The Importance of the Yellow Rose

A yellow rose is known to represent friendship, happiness, and celebration. One hundred years ago, the yellow rose stood for that and so much more to those fighting for voters’ rights. During the month of March, Penn State Wilkes-Barre is celebrating Women’s Her-Story Month and the story behind the yellow rose is an important one and certainly worth celebrating.

During the early 1900s, women across the country began petitioning for the right to vote for elected office. As part of their movement, the women and their supporters wore yellow roses. Those who were against giving women those rights wore red roses. One by one, each state voted either in favor or against women’s rights. The decision came down to one state, the state of Tennessee. Tennessee would need to vote in favor of the amendment for it to fully pass. A special assembly was called and the vote was to be decided by the color of rose worn by the representative. The vote came down to one gentleman, Harry T. Bern, who was wearing a red rose. He received a letter from his mother requesting that he vote in favor of women’s rights. He agreed to change his vote. That one vote changed history. With Tennessee in agreement, the requirements were met and the 19th Amendment was passed into law on August 26, 1920.

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The Importance of the Yellow Rose
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A beautiful yellow rose became a symbol of solidarity and support for change. The rose represents not only the freedom for a woman to have a voice, but also the power of each and every vote. There are cases throughout history, both local and countrywide, that have been decided by one vote. That one vote can help to make a change or keep things the same, however your preferences align. You cannot rely on others to make the right decision. Pennsylvania holds two elections each cycle, the primary and general election. Please remember, your vote matters.

Article & Photo By: Jennifer Sgroi - jal958@psu.edu

Celebration of Scholarship

Yes, Penn State Wilkes-Barre’s annual Celebration of Scholarship is still happening amidst the remote learning madness, and it is right around the corner! To prepare your presentation, take a look at these tips!

1. Use reliable sources. As we all know, as PSU students, we have access to many research databases.

2. Have someone else look over your poster. It doesn’t matter if it’s a friend, peer, family member, or teacher, it pays to have another set of eyes to look at it and catch mistakes!

3. Don’t use too many colors. This is distracting and may take away from your actual research.

4. Save, save, save. Be sure to frequently save your work in case you run into technical difficulties.

5. While this is a research presentation, you don’t want to format it like a research paper. Use appropriate columns, headings, and sections to ensure you do not overwhelm viewers.

If you are unsure about anything, reach out to a mentor. Good luck to everyone in their research endeavors!

Article By: Kaci Grabowski - ksg5246@psu.edu
Coronavirus, quarantines, and shutdowns flood twitter feeds and television screens. Campus has closed its doors and classes moved online. Life as we knew it has been thrown into chaos and confusion. Unfortunately, this virus has serious consequences that cannot be taken lightly. However, we can have hope and do the best we can to make a hard situation a more tolerable one. So, you have been told to self-isolate or not be in groups over 10. Boredom can set in quickly. What can you do to pass the time after you’ve studied and finished your work?

Netflix, Hulu, Amazon, Disney Plus, and many other platforms have nearly endless movies and television shows to choose from. Netflix Party is an extension of Google that will allow you to watch with your friends. If you did not get that road trip in during spring break, take a virtual trip instead. You can tour Yellowstone, San Diego Zoo, Great Wall of China, Georgia Aquarium, the British Museum, National Gallery of Art in Washington D.C, and other great museums and parks. You can also get a glimpse of the beach or a favorite city through EarthCam. Some have sound so you will be able to hear the waves crash as well. Catch a mini concert on Instagram or Facebook from one of the many artists bringing the music to their fans. You can also curl up with a good book, play a card game with a roommate, or have a dance party for one in your living room.

The goal is to be back on campus as a Penn State family as quickly as possible. There were so many fun events on campus planned for April that hopefully everything will be back to normal by the Fall semester. Safety comes first. We need to heed all the recommendations from the CDC, state and local governments, and Penn State, to protect not only ourselves but others around us. We must do our part to stop the virus from spreading. In the meantime, treat your online courses as you would in person, work hard, and stay connected with your friends and classmates through messages and Facetime. Stay positive as we are all in this together. We will get through it and be back together soon.

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Photo from gopsusports on facebook.com
Springtime Treats

Springtime Crinkle Cookies

Ingredients: 1 cup Butter, 2 cups White Sugar, 4 Eggs, 4 tablespoons Lemon Juice, 4 tablespoons Lemon Zest, 4 ½ cups Flour, 4 tsp Baking Powder, Powdered Sugar (½ to 1 cup), food coloring

Recipe: Start by creaming the butter and sugar until uniform. Then, add in eggs and mix until light and fluffy. When combined, add the lemon juice and lemon zest. Lastly, mix in the baking powder, followed by the flour. Separate into different bowls, corresponding with your desired colors. Refrigerate for two hours. After refrigeration, add in the food coloring to your desired color. After combined, begin rolling the dough into balls, then coat with powdered sugar. Bake at 350 degrees for 9-10 minutes.

Recipe & Photo from twosisterscrafting.com

Strawberry Carrots

Ingredients: Strawberries (rinsed and dried), Orange Candy Melts

Recipe: Begin by melting candy melts in a pan on low heat, stirring with a spatula. Remove from heat when uniformly smooth. Holding the pot of chocolate on an angle, Grab strawberries by the stem and dip both sides in the chocolate. Place on parchment paper, and let sit until chocolate solidifies.

Optional: Melt additional candy melts or chocolate of your choice in a pan on low and stir with a spatula. When done, pour the chocolate into a plastic bag with one corner tip cut. Squeeze the chocolate out, drizzling over the strawberries. Let set.

Recipe & Photo from lilluna.com
Springtime Treats

Dr. Pepper Brownies

Ingredients: 1 & ¼ cup flour, 1 cup sugar, ⅔ cup cocoa powder, ½ teaspoon salt, 1 can Dr. Pepper, ½ cup chocolate chips, dash of cinnamon

Recipe: Begin by preheating the oven to 350 degrees. In the meantime, line a 9x9 baking pan with parchment paper, or coat generously with cooking spray. Combine all dry ingredients except for the chocolate chips. Then, stir in Dr. Pepper until blended. Lastly, stir in the chocolate chips. Pour the mixture into the prepared baking pan and bake 30-40 minutes until the center comes out clean using a toothpick.

Recipe & Photo from kitchenfunwithmy3sons.com

Lunch Lady Brownies

Ingredients: 1 cup melted butter, ½ cup unsweetened cocoa powder, 2 cups all-purpose flour, 2 cups granulated sugar, 4 large eggs, 4 teaspoons vanilla extract

Recipe: Preheat oven to 350° F. Line a 9x13-inch baking dish with foil and coat with non-stick spray. Set aside. Mix together melted butter and cocoa powder. Add in the flour and sugar. Beat together, then add in eggs and vanilla. Mix just until combined. Be sure to not over mix. Pour batter into the prepared baking dish, spreading evenly. Bake for 25 - 30 minutes or until a toothpick comes out clean. Remove brownies from the oven and let stand 15 minutes before frosting. You want the brownies still warm when you frost them!

Optional: Chocolate Frosting
Ingredients: ¼ cup softened butter, ¼ cup milk, ¼ cup unsweetened cocoa powder, 3 cups powdered sugar
Directions: Beat together all ingredients until smooth. Spread on warm brownies. Let cool before cutting and serving.

Recipe & Photo from life-in-the-lofthouse.com

Recipe Spread By:
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Luciana Caporaletti, Penn State Wilkes-Barre’s newest biology professor offered a new class in the beginning of the Spring 2020 semester that satisfies two types of general education credits. This new interdomain class offers general education credit for Art (GA) and Natural Science (GN). The class provides a great way to enjoy art while learning about nature. Most importantly, you don’t have to worry about being graded on artistic ability, or lack thereof.

Throughout the beginning of the semester, students have had the opportunity to express themselves through drawings and sculptures in the form of natural items or animals. Several of these classes were spent walking the campus with a trusty pair of binoculars. During these campus walks, students learned some of the common birds in our area and were able to spot them by sight and sound. They would then draw one of their favorite birds, a leaf, pinecone, or other natural item. For many, this is a soothing activity. For others, a learning experience to better their artistic ability. Weather you like art or not, there is no denying that the class is always energetic, creative, and entertaining.

Unfortunately, our class was not prepared for the outbreak of the COVID 19 Virus. Along with the excellent leadership of professor Caporaletti and an enthusiastic class, the BIO 60N class successfully made the switch to online classes. So far, students have been tasked with collecting insects around their house, continuing to draw, and even an online beetle dissection project. These tasks are not unreasonable for students that are trapped at home waiting for the metaphorical storm that is the Corona Virus to end. Fortunately for the biology class, Penn State has a dedicated faculty and staff that work hard to make new classes like this exist and thrive, even in the face of global crisis.

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Photo By: Jason Kepner - jrk5819@psu.edu

Student Blake Leopold shows profesor Caporaletti his clay pinecone
How is COVID-19 Effecting Sports?

Sports for many years, have been something people have turned to as a way to distract them from reality or as a form of entertainment. For the first time in some sports history, they are paused because of COVID-19. Every major and minor sports league across North America has either been postponed or cancelled in recent weeks. All of this started after Utah Jazz center Ruby Gobert tested positive for COVID-19 before the start of an NBA game. This is the first time since the aftermath of 9/11 that sports are put on pause. Professional sports aren’t the only paused, however.

Many high school and college athletes’ seasons have been cancelled; you have to feel bad for these student athletes as for some of them it may be the last time they get to competitively play their sport. Here at Penn State Wilkes-Barre the Men’s and Women’s basketball teams were both experiencing successful seasons and now they don’t get the opportunity to play for any form of championship. In Division 1 college hoops, the annual NCAA Tournament has been cancelled, without this tournament the month of March just doesn’t feel right. Another sport missing from March is Baseball. The opening day for all 30 MLB teams was scheduled for March 26th, that is until the season was suspended indefinitely. Many baseball players are like all of us right now, they aren’t sure what to do with themselves.

On Instagram athletes have started the trend of ‘see 10 do 10,’ this is a trend where people do pushups on camera and then post the video and tag friends that they want to see do the workout. It is a way of staying fit during these self-quarantining times. Philadelphia Phillies first basemen Rhys Hoskins has been taking this free time to play baseball in a different way. Hoskins has been playing the MLB 20 The Show video game and has of course been playing as himself and the Phillies, I guess that’s one way to stay in touch with the game. These are very difficult times for all of us, and if we all follow in the footsteps of athletes and social distance, we can have our sports back before we know it. Thanks for reading and stay safe.

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[Photo from Rhys Hoskin’s Instagram of him with his dog Rookie, playing MLB]

[Screenshot from MLB 20 The Show]
Spring Flowers Word Search

Anemone    Daffodil    Iris    Lily    Rose
Carnation   Daisy      Lavender  Orchid  Snapdragon
Chrysanthemum  Hydrangea  Lilac    Poppy    Sunflower

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