

THE REVOLT

DECEMBER 2019



happy
holidays



ISSUE 20

SGA MAKING PSWB GREAT!

Many students might remember having student governments in high school, and think there really isn't much that it did. So, coming to college and hearing about a student government, they may be thrown off and not think much about it, and just ignore any involvement. But, here at Penn State Wilkes-Barre our SGA is very active and very much involved in making our campus a better place for all students. What makes up our SGA? Well it begins with the executive board which includes the following:

President – Jason Kepner
Vice President – Connor Beyer
Secretary – Ben Cebula
Treasurer – Joe Fiotti
Upper PR – Asher Smart

There are currently two positions still open, the Webmaster and Freshmen PR, if there is any interest in filling these positions, go to the SGA office in the student commons and talk to one of the board members or contact Jackie Warnick-Piatt from student activities. The SGA also has many senators and there is always room for more. Senators act as representatives for all students on campus. There are also a few committees within the SGA that help manage different aspects of campus. Also sitting in the SGA is club reps from all the Clubs on Campus, which this semester alone, we have seen the creation of 4 new clubs. The previous is what makes up the SGA, but now you might think, why does it matter, what does it actually do? Well, the SGA is what makes things happen here on campus. Things such as, gaming equipment for the student commons, getting lights fixed, working with the café, and managing the funds for student activities. As of right now the SGA is in the process of making changes in the café considering pricing and options. (Continued on Page 2)



Holiday
Recipes on
Page 4



PSWB Basket-
ball
Page 6



Sports
Update
Page 7



(Continued from Front Page)

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The SGA executives meet with the faculty senate and also maintain contact with executives and board members at U-Park. So far in the process our SGA has had one tiny success, if you noticed when ordering the chicken tenders, you only got 3 and had to pay \$5.99; now when you get them there is 4 tenders at the price of \$4.99. Besides trying to work with lowering pricing, the SGA is also in discussions about receiving more food options. As you know at this point our options are very limited, with mostly greasy fried foods, such as tenders, fries, burgers, and mozzarella sticks. We do have the wrap bar, and that changes by day, but each week it is always the same kinds. Some healthier options are trying to be introduced, but as we know even in our local stores healthy food is on the higher end of pricing.

SGA President Jason Kepner, has taken this matter very seriously and is very involved in making sure some changes are brought about. Talking about the healthy food options Jason stated “You know they’re going to overcharge you for food that should be free... apples, vegetables, and fruits, that should all be free. That should be a basic staple to your diet, and they’re going to want way too much for it and no ones going to pay for it. So, for them to actually sell them is going to be a different story.” Jason went on about food options “As far as actual good food options go, I don’t know last I checked they’re still taking stuff away. We can’t even get club sandwiches anymore... but I would like to come in and get something that has some nutritional value, that’s not cooked in a pile of grease. I think that is something we can do but we really have to work with university park on that.” Jason also stated “Hazleton has lobster.”

Which makes you wonder why do we not have that option? Some of our SGA board members and Senators go to different events at other Penn State campuses and wonder how questions and concerns such as these with food services arise. We Are... suppose to be ONE university, but yet each one has different menus? Issues like these are things that can be brought to your SGA’s attention and they can take action. The SGA is there to serve the students and to make the campus a better environment. Students are encouraged to get involved, the SGA loves receiving support from the clubs, but truly enjoys when other students show an interest. “Just because you’re not involved doesn’t mean we don’t care!” exclaimed VP Connor, when talking about other students not being involved or not knowing what SGA does. When asked if the SGA meetings are open for all students that are not involved in clubs, Mr. Beyer stated, “Yeah, you don’t have to be involved in SGA at all to attend.” SGA President Jason also showed excitement when asked about other students joining the SGA meetings, he also stated, “students can benefit from coming to SGA, they can see how things get done.”

This is just a quick breakdown of what our PSWB SGA is and what it does, if you would like to know more, SGA meetings are Wednesdays at 12:15pm in the Tech Center Room 101. You can also reach out to any of the board members or any club members. Our campus, even though it is just a little lower with enrollment, has seen a big increase in student involvement. The SGA has more Senators and Club representation now than it has in recent years. Due to the increased involvement, our campus has seen more being done and a better students to faculty relationships. Article By: Scott Schival - scs5398@psu.edu Picture By: Jason Kepner - jrk5819@psu.edu

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PENN STATE IN THE NFL

Penn State football suffered a crushing loss to Ohio State on Saturday, November 23rd. While Penn State's season isn't completely over the hopes on making the College Football Playoff are at zero. The alumni from Penn State have been excelling in the NFL, however. They are currently being led by a Wide Receiver having a breakout year, and that is Chris Godwin of the Tampa Bay Buccaneers. While at Penn State, Godwin was most known for catching deep balls from Trace McSorley and for helping Penn State win the Big 10 Championship and appear in the Rose Bowl during the 2016 season. So far through 11 games this season Godwin has already passed the threshold of 1,000 yards. He has 70 receptions for 1,071 yards and 9 touchdowns. All of this is still with 5 games remaining. He is on pace to set career highs in every category. Godwin is currently 2nd in the entire NFL for receiving yards trailing only Michael Thomas of the Saints. Godwin is also averaging 15.3 yards per reception and 97.4 yards per game. Godwin was overlooking when he entered the NFL Draft and he is making teams pay for it now with his play on the field. Allen Robinson has been having a nice year despite being a part of the Chicago Bears offense which seems to be allergic to scoring points. Robinson has 63 receptions on the year for 764 yards and 4 touchdowns.

The final Penn State alumni standing out is Tight End Mike Gesicki of the Miami Dolphins. Gesicki caught the first touchdown pass of his career against the Pittsburgh Steelers on Sunday, November 24th. Gesicki on the year has 31 receptions for 322 yards and 1 touchdown. Gesicki seems to finally be established himself as a force to be reckoned with in the NFL and is a player to watch heading forward. Thank you for keeping up with the Penn State Alumni in the NFL and until net time, WE ARE...

Article By: Joshua Mesaris - jpm6771@psu.edu

LION AMBASSADORS

On November 9th, Penn State Hazleton hosted the 2019 Lion Ambassadors Summit. Lion Ambassadors and their advisors from Hazleton, Wilkes-Barre, Schuylkill, and Lehigh Valley were in attendance. Topics of discussion included interacting with prospective students, recruiting new Lion Ambassadors, what a day looks like at your PSU campus, and how to handle awkward moments when giving tours. This was a great opportunity for Lion Ambassadors to collaborate on how to improve their skills and network with other LAMBS.

Interested in making a difference on campus? Come and join Lion Ambassadors! Here at Penn State Wilkes-Barre, Lion Ambassadors give tours to prospective and committed students and assist admissions during events such as Open Houses and Future Business Leaders of America conferences. Join us and learn how to walk backwards

Article & Picture By: Kaci Grabowski - ksg5426@psu.edu



HOLIDAY SWEETS

Groovy Grinch Pancakes

Ingredients: 1-1/4 cups all-purpose flour, 1/8 teaspoon salt, 1 teaspoon baking powder, 1 teaspoon baking soda, 1 egg, 1-1/4 cups buttermilk, 1/4 cup granulated sugar, 2 tablespoons butter, melted, 1 teaspoon of pure vanilla extract, green food coloring

Recipe: Try this recipe for a spin on a classic breakfast favorite!

In a large bowl, whisk flour, salt, baking powder, and baking soda together. In a separate bowl, whisk together one egg and buttermilk. Pour this into the flour. Mix until ingredients are combined. You will find that the batter is lumpy here, this is fine. After this, stir in sugar, vanilla, melted butter, and green food coloring, which is what creates the great Grinch color! To cook, start by greasing a skillet with vegetable oil (or your preferred oil) over medium heat. Pour 1/4 cup of batter, or however much desired for pancake size, into the pan. Upon cooking, bubbles will form in the batter; allow those to form and pop. When the edges of the pancakes look set, you can flip the pancake. Allow the uncooked side to cook through, and then remove to cool.



Recipe & Photo from hungryhappenings.com

Crock Pot Spiced Apple Cider with Orange

Ingredients: 6 cups Apple Cider (or unfiltered apple juice), 2 cups Orange Juice, juice of one Lemon, 4 tablespoons Hot Apple Cider Spice Mix, Orange Slices

Recipe: Holiday treats do not have to be exclusive to just food! Try this beverage for a warm winter treat. Turn on slow cooker to warm it up before using. Combine apple cider, orange juice, lemon juice, and apple cider spice mix in the slow cooker. Allow to cook for 3 to 4 hours. Serve garnished with an orange slice, apple slice, or cinnamon sticks.

Recipe & Photo from diariesofnia.com



HOLIDAY SWEETS

Christmas Pinwheel Sugar Cookies

Ingredients: 1/2 cup softened unsalted butter, 1 cup granulated sugar, 2 large eggs, 1 & 1/2 tsp vanilla extract, 1/4 tsp salt, 1/2 teaspoon of baking powder, 2 & 3/4 C all purpose flour, 5 drops super red food coloring, Holiday colored sprinkles.

Recipe: Begin by mixing together butter and sugar until light and fluffy. Next, mix in eggs and vanilla, then the salt and baking powder. Begin to stir in the flour in one cup increments. Continue mixing until all ingredients are fully combined and no streaks remain. Divide the dough into two equal portions. Return one half of the dough to the bowl. Add 5 drops of red food coloring to the bowl, and mix until dough is evenly colored. Place undyed dough between two large sheets of wax paper. Roll out the dough into a 9x16-inch rectangle. Place the dough in the refrigerator to chill, keeping both sheets of wax paper in place. Repeat process with red dough. Refrigerate both layers of dough for 15-20 minutes. Place the red dough down first, removing the top layer of wax paper. Remove one sheet of wax paper from the undyed dough. Carefully flip the undyed dough down onto the red layer. Remove the remaining top layer of wax paper. Trim the dough to an even rectangle. Beginning at one of the short ends, carefully roll dough into a tight log. Pull up gently on the remaining layer of wax paper to help roll the dough. Wrap dough log in wax paper. Refrigerate for at least 2 hours. Add holiday sprinkles to a large shallow dish or tray. Unwrap dough log and begin rolling in the sprinkles. Continue rolling and pressing sprinkles into the dough until it is completely covered and no dough is visible. Rewrap the log in wax paper. Refrigerate for an additional 1-2 hours. Preheat oven to 350°F. Line a baking pan with a silicone baking mat or parchment paper. Unwrap the sprinkle covered dough log. Slice off the end. Carefully slice 1/4-inch slices, spacing roughly 1-2-inches apart on the prepared baking sheet. Return remaining dough to the refrigerator until ready to slice and bake. Bake cookies for 10 minutes. Allow cookies to cool on the pan before moving to a rack to cool. Cookies may be stored in a container for up to a week.

Recipe & Photo from bakedbyrachelray.com

Recipe Spread By: Kaci Grabowski - ksg5246@psu.edu



WE HOPE YOU ENJOY
THESE
HOLIDAY RECIPES!!



PSWB WOMEN'S BASKETBALL

Our Lady Lions of Penn State Wilkes-Barre are now sitting at a record of 4-3. They started the season off strong going 4-0, but hit a snag on the road losing the last 3. They will be looking to come out strong after the Thanksgiving break, going against PSU Hazleton on December 3, 2019.

The top 5 leading scorers for our Lady Lions currently are:

Freshman #30 Jessica Charles 100pts
 Sophomore #13 Victoria Benning 74pts
 Junior #1 Gia Skaff 57pts
 Freshman #3 Olivia Prato 55pts
 Senior #20 Alaena Lloyd 47pts

PSWB MEN'S BASKETBALL



Our returning USCAA National Champions the Mountain Lions of Penn State Wilkes-Barre are now sitting at a record of 6-1. They came out defending their title effectively going 5-0. They lost to PSU Fayette, but immediately bounced back against PSU Beaver. They will be looking to maintain the winning momentum after Thanksgiving break, against PSU Hazleton on December 3, 2019. Our Mountain Lions got a chance in an exhibition game (no effect against overall record) to play against a NCAA Division I team, Norfolk State University, even though they lost they held their own by going into halftime in a five-point difference. The second half did not fair well for the Lions with a final of 93-53. But, Coach LeShawn Hammett said that "All in all, was a good experience for the team."

The top 5 leading scorers for our Mountain Lions currently are:

Senior #1 Khalil White 117pts
 Junior #10 Kevin Major 53pts
 Junior #0 Clifton Tracey 52pts
 Senior #3 Jayden Hampton 46pts
 Senior #30 Kevin Silverberg 45 pts

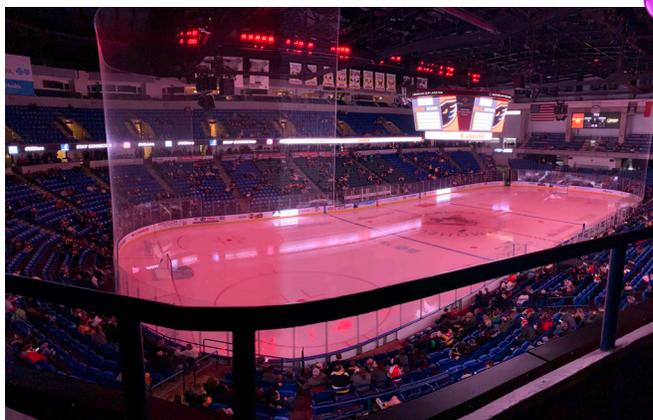


WBS PENGUINS UPDATE

The season for the Wilkes-Barre Scranton Penguins has been a wild one so far. Last issue of the Revolt the Penguins were 3-3-1-0 (7 points) and were tied for 6th in the Atlantic Division through 7 games. The Penguins have played 12 games since then and even while battling injuries have risen to one of the best teams in the AHL. Over the last 12 games the Penguins have a record of 8-3-0-1 (17 points). The Penguins, since last article, played the San Antonio Rampage twice. They lost the first game 5-3 but won the second in overtime 5-4. The Penguins then opened November with back to back games on the road against the Lehigh Valley Phantoms and Springfield Thunderbirds. They defeated the Phantoms in a shootout 4-3 and lost in a shootout to Springfield 4-3. On Wednesday, November 6th, the Penguins played in a nationally televised game in Lehigh Valley but lost 4-2 despite playing well. The Penguins then through their next six games would do something that, to this point, hasn't been seen all year. Play defense. Goaltenders Casey DeSmith and Dustin Tokarski, along with the defense, would combine to allow only 5 total goals through the 6 games (2 of these games being shutouts). The Penguins began the winning streak by defeating the Utica Comets 2-1 then had back to back shutouts against the Syracuse Crunch and the Hershey Bears, winning 2-0 and 1-0. The Penguins won the next 3 games 4-1, 2-1, and 4-2. This 6 game winning streak propelled the Penguins to second place in the Atlantic Division. The Penguins through these 6 games outscored their opponents 15-5. The winning streak did stop at 6 however, as on Saturday, November 23rd the defending Calder Cup Champion Charlotte Checkers shutout the Penguins by winning 1-0. The Penguins then followed that up by steamrolling the Lehigh Valley Phantoms on Wednesday, November 21 by a score of 6-2. This puts the Penguins' record at 12-6-1-1 (26 points), which is much better than anyone could've hoped after the mediocre start to their season.

The Penguins have not only seen changes in the outcomes of games but also in the Arena. Mohegan Sun Arena at Casey Plaza has introduced three new and very exciting changes to the game experience. The first being a ribbon board that can be found on the wall between the upper and lower bowl. The ribbon board is a modern feature that the arena was lacking and creates more enjoyment while watching the game. The second, and most notable, change is a brand new, state of the art LED lighting system. This lighting system is the best on the market for hockey arenas and features a smart cloud data approach. The system costs over \$600,000 and is being used in over 40 rinks throughout the NHL and AHL. The third change the Penguins made is they now have a new goal song. Whenever the Penguins score the fans can experience a goal horn and brief light show followed by the playing of "Kickstart My Heart" by Motley Crue. A photo of the ribbon board and lighting system can be found below. The Penguins return home on Friday, December 6th for a 7pm matchup with the Texas Stars. This is an Eyewitness News Fan Friday and tickets for any seat in the building are just \$15, select draft beers from 6-7:30 are just \$2 as well. Check back to the Revolt next semester for more Penguins updates and until then, Lets Go Pens!

Article & Photos By: Joshua Mesaris - jpm6771@psu.edu



WINTER WORD SEARCH



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WORDS TO FIND:

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| COLD | FIREPLACE | FROSTY |
| FROZEN | GIVING | GLOVES |
| HAT | HOLIDAYS | HOTCHOCOLATE |
| ICE | ICESKATE | ICICLE |
| MITTENS | PINETREE | SCARF |
| SNOW | SNOWBALL | SNOWFLAKE |
| SNOWMAN | SNOWSUIT | WIND |
| WINTER | | |