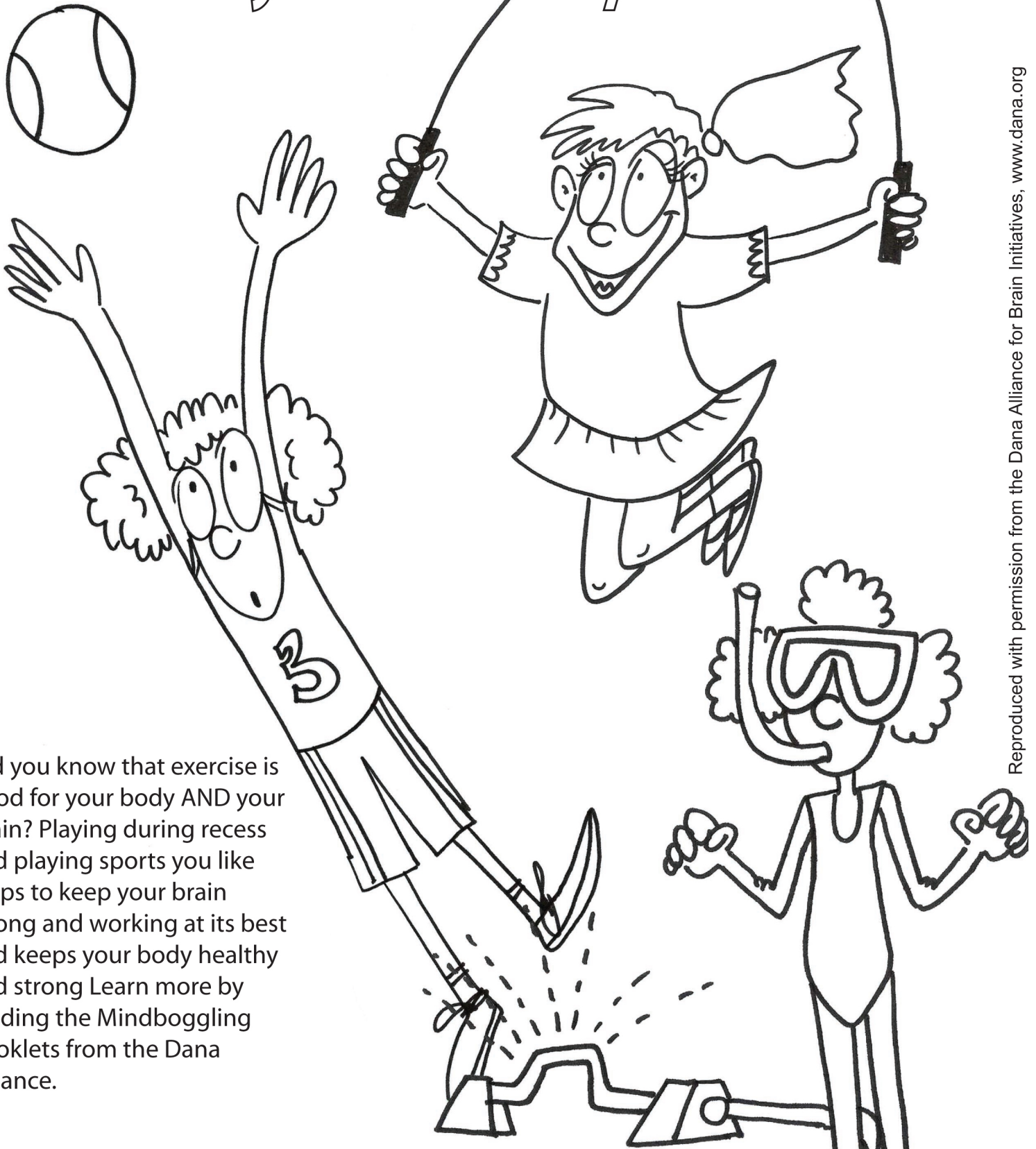


Move your body

—it's good for your brain!

A Mindboggling
Coloring Sheet!



Did you know that exercise is good for your body AND your brain? Playing during recess and playing sports you like helps to keep your brain strong and working at its best and keeps your body healthy and strong. Learn more by reading the Mindboggling booklets from the Dana Alliance.