



THE REVOLT

OCTOBER 2019

ISSUE 19

H A P P Y
H A L L O W E E N

HUNTING SAFETY

It's that beautiful time of the year here in NEPA; the brisk mornings, cool days, and the fiery orange and red leaves. Fall or Autumn, whatever you call it, but also Hunting Season! That's right, for those not from Pennsylvania, this time of year mans hunting season. As of now archery season is in full swing, and right around the corner is rifle season. What does this mean for hunters and non-hunters alike? Safety! Yes, please enjoy all fall activities in the woods, but let's be safe.



For Hunters: If you have a hunting license, then you probably have taken a hunting safety course, or you were raised as a hunter from your parents or grandparents. So, these should just be quick reminders for you, but necessary. First, remember to prepare yourself properly for the day. Check the weather, bring extra food and drinks, and have all proper equipment. Make sure to leave your hunting plan with somebody, this way if something were to happen to you, (i.e. get hurt, or lost, etc.), somebody at least knows what your plan was so they can come find you. Stick to your plan! Don't deviate without telling that person what you plan to change. Always wear your orange, remember: a minimum of 250 square inches on head, chest and back combined, and visible 360 degrees. Also, if hunting with a dog companion, make sure they also have on visible orange as well. Be alert for others in the woods, and remember you're not the only hunter and there may be some hikers in your area. (Continued on Page 2)



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Brought to you by:
Emma Brieling
Editor-in-Chief
epb5217@psu.edu

Luke Kepner
Senior Editor
ljk5383@psu.edu

Joshua Mesaris
Treasurer
jpm6771@psu.edu

Kaci Grabowski
Secretary
ksg5246@psu.edu

Scott Schival
Assistant to the Editor
scs5398@psu.edu

Jason Kepner
Head Photographer
jrk5819@psu.edu

Revolt's Advisers
Dr. Steven Putzel
Dr. Ann Brennan

(Continued from Front Page)

I will also give you hunters some weapons safety rules to remember:

1. Treat every weapon as if it is loaded.
2. Never point your weapon at anything that you don't intend to shoot.
3. Keep your weapon on safety until you are ready to fire.
4. Keep your finger straight and off the trigger until you intend to fire.
5. Know your target and what lies beyond.

For Non-Hunters: Know when hunting seasons are, and continue to hike, but learn about where and when hunting is taking place. If hunting makes you uneasy, choose a hike in a location where hunting is not allowed, such as a national park, a state park, or schedule your outings for Sundays. If you plan on going out to possible hunting areas, please be sure to wear bright clothing! Make yourself more visible, choose colors that stand out, like red, orange or green, and avoid white, blacks, browns, earth-toned greens and animal-colored clothing. Orange vests and hats are advisable. Again, don't forget to protect your dog companion, and get an orange vest for them as well. It is also advised to make noise, while out hiking: whistle, sing or carry on a conversation as you walk to alert hunters to your presence. Sound carries well through the woods and all hunters are on alert listening so they will hear you. Make yourself known! If you do hear shooting, raise your voice and let hunters know that you are in the vicinity. Be courteous, once a hunter is aware of your presence, don't make unnecessary noise to disturb wildlife, and avoid confrontations.

Everyone please go and enjoy our beautiful woods here in our beloved NEPA, but do so safely!

Article By: Scott Schival - scs5398@psu.edu

Photo from Land Between the Lakes

PA Game Commission logo from pgc.pa.gov



MENTAL HEALTH AWARENESS DAY

It is easy to get caught up in the frenzy of school, work, home life, and whatever else you may be juggling, but let it be known that mental health is just as important as physical health. On October 18th, we held a Mental Health Awareness Day on campus in Student Commons. Here, students, faculty, and staff had the chance to gain information on mental health and kick back and relax. Upon entering, there was a table full of healthy snacks. Our campus Counselor and Disability Services Coordinator, Sarah Luvender-Newman had a station with worksheets to assess stressors, depression, as well as anxiety and how to manage them. This was a great opportunity to take a break from classes and unwind. Some activities included a pumpkin decorating table, a selfie station, a journaling table, and a coloring station. Incentives for attending included a free t-shirt, stress ball, and snacks.

Article and Photo By: Kaci Grabowski - ksg5246@psu.edu

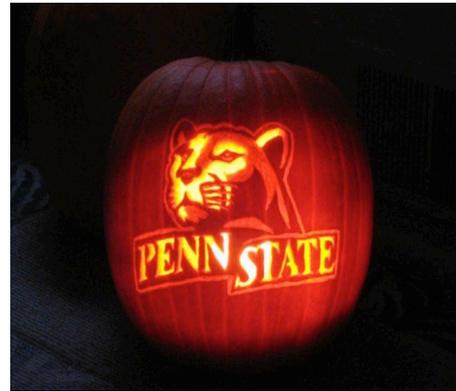




PENN STATE IN THE NFL



Last article we focused on offensive players: Saquan Barkley, Chris Godwin, and Allen Robinson. This time around let's take a look at the defensive players in the NFL from Penn State. Troy Apke is currently in his second NFL season with the Washington Redskins playing safety. On October 20th he recorded his 1st career interception against the 49ers. It took Apke nine games but he finally got his first INT. So far through his career he has 10 tackles, 1 pass deflection, and 1 interception. Another former Penn State player who has been shining is Dallas Cowboy's linebacker Sean Lee. Lee is currently in his 9th NFL, all with Dallas, and so far this year he has 21 tackles and one pass deflection. He has been the anchor of the Dallas defense for a while and back in 2016 he recorded a career-high 145 tackles. The last defensive player that has stood out amongst the rest is Cameron Wake. He is a defensive lineman for the Tennessee Titans. Wake is playing in his 11th NFL season, his first with Tennessee, and so far this season he has 3 sacks, 1 safety, 1 pass deflection and 4 tackles. Wake played all of his previous 10 seasons with the Miami Dolphins and through those 10 seasons has amounted 98 sacks and forced 22 fumbles. On the offensive side of the ball Chris Godwin has continued to torch opposing defenses as he is up to 662 receiving yards and 6 touchdowns. Miles Sanders finally scored his first career NFL touchdown on a 45 yards pass but is still looking to break through in the running game as he is only averaging 3.5 yards per carry on the year. Check back in the next issue of The Revolt to see how the season is progressing for Penn State Alumni, and as always WE ARE...



Article By: Joshua Mesaris - jpm6771@psu.edu
Picture via onwardstate.com

4 SEASONS BONFIRE - SETTING THE WORLD ABLAZE

The 4 Seasons Club at Penn State Wilkes-Barre is set to have its annual Fall Bonfire on October 31, 2019. This Halloween event will bring together multiple Penn State campuses for food, music, and fun. The Bonfire will take place at the student commons deck starting with the famous Big 10 Pizza at 6:30 p.m. Shortly after, the musical and comedy stylings of Evan Wecksell will entertain the students. The fire will start at dark, and burn until there is no more wood. Students will be able to enjoy corn hole, Frisbee, can jam, and other fun activities.

The 4 Seasons club puts on a bonfire every semester for the entertainment and enjoyment of the Penn State Wilkes-Barre student body. This year, invitations are being extended to the Hazelton and Scranton campuses. The club members work tirelessly in the week prior to the bonfire collecting pallets to set ablaze. Without these students, the bonfire would not happen. Thanks to the Student Activities Fee, the 4 Seasons Club can afford to purchase the food for the event. This also means that all Wilkes-Barre students can enjoy the event at no cost. This semester, 4 Seasons expects 100 + students to attend the bonfire, and hopes to host even more next semester.



Article By: Luke Kepner - ljk5383@psu.edu
Photo By: Jason Kepner - jrk5819@psu.edu

HALLOWEEN SNACKS

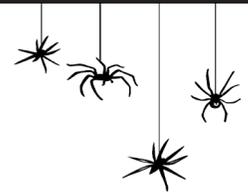
MUMMY DOGS

For this recipe you're going to need one can (8oz) of Pillsbury crescent rolls, 10 hot dogs, 2 1/2 slice of cheese of your choice, and any condiments wanted (used for faces). Preheat the oven to 375 F and separate the crescent rolls at the perforations making 4 rectangles and press down on the perforations to seal. Cut each rectangle into 10 pieces making 40 total pieces of dough, then slice cheese slices into quarters. Put 1/4 slice of cheese on the hot dog and then wrap 4 pieces of dough around it to create the "bandages". Repeat this with every hot dog and then place the hot dogs, cheese side down, on a large ungreased cookie sheet. Spray the dough lightly with cooking spray and let bake for 13-17 minutes or until dough is lightly brown. You can create faces on the hot dogs with condiment of choice.



Recipe & Photos from pillsbury.com

MINI MUMMY PIZZAS



For this recipe you're going to need 1 can (8 oz) of biscuits, 1 jar (14 oz) of pizza sauce, 16 sliced black olives and 8 mozzarella string cheese sticks. Preheat the oven to 350 degrees F, and open the can of biscuits. Place the biscuits on a large baking sheet and using your hands, press them into flat circles. Spoon your sauce onto each flattened biscuit and spread around, then add two black olive slices for eye. Using a knife, slice the mozzarella sticks into long thin slices, using one stick per pizza. Once your pizzas are all mummified, place them into the oven and bake for 12-15 minutes until cheese is melted and crust is golden brown.

Recipe & Photos from mommymusings.com

HALLOWEEN SWEETS

GHOULISH GELATIN

Ingredients: gelatin, candy of choice
 Prepare gelatin as directed on the box. I recommend using Halloween colors, such as green, purple, or orange. Instead of refrigerating in a bowl, use a 13x9 inch pan. When firm, use a cookie cutter to create small rounds of gelatin. Then, you decorate them like faces! Some ideas might be using candy corn as a nose, licorice or gummy worms for a mouth, and marshmallows for eyes.

Recipe & Photo from myfoodandfamily.com



SPOOKY BROWNIES

Ingredients: brownie mix, icing, sprinkles, candy of choice
 Prepare brownies as directed on the box, or using homemade recipe. After cooled, coat brownies in icing and sprinkles of Halloween colors, such as green, purple, or orange. To create a unique design, use a wooden skewer to create swirls and waves. For extra fun, add in candy eyes or limbs!

Recipe & Photo from pinterest.com



WE HOPE YOU ENJOY THESE
 SPOOKY HALLOWEEN RECIPES



Recipe Spread By: Kaci Grabowski - ksg5246@psu.edu &
 Emma Brieling - epb5217@psu.edu

THE HAYFIELD GHOST

Huh? What's up? Noise from the woods? Was it like a high curdling screech and a crackling laughter? Yeah? Oh, it was probably the Hayfield Ghost. You may want to stay away from the wooded trail for the rest of the night.

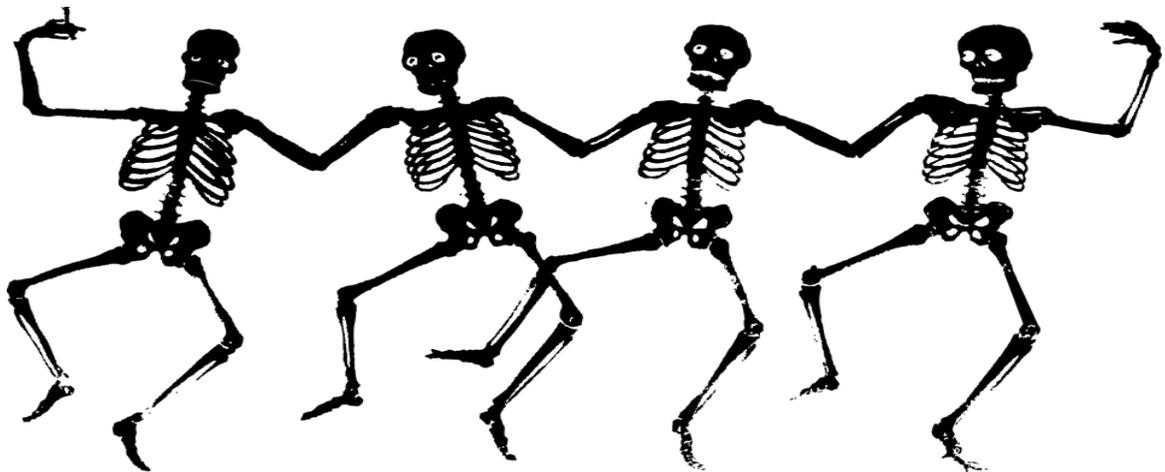
What? You never heard about the Hayfield Ghost? Wow, alright, well pull up a chair my friend, let me tell you what I know. The story goes like this:

Sometime in the early 1920's, here on Hayfield Farm, there was a small killing spree. Of course, with the college here now, they keep it under wraps, but the legend continues to make it through from generation to generation. See, before the Conyngham's purchased all the land here, there was another family that use farming the land. A distant nephew of that family, came back to begin to farm on the land of his mother's family. When he arrived, he obviously learned of the Conyngham's now owning the land and settling in pretty well, with the Clydsdales and cattle. This drove the man mad, he snuck off deep in the woods and set up his own little shack. He then, began to visit the farm at night with an axe. Night after night, he'd just creep around the farm until, he found someone, and hacked them away with the axe. He would only kill one a night, but the body was never found in one piece. He scattered the body parts on different parts of the farm, as a scare tactic. After the first few murders, Mr. Conyngham, had set up small search parties to try and find the axe murderer, but to no avail. Even with the search parties roaming around the man, still found his way onto the farm for his next kill. This continued for years until 1935, the year Mr. Conyngham died. If you notice, it only says he died in his bedroom, but don't mention how. Well, apparently that night the axe murderer found his way into the Hayfield House, and got his crazed revenge on Mr. Conyngham. A kitchen servant who awoke in the middle of the night headed out the servant door and saw the man dragging the axe in one hand, and a leg in the other. She let out a blood curdling scream to which the man cackled at, and took off before the nightly search party showed up. They followed the blood trails back to the Conyngham bedroom and found Mr. Conyngham hacked limb from limb, they found the head spiked to the bed post. Just a few nights after this, he came back, they say possibly to get Mrs. Conyngham, but he was spotted by a police patrol that had been brought in for extra security. They had dogs with them and released the hounds, and they chased the axe murderer through the woods. The dogs had caught him and bit at his legs, but he hacked them down with his axe. Limping now, he made it back to his shack, where he tried to stand his ground, but the officers shot him down before he could take a swing.

They say that some nights he still roams around the woods on campus mostly around the trail, looking for his next victim. The scream you hear is the servant girl warning the farm of the axe murderer's arrival followed by his cackle, because he fears nothing and will find his next victim.

So, that's what the noise was, I mean if you believe in ghosts. It could just be a deer dying, but you won't see me going through those woods.

Fictional Story By: Scott Schival - scs5398@psu.edu



WBS PENGUINS UPDATE

It's been an exciting and disappointing start so far this year. The Penguins played their biggest rival in their first game against the Hershey Bears on October 5th. The Bears scored their first goal of the game a little over 2 minutes in. The Penguins answered back with two goals of their own by Jake Lucchini and Stephan Noesen. The Bears scored another goal before the end of the period to tie the score at 2. In the 2nd period the physicality of the game picked up and the Penguins were the only team to score as Stephan Noesen got his second tuck of the game. Anthony Angello scored on a breakaway in the 3rd period to give the penguins a 4-2 lead. Hershey fought hard and scored with just over a minute left to make the score 4-3 but Casey DeSmith shut the door for the rest of the game. The horn sounded and the Penguins got the victory 4-3.

The Penguins lost their next game against Lehigh Valley leading up to their home opener. In the home opener on October 12th they played against the Utica Comets and got down early. At the end of the first period the Penguins were down 2-0. The second period the Penguins started noticeably playing better and their first home goal was scored by Stephen Noesen on the powerplay. David Warsofsky then tied the game at 2-2 with another powerplay goal the second period ended with the score 2-2. In the third period Anthony Angello was sprung for a breakaway and gave the penguins their first lead 3-2. The Utica Comets scored with about 2 minutes left to tie the game at 3 and send it to overtime. In overtime the Penguins had the first 6 shots but weren't able to find the back of the net. The Comets then on their first shot of overtime scored and celebrated on the ice winning the game 4-3.

The Penguins lost their next game on the road to Hershey 5-1 and on October 13th returned home to take on the Binghamton Devils. The Devils struck first on the powerplay and then a minute after Jake Lucchini tied the game at 1 by going between his legs then scoring between the goalies legs, it's early but Lucchini might have the goal of the year already! The Devils scored on a delayed penalty and then again early in the second period to take a 3-1 lead. The Penguins, looking for a spark, started playing physically and this led to both, Joseph Cramarossa and Jordy Bellerive getting into fights with Devils players. The Penguins, now energized, scored before the end of the 2nd period with Justin Almeida getting his first ever AHL goal. The score heading into the 3rd found the Penguins down 3-2. The ice seemed to be tilted for the 3rd period on the Penguins favor and it didn't take long for the score to become tied as Kasper Bjorkqvist scored his first AHL goal to tie the game. The score remained tied for almost the rest of the period until with a little over 2 minutes Stephen Noesen found a loose puck and put just under the bar to give the Penguins their first lead of the night. Binghamton tried to get back into the game by pulling their goalie, but Stephen Noesen capitalized on the empty net and sealed the 5-3 victory for the Penguins. The penguins now have a 2-2-1 record with 7 points through 5 games. Stephen Noesen also leads the entire AHL with 6 goals so far. The Penguins return home on Friday October 26th against the San Antonio Rampage. It will be the Franchises first ever time playing each other. Tickets for any seat in the building are \$15. Check back to the Revolt in the next issues for more Pens updates and Let's Go Pens!

Article By: Joshua Mesaris - jpm6771@psu.edu

Photo By: Emma Brieling - epb5217



Halloween Word Search



Q M T J V M P L P L S W R Y N Y
S B R L E F W H X B V C L P K W
P H P Q V F T O S H T F X H X H
O B F H D J I J N O T E L E K S
O R Q C A N D Y I F U Q I O O B
K G H O S T S L K J J E N D O S
Y M Z L G J F C P H E K Y J X Y
I T E C O S T U M E S L A H X A
V G A X B K L M U M M Y H A K S
E A A B L Z S T P P I B U L H M
D M W F I T P A R T Y Q G L C U
A E Y Q N U G E S S L H Z O T S
S S B J E C C R F F K X P W I Y
T R I C K U P T J A S L Z E W E
F T Z Q W P X B J Q A B I E U W
M T V C R J K U D T M U S N H O

BOO
GAMES
HALLOWEEN
PARTY
SPOOKY
WITCH

CANDY
GHOSTS
MASK
PUMPKINS
TRICK

COSTUMES
GOBLIN
MUMMY
SKELETON
TREAT