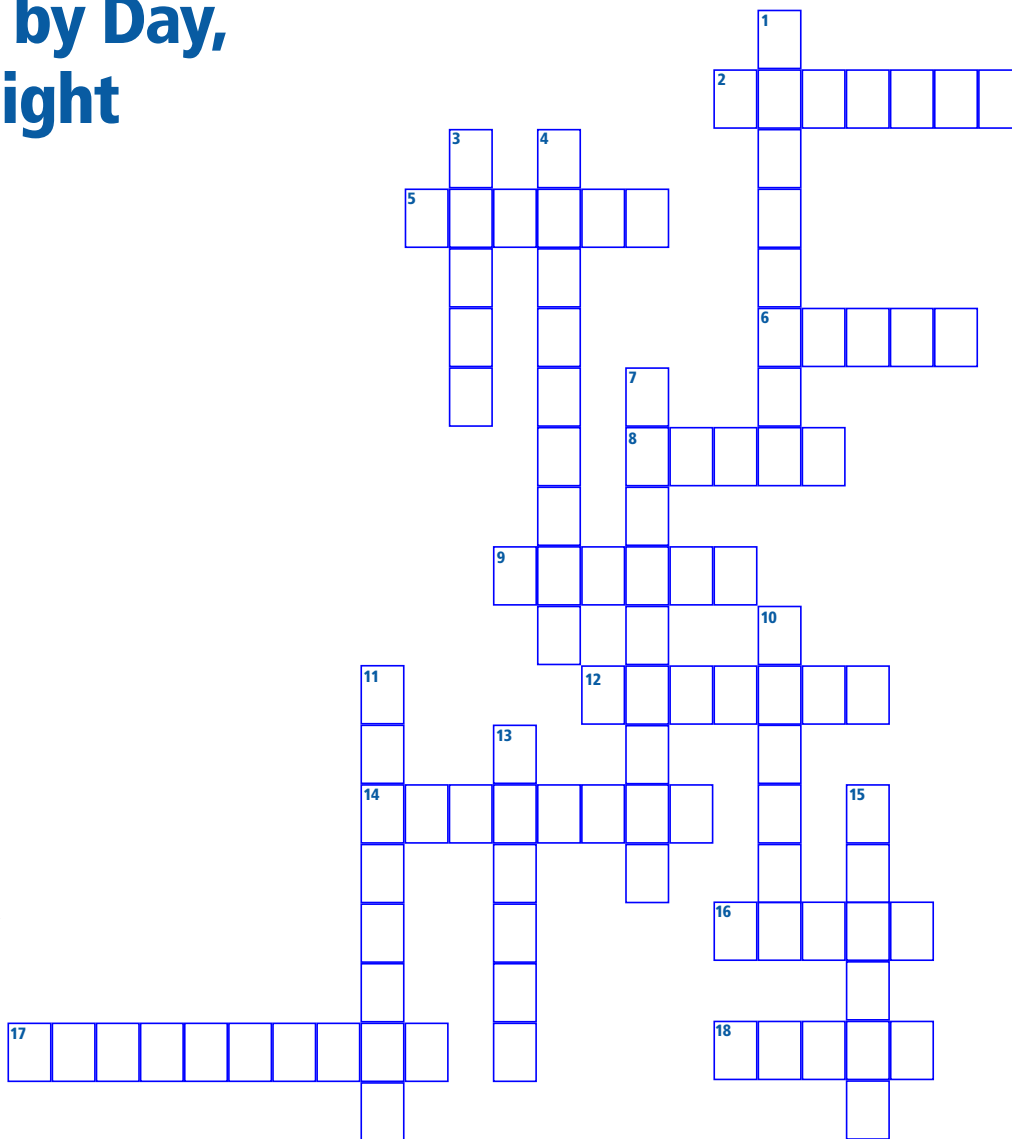
12. This renaissance man was a drummer in a jazz band and is currently a guitarist for a classical guitar trio.

14. As a teenager, this academic collected animal carcasses on the streets of Cleveland.

16. This pediatric dermatologist got her start as a sun safety advocate while waiting tables poolside in Key West, Florida.

17. This State College dermatologist opted out as a participant on Survivor and survived residency instead.

18. This big game hunter appreciates and used to sell fine art at a western art gallery.



Down

1. This dachshund lover conducted initial testing in rats, using the compound that is now Zoloft.

3. “Employee of the Year” for Girard Beer Distributor.

4. This Mohs surgeon passed out while delivering a baby in medical school.

7. This acne expert delivered radioactive materials in Chicago.

10. This western wear model is now a Mohs surgeon in northern California.

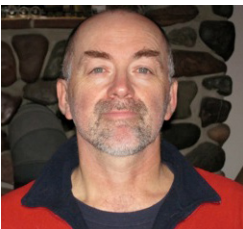
11. This ballet dancer motivated Dr. Marks to take ballet lessons.

13. This Lancaster native got her start saving lives as a lifeguard.

15. This Maryland native was a “clam checker” for the Maryland Department of Natural Resources.

Crossword Puzzle Photo Hints

(Answers on page four.)



SAVE THE DATE

A Taste of Italy

An elegant evening of Food and Wine Pairings

SATURDAY, APRIL 11, 2015

Seven o'clock in the evening

Purcell Friendship Hall at Milton Hershey School
 Hershey, Pennsylvania

PENNSTATE HERSHEY
Milton S. Hershey
Medical Center

Proceeds to benefit the Penn State Hershey Dermatology
Research Endowment Fund

U.Ed. MED 14-3233 DER

Where dreams come true

The “Disney Doc” joins Penn State Hershey Dermatology!

BY: JESSICA KAFFENBERGER, M.D.

In October, Penn State Hershey Dermatology welcomed Amanda Nelson, Ph.D., to the faculty. A native of Hudsonville, Michigan, Nelson completed her undergraduate degree at Purdue University before traveling to Penn State College of Medicine to earn her Ph.D. She continued at Penn State Hershey as a postdoctoral fellow, where she studied how the powerful acne drug isotretinoin, works to cure the most difficult cases of acne. Further developing her expertise in skin research, Nelson completed a second postdoctoral fellowship in dermatology at Johns Hopkins, where she examined wound healing and skin regeneration. Fortunately, after her time in Baltimore, Nelson chose to return to Penn State Hershey Dermatology to continue her passion for research. She is examining how the body’s natural defenses play a role in many different skin diseases; however, with her enthusiasm for research, don’t be surprised to see her tackle even more projects that will help us understand skin diseases at a basic science level.

Nelson’s excellence for skin research is well-known to the Penn State Hershey community and she has received numerous prestigious grants and awards. Yet at home, Nelson is most esteemed for another expertise: everything Disney. Known as the “Disney Doc” among close friends and family, Nelson admits to knowing “more about traveling to Walt Disney World or Disneyland than is humanly possible,” and she has traveled to Walt Disney World and Disneyland fifteen times. Her favorite character is Tinkerbell since the fairy is loyal, sweet and spirited— qualities Nelson possesses herself. With a Disney expert at the forefront of Penn State Hershey Dermatology’s basic science research, we will undoubtedly witness some “Disney magic” in the lab during the coming years!



ABOVE: Amanda Nelson, Ph.D., with some of her Disney friends.

Your First Available Appointment is When?

BY NICOLE WARNER, M.D.

When patients call to schedule their appointment with a dermatologist for the first time, they are often shocked to discover how long they need to wait. The average wait time to see a dermatologist in central Pennsylvania can often be longer than six months. Patients frequently call for an appointment feeling hopeless and desperate after being told by several offices that they are not able to be seen for many months.

When a patient is in discomfort from an excruciatingly itchy rash or worrying that a changing brown mole may be a malignant melanoma, waiting for months to see a dermatologist is a real problem, but unfortunately it is all too common.

Penn State Hershey Dermatology is resolving this issue with its acute care clinic. One afternoon each week, the office

staff, nurses, residents, and several faculty members host this clinic. Each week, patients with urgent dermatologic concerns travel throughout central Pennsylvania to be seen on a first-come, first-serve basis. Primary care physicians refer patients to this clinic, based on the severity of the condition. This has allowed quicker access to dermatologic care for many patients who otherwise would have to wait months for an

Be Smart and Have Fun in the Sun!

BY: SEAN McGUIRE, M.D.

What is your favorite vacation spot? Does it involve digging your toes into a sandy beach, hiking through the deep wilderness, or simply lounging on a boat? So do ours! The staff and faculty at Penn State Hershey Dermatology share your love of the beach, the woods, and the water. To ensure that your vacations impart only fond memories, we would like to share with you a few sun-safety tips.

No matter your port of call (some of our favorites include: the Caribbean, Grand Canyon, and California beaches), remember that healthy skin is “made in the shade.” Proper sun protection not only prevents vacation-ruining sunburns, but it also preserves the skin’s youthful appearance long after you return home. By reducing your cumulative sun exposure, being sun smart decreases your risk of developing skin cancer in the future. Like your grandmother always said, “an ounce of prevention is truly worth a pound of cure.”

In addition to the tried-and-true methods of avoiding sunburns—wearing wide-brimmed hats, using SPF 30+ sunscreen, and avoiding the midday sun—don’t forget that clothing itself can offer significant sun protection. New SPF 50 shirts, shorts, and hats are specially made to be light, breathable, and comfortable when worn in hot weather and in the water. These products are a great way to add effective sun protection with minimal effort.

If you have any further questions about sun protection or skin cancer, check the American Academy of Dermatology’s website at aad.org, or talk with your physician at your next dermatology appointment.



ABOVE: Sun protection shirts and hats are available for sale in the Penn State Hershey Dermatology clinic.

appointment. For many patients, this means a drastic improvement in their quality-of-life sooner than they expected, and, for some, it can even mean finding an early melanoma and avoiding a larger surgery, chemotherapy, or metastatic disease which could have resulted had their treatment been delayed.

The acute care clinic continues to improve community access to dermatologic care every Thursday afternoon. Contact us at 717-531-6820 for more information or go to our website PennStateHershey.org/dermatology.



A busy afternoon at the acute care clinic.

A Most Remarkable Journey— Marks' Chairmanship

BY: YOUNG LEE, M.D.

James G. Marks, Jr., M.D., is professor and chair of the Department of Dermatology, and has been at Penn State Hershey Medical Center since 1980. He graduated from Temple University School of Medicine in 1971. After serving for three years as a general medical officer at the United States Air Force Hospital in Aviano, Italy, Marks completed his dermatology residency at Wilford Hall United States Air Force Medical Center in San Antonio, Texas. He then served in the Air Force for two more years as chief of cutaneous immunology at Wilford Hall. In 1980, he joined the Division of Dermatology at Penn State Hershey, serving as division chief from 1997 until 2002. In 2002, Marks successfully created the Department of Dermatology and was named the department's first chair. Throughout his career, Marks has established himself as a leader and expert in the field of contact dermatitis and occupational dermatology. Effective July 1, 2014, Marks steps down as chair, but continues to teach medical students and residents and provide the highest level of patient care.

You have been a great leader for Penn State Hershey Dermatology for many years. What do you think has made your time as chair so successful?

I think what makes one successful is the people that surround the individual. For me, it was the faculty—those that were present when I became chair, and those that we've recruited since then—as well as the residents that we have had through the years. The support staff also plays a critical role in making the department successful.

Other than dermatology, what are some of your passions?

The 4 Ds – dancing, dining, diving, and drinking! Right now, my favorite dance is the Bachata, and I'm working on learning the Argentine Tango. My wife, Joyce, and



Marks at Seattle's Pike Place Fish Market (the original inspiration for the FISH! Philosophy) in October, 2013.

I have a preference for Italian food since we lived in northern Italy for three years. Some of my favorite restaurants in the area are Mangia Mangia and Lazarro's. As for diving, Bonaire is our diving haven and we vacation there as often as we can. Finally, by drinking, I mean wines. My favorite wines are from the Napa and the Sonoma Valleys. I have tasted the wines and met the winemakers; I have experienced the spirit and culture of the winemaker, which enhances the superb wines they produce.

In what ways will you still be involved with the department?

I will continue to see patients, and I hope to continue to have a resident clinic where I can teach residents and medical students. I also plan to get back to clinical research, which I did not have time to do as division chief and chair of the department. The project I am thinking about involves the development of a poison ivy vaccine. It is exciting because I worked on poison ivy vaccines in the late 1980s and early 1990s, and now it looks like it could be a distinct possibility, because the immunologic basis is more developed than it was fifteen years ago.

What accomplishment during your chairmanship are you most proud of?

The accomplishments I am most proud of are those of the faculty. We have had a 100 percent success rate in promotion and tenure, and many of the faculty have become nationally and internationally known academic dermatologists.

Do you think you have to create the right type of environment for people to succeed, or is it more individually driven?

It is always individually driven, but I think an environment of intellectual curiosity, collegiality, and teamwork, combined with a very dynamic balance between individual and departmental aspirations, is very important. The department needs to be a facilitator in the individual's career development, but by the same token, the individual has to want his or her career to progress, but not to the detriment of fellow faculty members or the department. This also applies to the residents and support staff. I believe that through the FISH! Philosophy, we have built a department with strong and supportive relationships that have helped us to thrive. "Be there, play, make their day, and choose your attitude!"

THANK YOU



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